

# EMG signs of denervation and reinnervation

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International Advanced Neurophysiology Course

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Muskelzentrum/ALS Clinic Kantonsspital St.Gallen

Switzerland

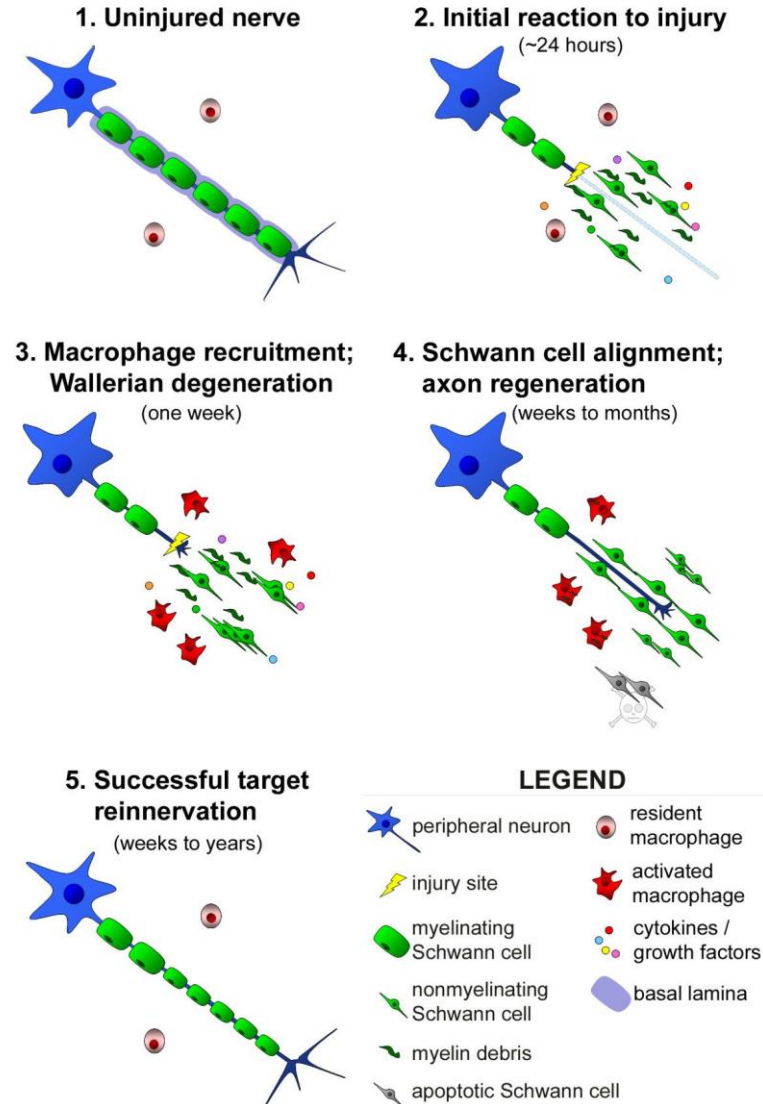
# The motor endplate



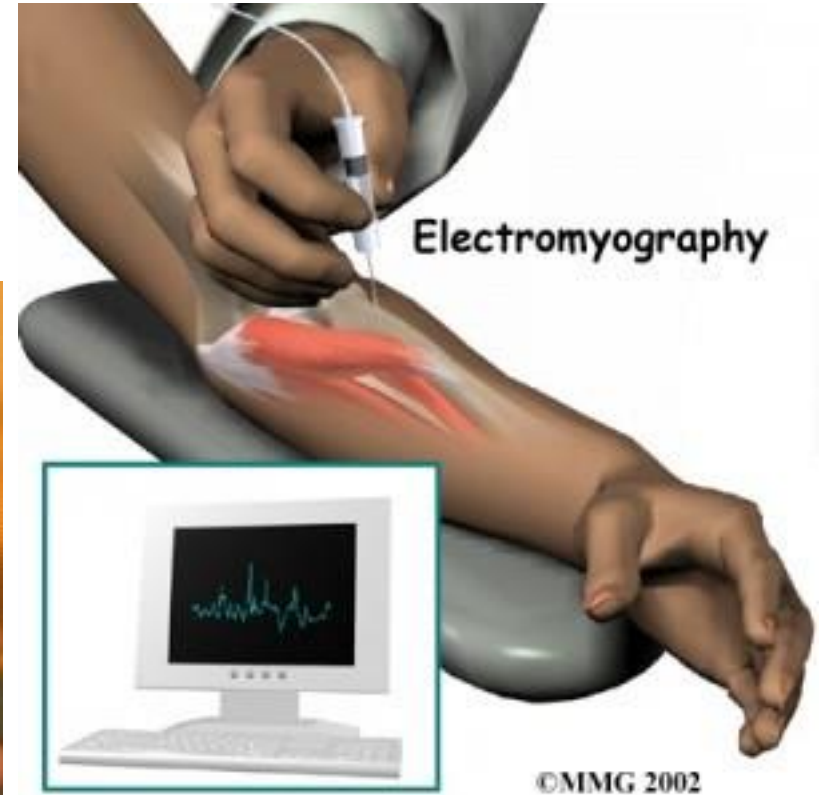
# Etiology of axonal damage and denervation

- Acute (injury, trauma)
  - Complete axonal damage
  - Incomplete (partial) axonal damage
- Chronic
  - Compression (carpal tunnel syndrome, herniated disc, etc)
  - Neuropathies (diabetes, alcohol abuse, autoimmune)
    - Axonal
      - Inherited/acquired
    - Demyelinating neuropathies
      - Inherited/acquired
  - Neurodegeneration/ amyotrophic lateral sclerosis

# Pathophysiology of denervation and reinnervation

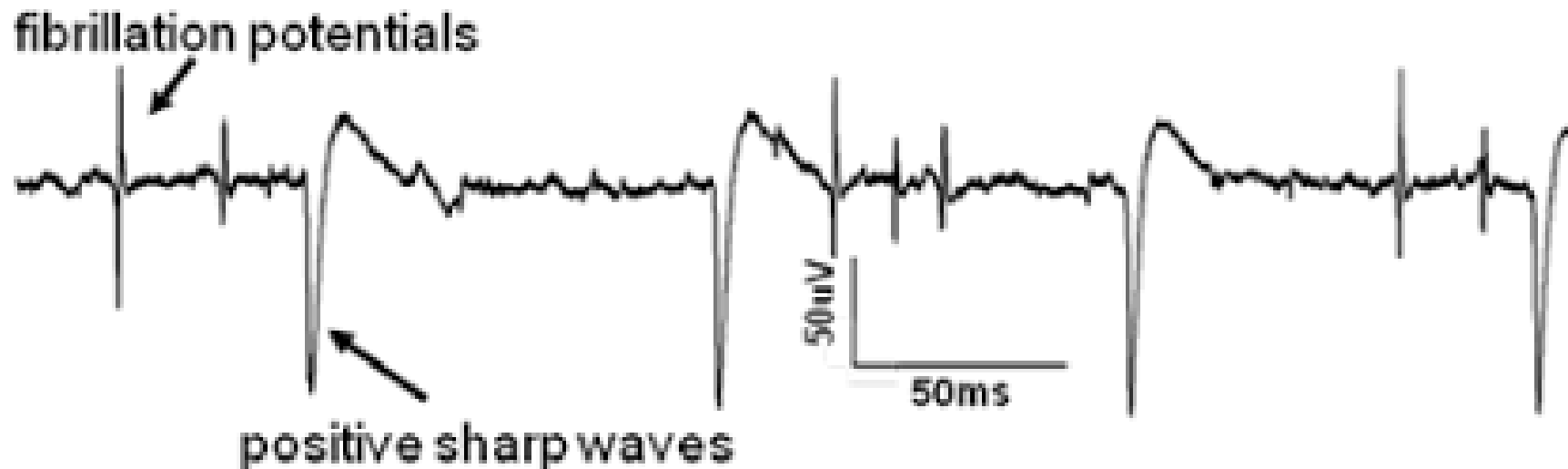


# Clinical Neurophysiology



## EMG signs of denervation

- Abnormal spontaneous activity
  - positive sharp waves
  - fibrillation potentials



## **SINGLE MUSCLE FIBER DISCHARGES (INSERTIONAL ACTIVITY, END-PLATE POTENTIALS, POSITIVE SHARP WAVES, AND FIBRILLATION POTENTIALS): A UNIFYING PROPOSAL**

DANIEL DUMITRU, MD

MUSCLE & NERVE 19:216–220 1996

## **ARE FIBRILLATION POTENTIALS AND POSITIVE SHARP WAVES THE SAME? NO**

GEORGE H. KRAFT, MD

tion of PSWs conform to that of a blocked fibrillation potential.

*Muscle Nerve* **36**: 349–356, 2007

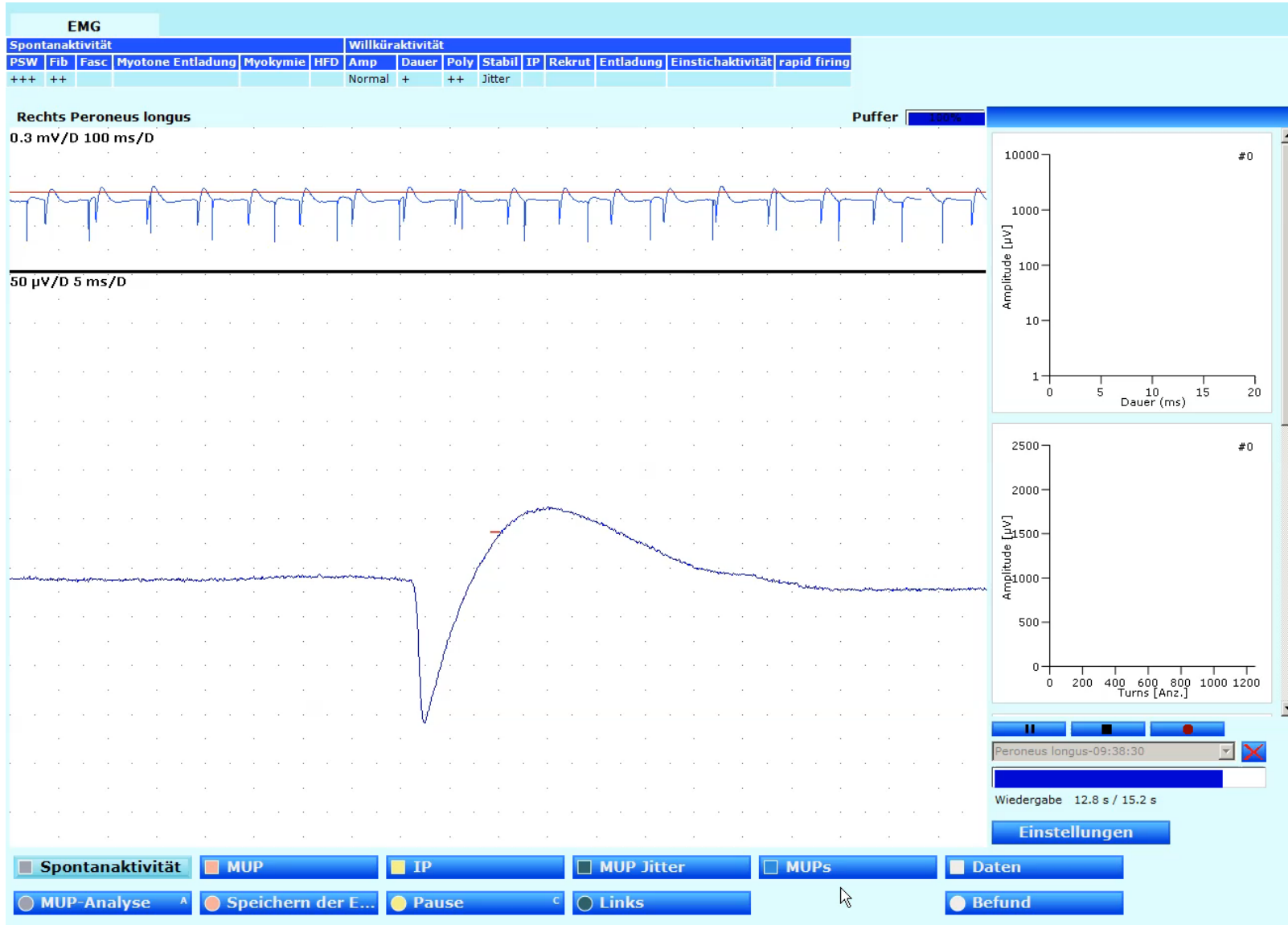
## **POSITIVE SHARP WAVE ORIGIN: EVIDENCE SUPPORTING THE ELECTRODE INITIATION HYPOTHESIS**

DANIEL DUMITRU, MD, PhD, and DANIEL L. SANTA MARIA, MD

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*Accepted 28 March 2007*

# Denervation after complete nerve injury





# Fibrillation potential superimposed

**EMG**

Spontanaktivität							Willküraktivität								
PSW	Fib	Fasc	Myotone Entladung	Myokymie	HFD	(+)	Amp	Dauer	Poly	Stabil	IP	Rekrut	Entladung	Einstichaktivität	rapid firing
++	++	Keine				(+)	-	++	++	Jitter					

Rechts Tibialis anterior Puffer 100%

0.3 mV/D 100 ms/D

50 µV/D 5 ms/D

Amplitude [µV]

10000 #0

1000

100

10

1

0 5 10 15 20

Dauer (ms)

Amplitude [µV]

2500 #0

2000

1500

1000

500

0

0 200 400 600 800 1000 1200

Turns [Anz.]

Tibialis anterior-09:31:09

Wiedergabe 32.5 s / 59.4 s

**Einstellungen**

Spontanaktivität
  MUP
  IP
  MUP Jitter
  MUPs
  Daten

MUP-Analyse
  Speichern der E...
  Pause
  Links

Befund

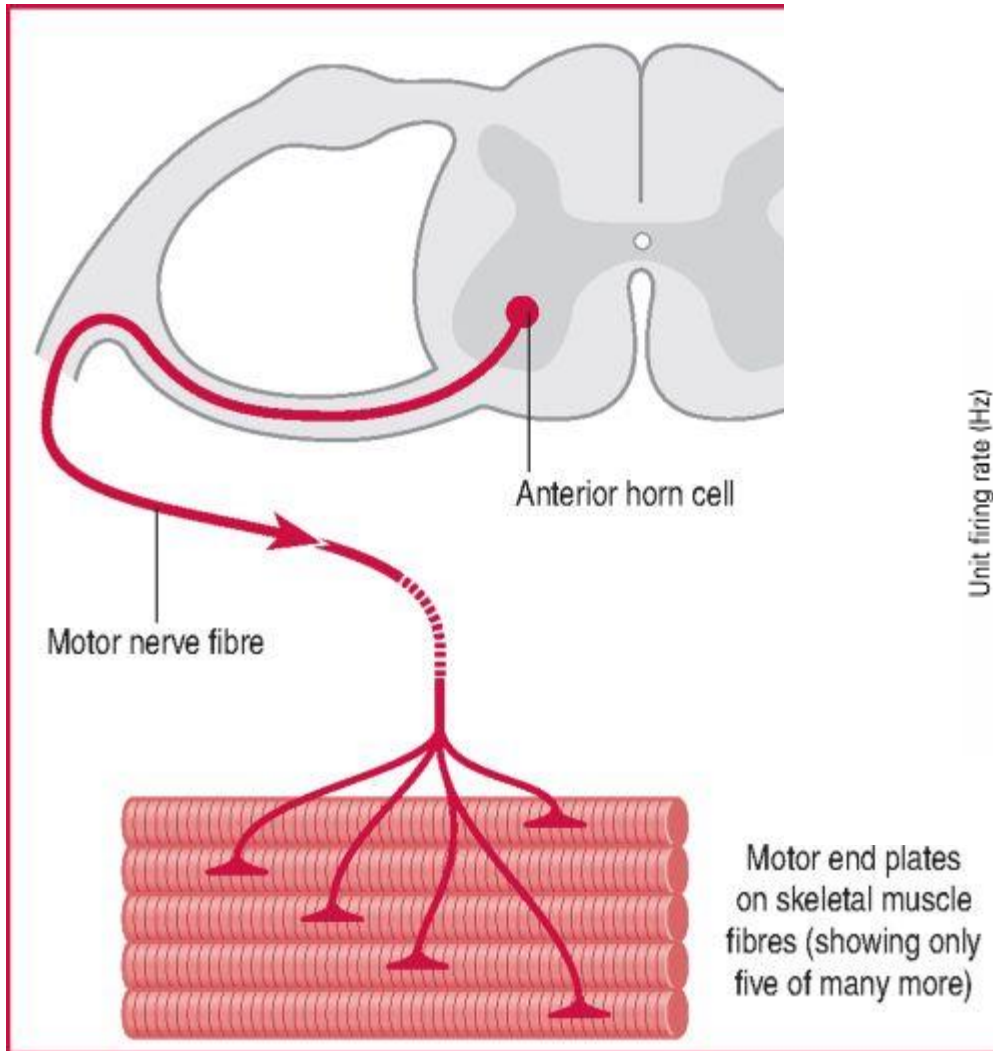
## Nerve lesion and voluntary EMG

- Complete axonal
  - Spontaneous activity (positive waves and fibs)
  - No voluntary activity
- Partial axonal
  - Spontaneous activity
  - Voluntary activity
    - Time dependent

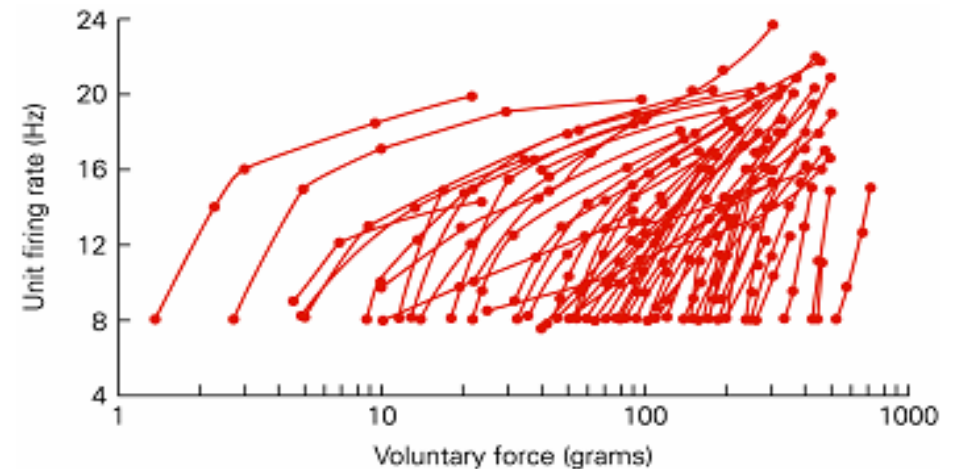
# Motor unit firing



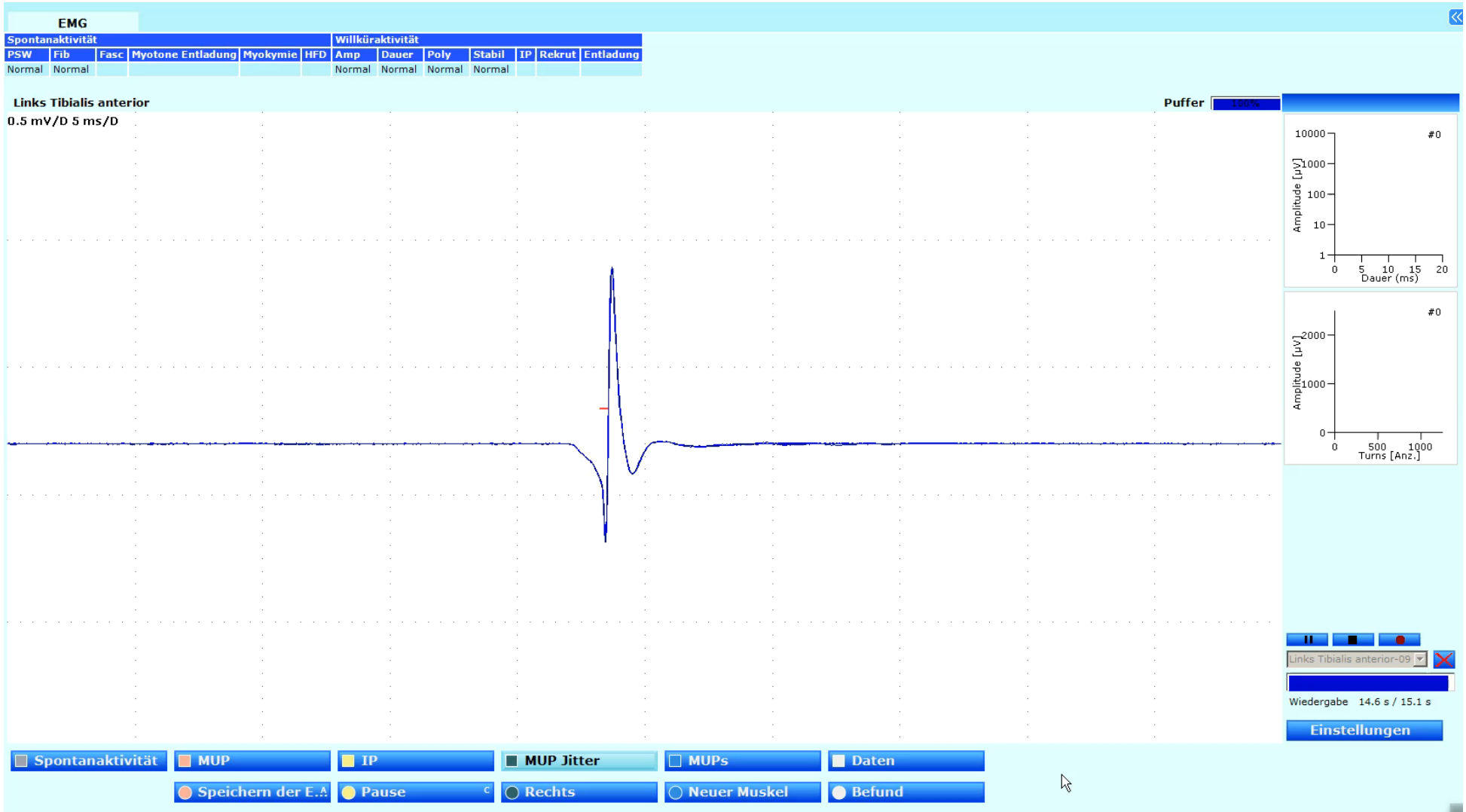
# The motor unit and voluntary recruitment



## Recruitment and Rate Coding

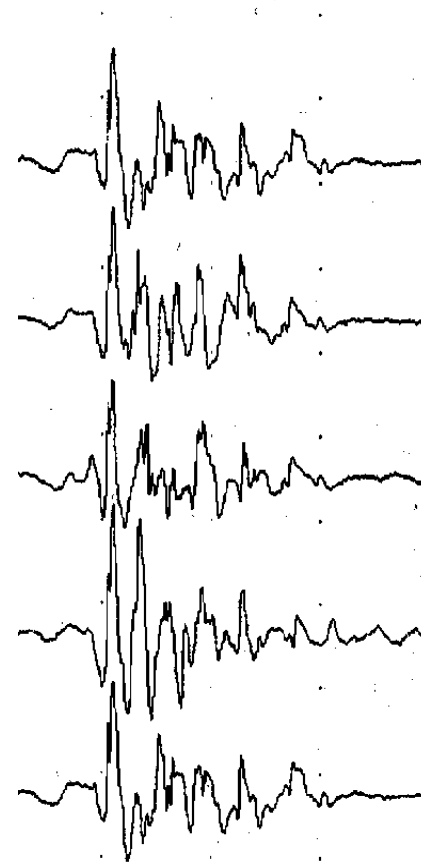
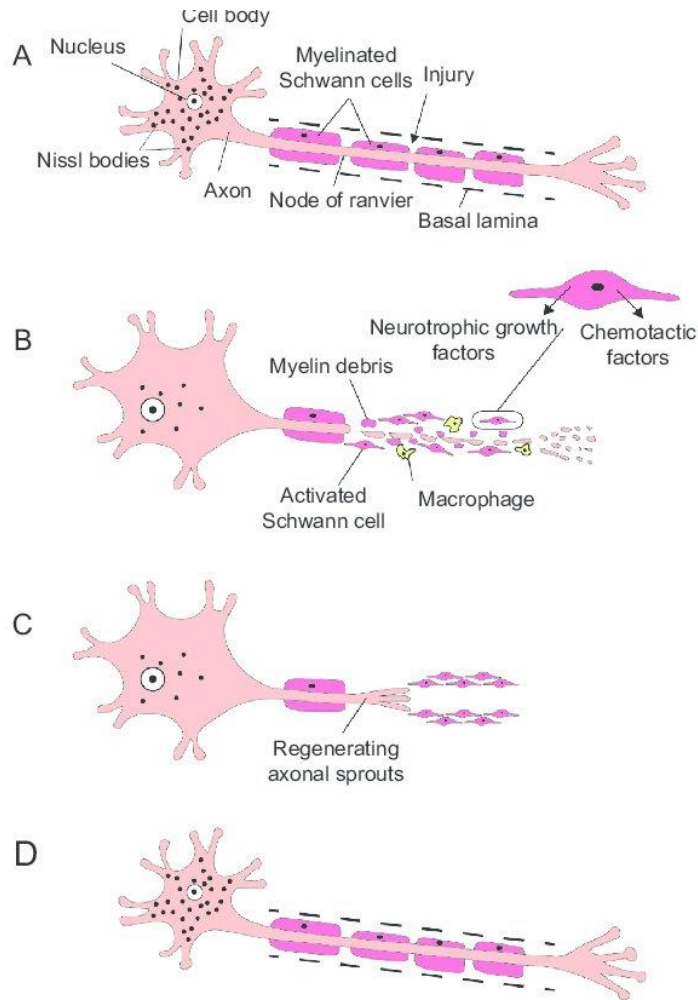


# Normal MU stable superimpose



# Nascent reinnervation after complete axonal damage and Wallerian degeneration

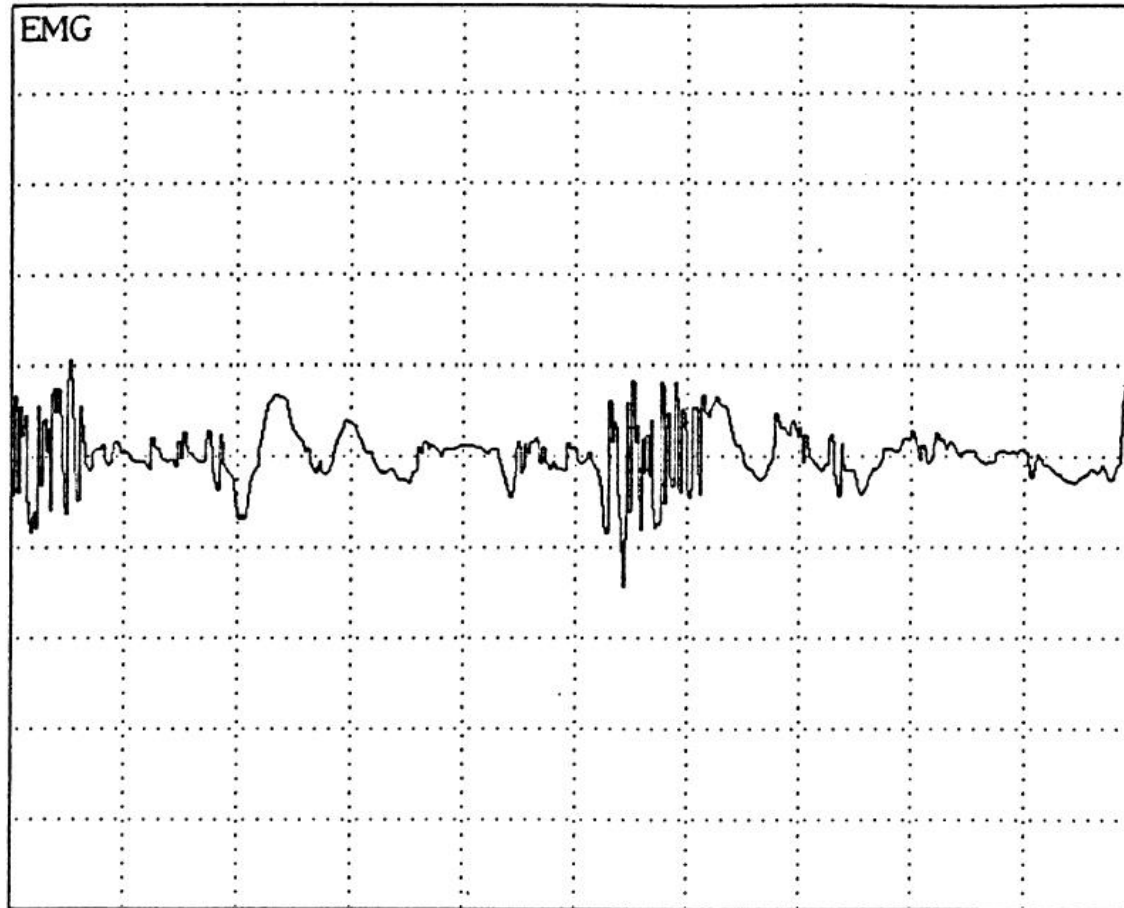
## EMG



<https://www.researchgate.net/publication/289525755>

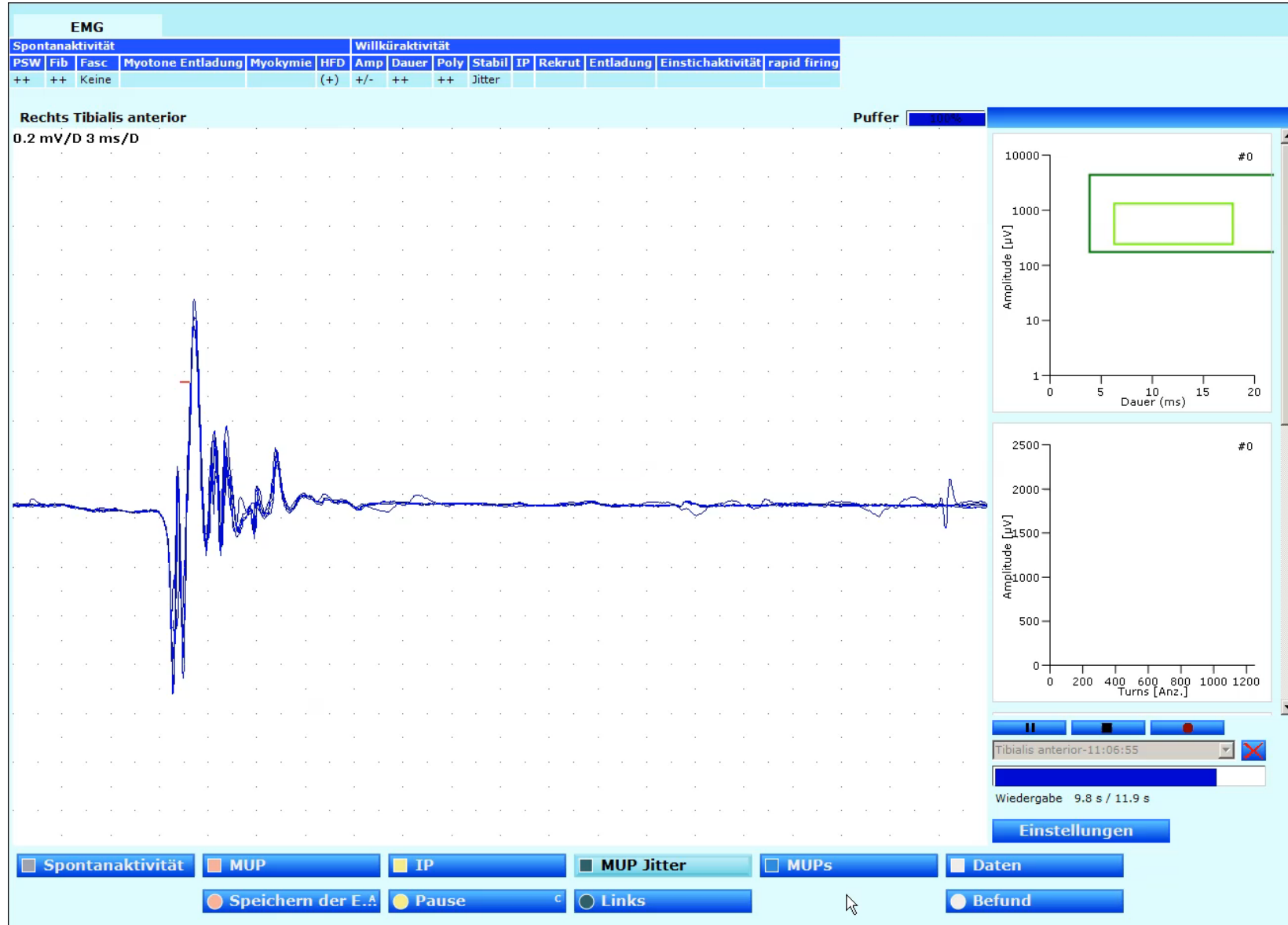
# Nascent reinnervation

**a**



Ch	Hicut	Locut	Gain ( $\mu\text{V}/\text{div}$ )	Sweep ( $\text{ms}/\text{div}$ )
1	10000	10.00	200.0	20.0

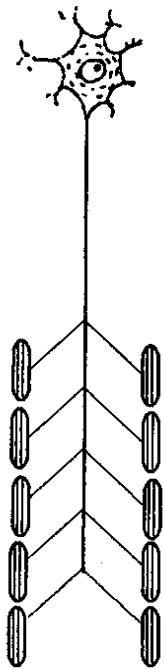
# Nascent reinnervation after complete nerve injury





# EMG changes with partial nerve lesion: terminal sprouting

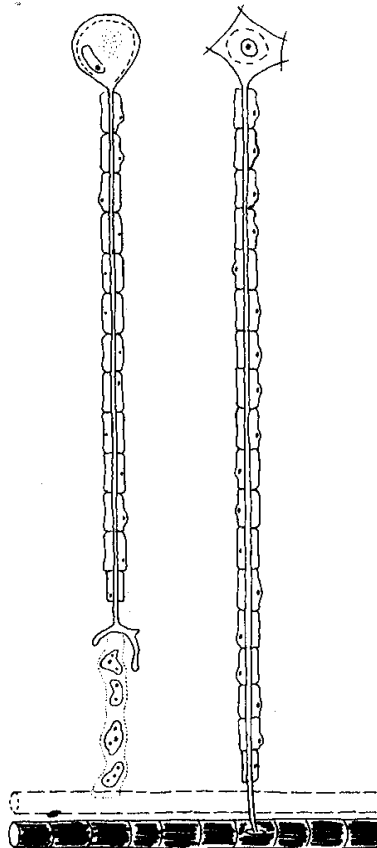
## Normal



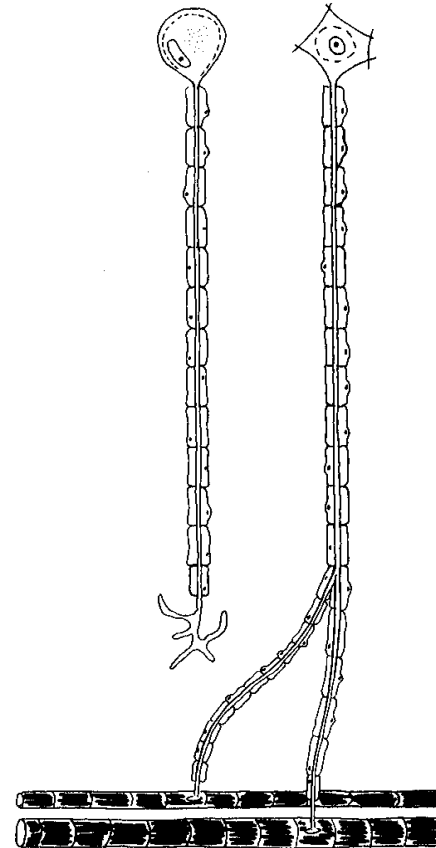
**MUAP**

## Histology

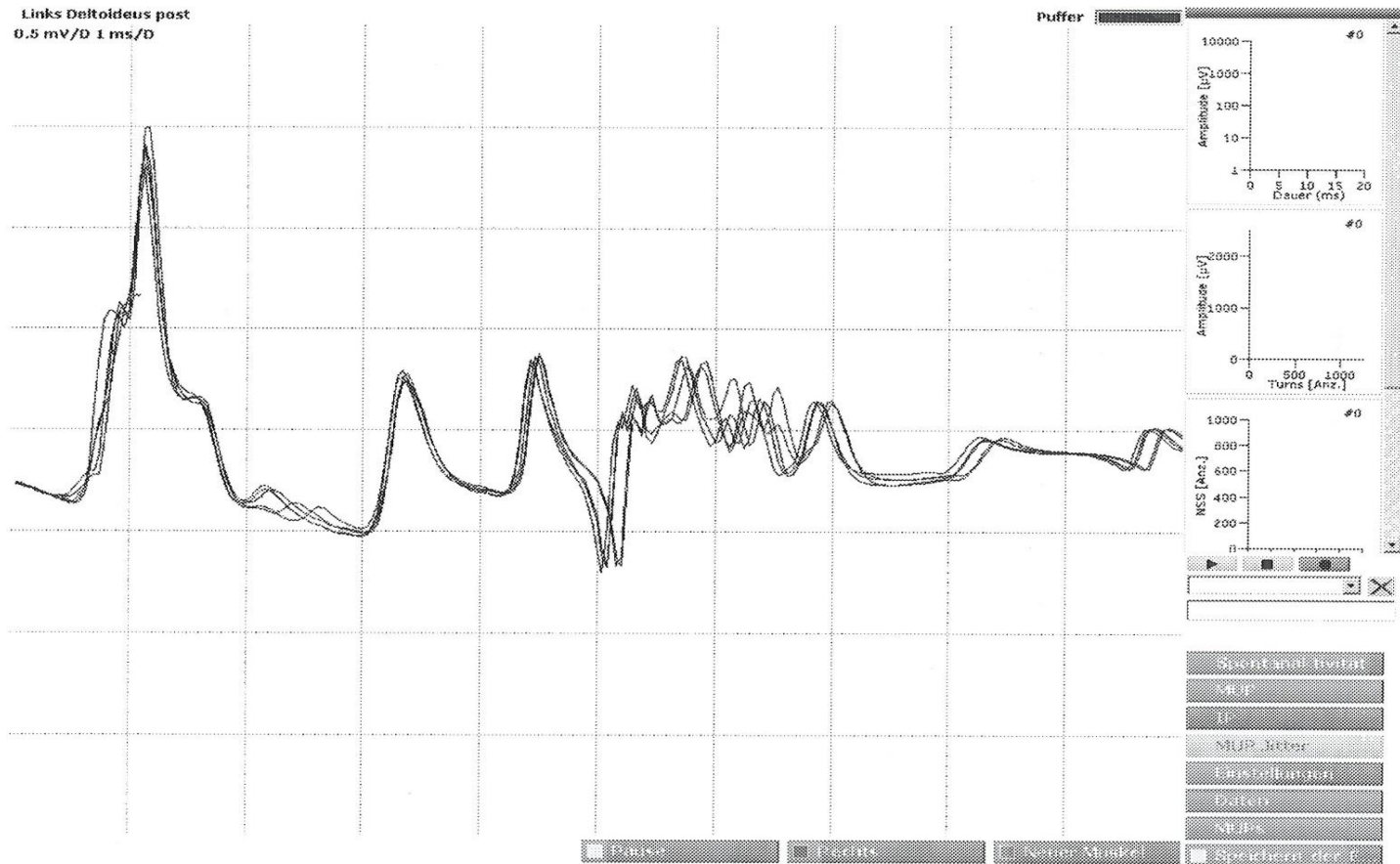
- partial



- with collateral reinnervation



# Reinnervation- terminal sprouting



# Jiggle

**EMG** | **EMG Befunde** F8 | **Einzel-faser-EMG** F9 | **Stim SF EMG** F10

Spontanaktivität			Willküraktivität											
PSW	Fib	Fasc	Myotone Entladung	Myokymie	HFD	Amp	Dauer	Poly	Stabil	IP	Rekrut	Entladung	Einstichaktivität	rapid firing
+	+	Normal				+	++	++	Jitter					

**Rechts Tibialis anterior (AMP1)** | Puffer: 100%

0.5 mV/D 3 ms/D

**Amplitude [µV] vs Dauer (ms)**

**Amplitude [µV] vs Turns [Anz.]**

Tibialis anterior-09:56:53

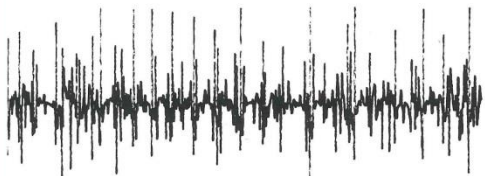
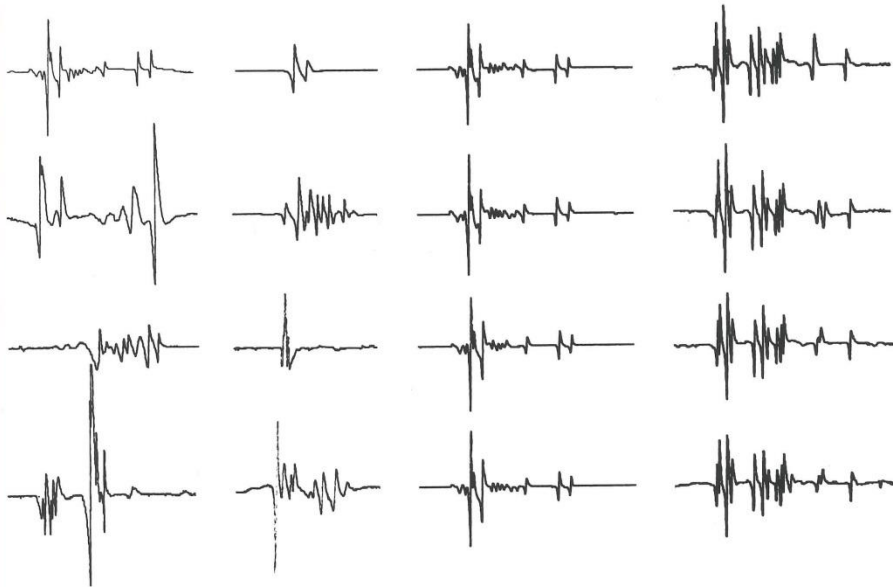
Wiedergabe 0.0 s / 25.8 s

**Einstellungen**

Spontanaktivität | 
  MUP | 
  IP | 
  MUP Jitter | 
  MUPs | 
  Daten | 
  Speichern der E.A. | 
  Pause | 
  Links | 
  Neuem Muskel | 
  Befund

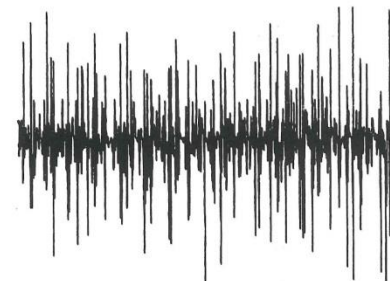
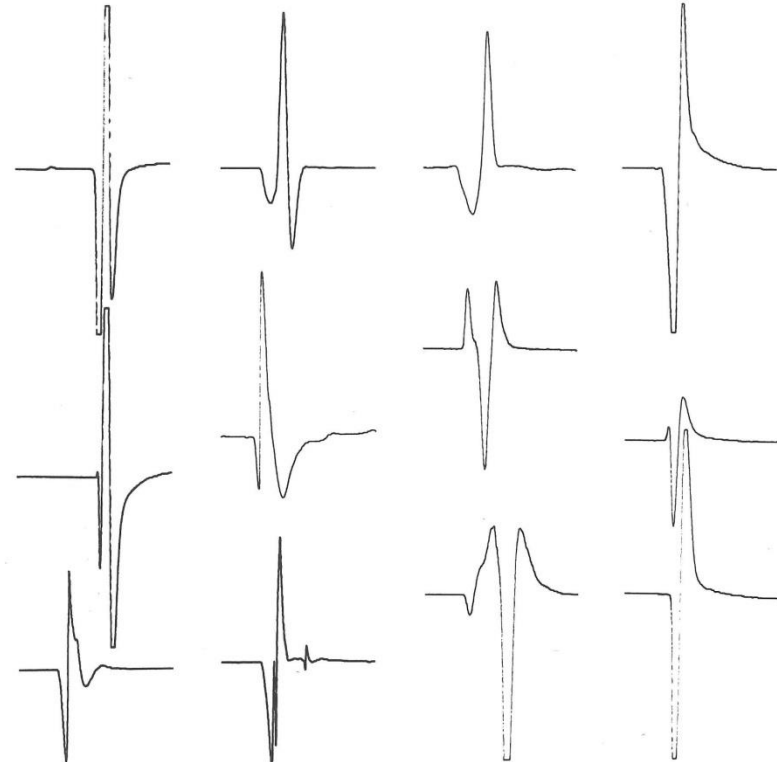
# EMG changes over time

## 2.1. EMG-Befunde



10 ms  
100 ms  
0.1 mV  
1 mV

Abb. 118: Frische Reinnervation (M. abductor pollicis brevis)



10 ms  
100 ms  
0.5 mV  
1 mV

Abb. 120: Spätes Reinnervationsstadium

# Comparison of EMG changes

## complete

- Spontaneous activity +++
- Nascent reinnervation
  - Months-years
  - MUPS:
    - small
    - complex
    - unstable
    - fatigues easily

## partial

- Spontaneous activity +, ++
- Terminal sprouting
  - Weeks-years
  - MUPS
    - Normal to large, «mother» unit
    - complex (satellites)
    - unstable (Jiggle)

## Clinical examples: Amotrophic lateral sclerosis

- Signs of active denervation
- signs of chronic denervation («chronic neurogenic»)
- Fasciculation potentials

# EMG changes in ALS: denervation

EMG					Willküraktivität									
Spontanaktivität					Willküraktivität									
PSW	Fib	Fasc	Myotone Entladung	Myokymie	HFD	Amp	Dauer	Poly	Stabil	IP	Rekrut	Entladung	Einstichaktivität	rapid firing
++	+				Keine	+	+	+	Jitter	Normal				

**Links Tibialis anterior (AMP1)**

0.3 mV/D 100 ms/D

50 µV/D 8 ms/D

Puffer 100%

#1

#42

Tibialis anterior-11:19:51

Wiedergabe 23.4 s / 29.9 s

**Einstellungen**

Spontanaktivität

MUP

IP

MUP Jitter

MUPs

Daten

MUP-Analyse

Speichern der E...

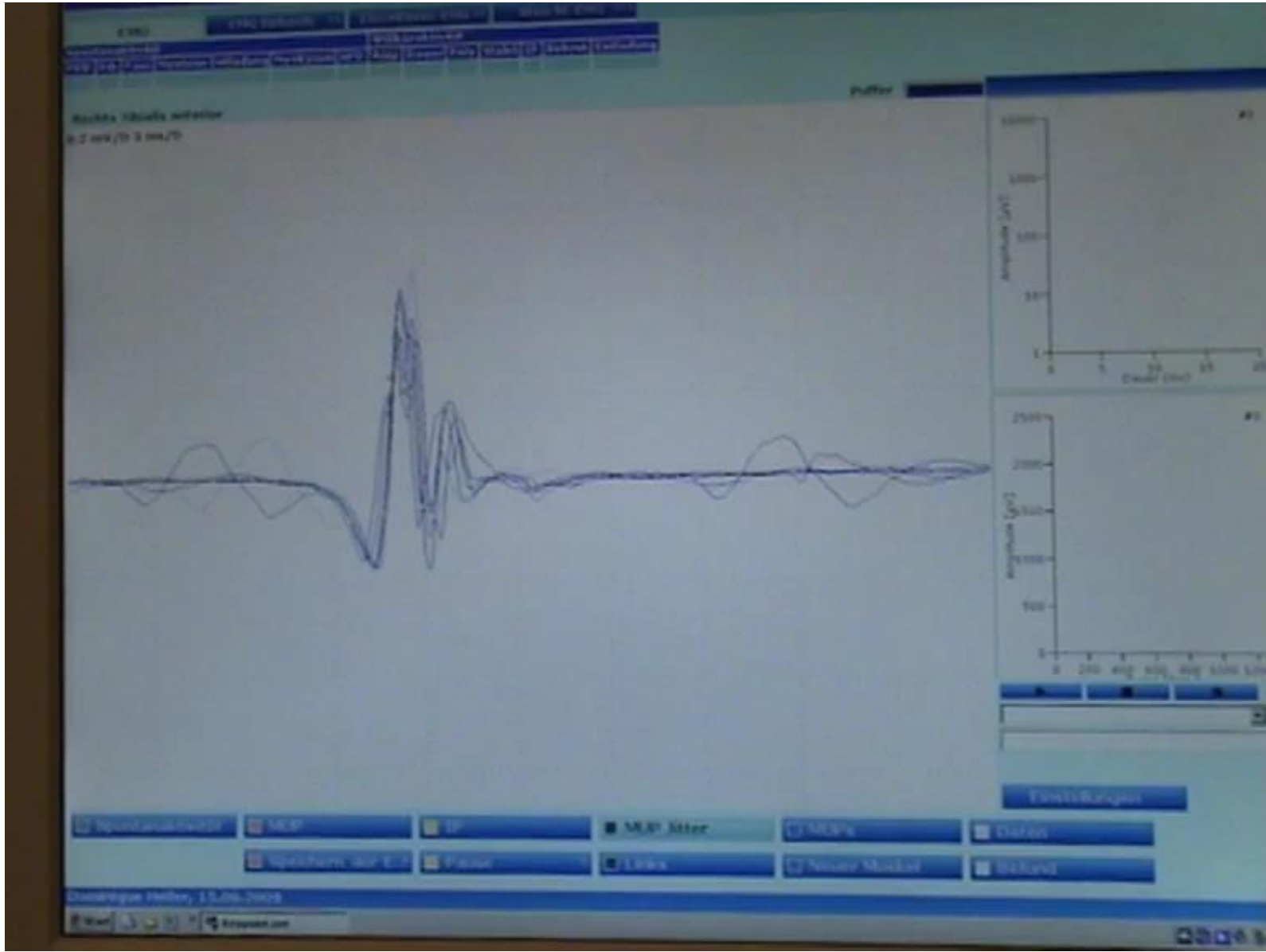
Pause

Rechts

Neu Muskel

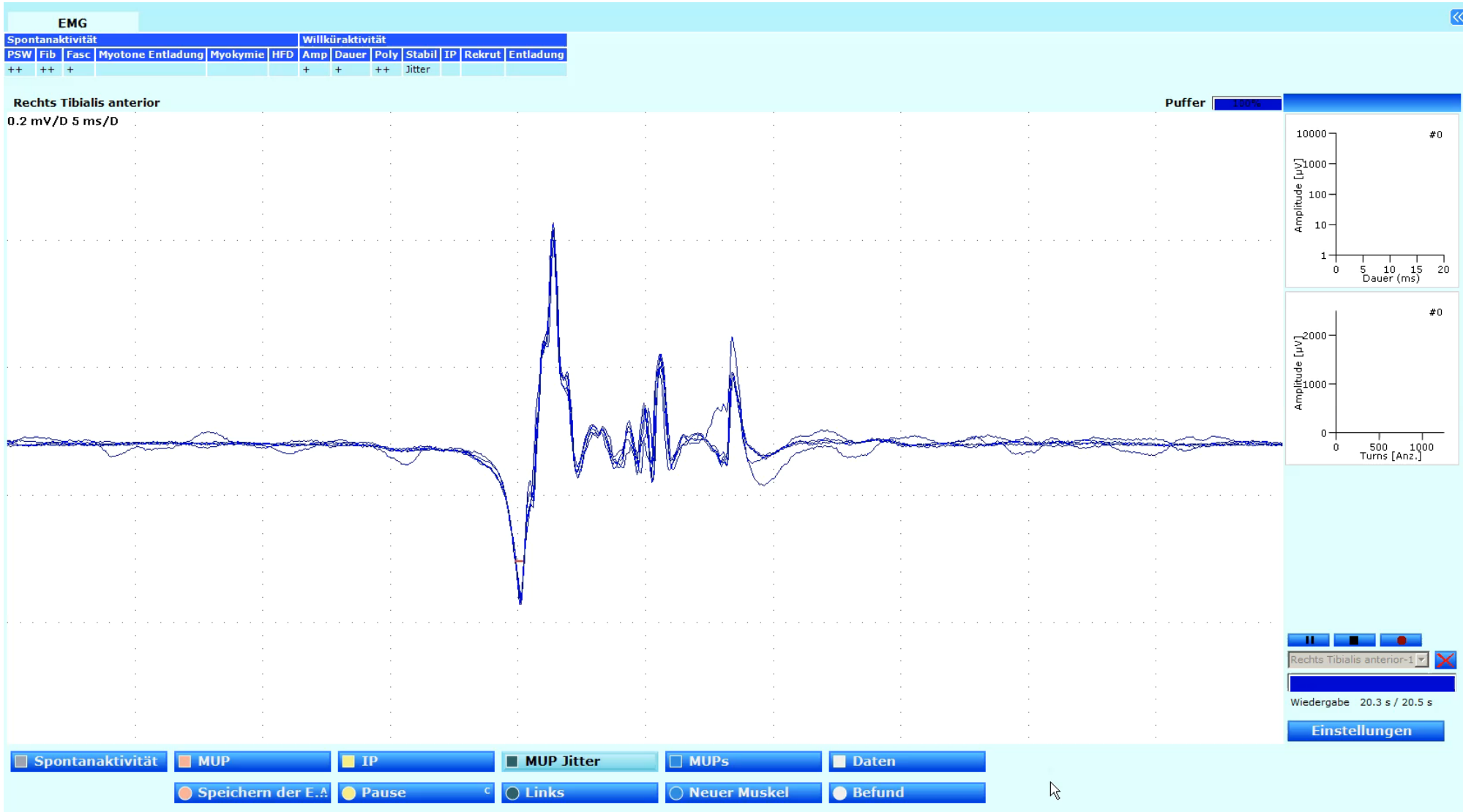
Befund

# Chronic neurogenic... unstable MUPs (Jiggle)

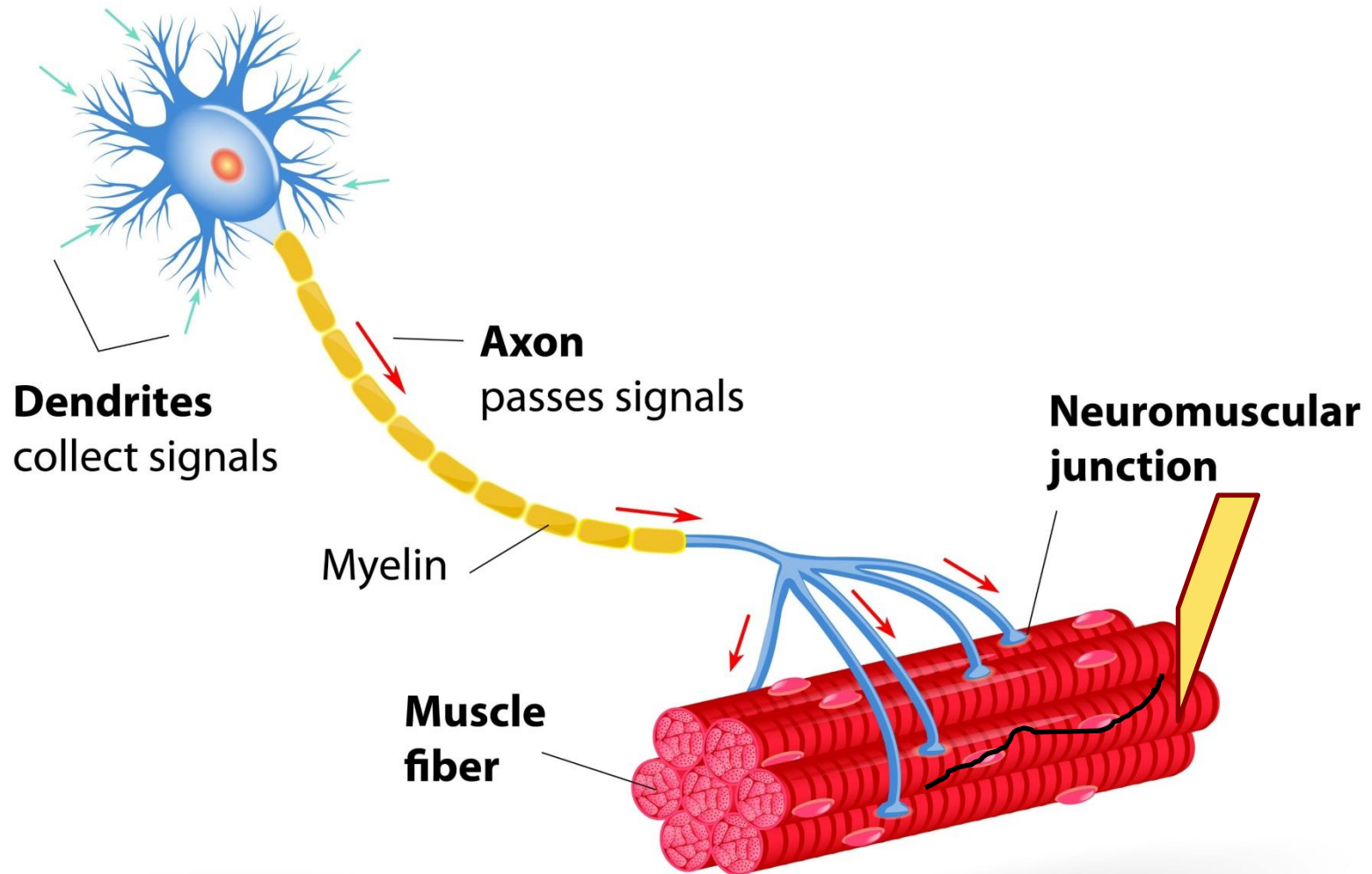




# EMG changes in ALS: chronic neurogenic



# Signs of denervation in myopathy



# *Electrophysiological Features of LMN Dysfunction* (revised El Escorial criteria 2000)

- **Conventional EMG studies**  
**The features of LMN dysfunction ...are defined by electromyographic ....evidence of**
  - **active *and***
  - **chronic denervation**
  - **fasciculations.**

## EMG findings

- Active denervation:
  - spontaneous activity (fibrillation potentials, positive sharp waves)
- Chronic denervation:
  - impaired MUP recruitment (rapid firing)
  - unstable MUPs (Jiggle)
  - abnormal MUP size and shape (polyphasic potentials)



Clinical Neurophysiology 119 (2008) 497–503



www.elsevier.com/locate/clinph

## Review

# Electrodiagnostic criteria for diagnosis of ALS <sup>☆</sup>

Mamede de Carvalho <sup>a</sup>, Reinhard Dengler <sup>b</sup>, Andrew Eisen <sup>c</sup>, John D. England <sup>d</sup>,  
Ryuji Kaji <sup>e</sup>, Jun Kimura <sup>f</sup>, Kerry Mills <sup>g</sup>, Hiroshi Mitsumoto <sup>h</sup>,  
Hiroyuki Nodera <sup>i</sup>, Jeremy Shefner <sup>j</sup>, Michael Swash <sup>k,\*</sup>

<sup>a</sup> Department of Neurology, Hospital de Santa Maria, University of Lisbon, Lisbon, Portugal

<sup>b</sup> Department of Neurology, Medizinische Hochschule Hannover, Germany

<sup>c</sup> Department of Neurology, University of British Columbia, Vancouver, Canada

<sup>d</sup> Department of Neurology, Billings Clinic, Billings, MT, USA

<sup>e</sup> Department of Neurology, Tokushima University Graduate School of Medicine, Tokushima-city, Japan

<sup>f</sup> Department of Neurology, University of Iowa, Iowa City, USA

<sup>g</sup> Department of Neurology, Kings College Hospital, Guys Kings and St. Thomas's School of Medicine, London, UK

<sup>h</sup> Eleanor and Lou Gehrig ALS Center, Neurological Institute, Columbia University, NY, USA

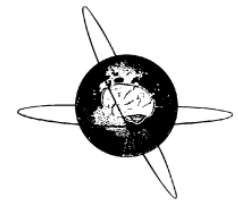
<sup>i</sup> Department of Neurology, Tokushima University, Tokushima-city, Japan

<sup>j</sup> Department of Neurology, Upstate Medical University, Syracuse, NY, USA

<sup>k</sup> Department of Neurology, Royal London Hospital, Queen Mary University of London, London, UK

# Awaji consensus

1. *Edx and clinical data* are of equal and interchangeable value in diagnosing ALS
2. *In the presence of signs of partial denervation*, Fasciculation potentials (preferably of complex morphology) are equivalent to fibs-psw, indicating ongoing denervation
3. *Fibs and psws* are usually recorded in **strong, non-wasted** muscles
4. *Unstable MUPs & FPs* are especially relevant



Opinion Paper

## A proposal for new diagnostic criteria for ALS

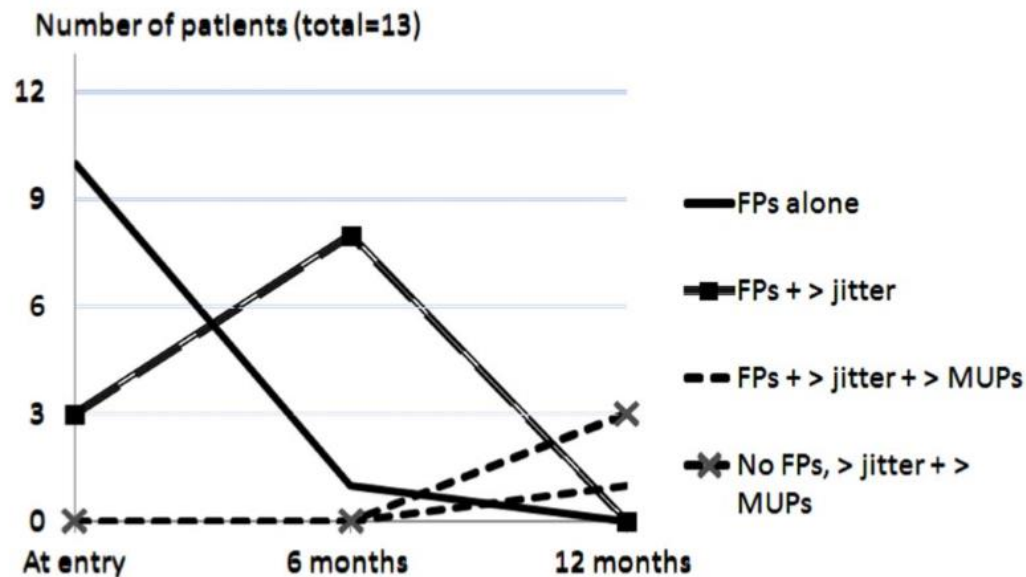


Jeremy M. Shefner<sup>a,\*</sup>, Ammar Al-Chalabi<sup>b</sup>, Mark R. Baker<sup>c</sup>, Li-Ying Cui<sup>d</sup>,

- EMG abnormalities that must include:
- Both evidence of chronic neurogenic change, defined by large motor unit potentials of increased duration and/or increased amplitude, **with polyphasia and motor unit instability regarded as supportive but not obligatory evidence.**
- And evidence of ongoing denervation including Fibrillation potentials or positive sharp waves, or fasciculation potentials

RESEARCH PAPER

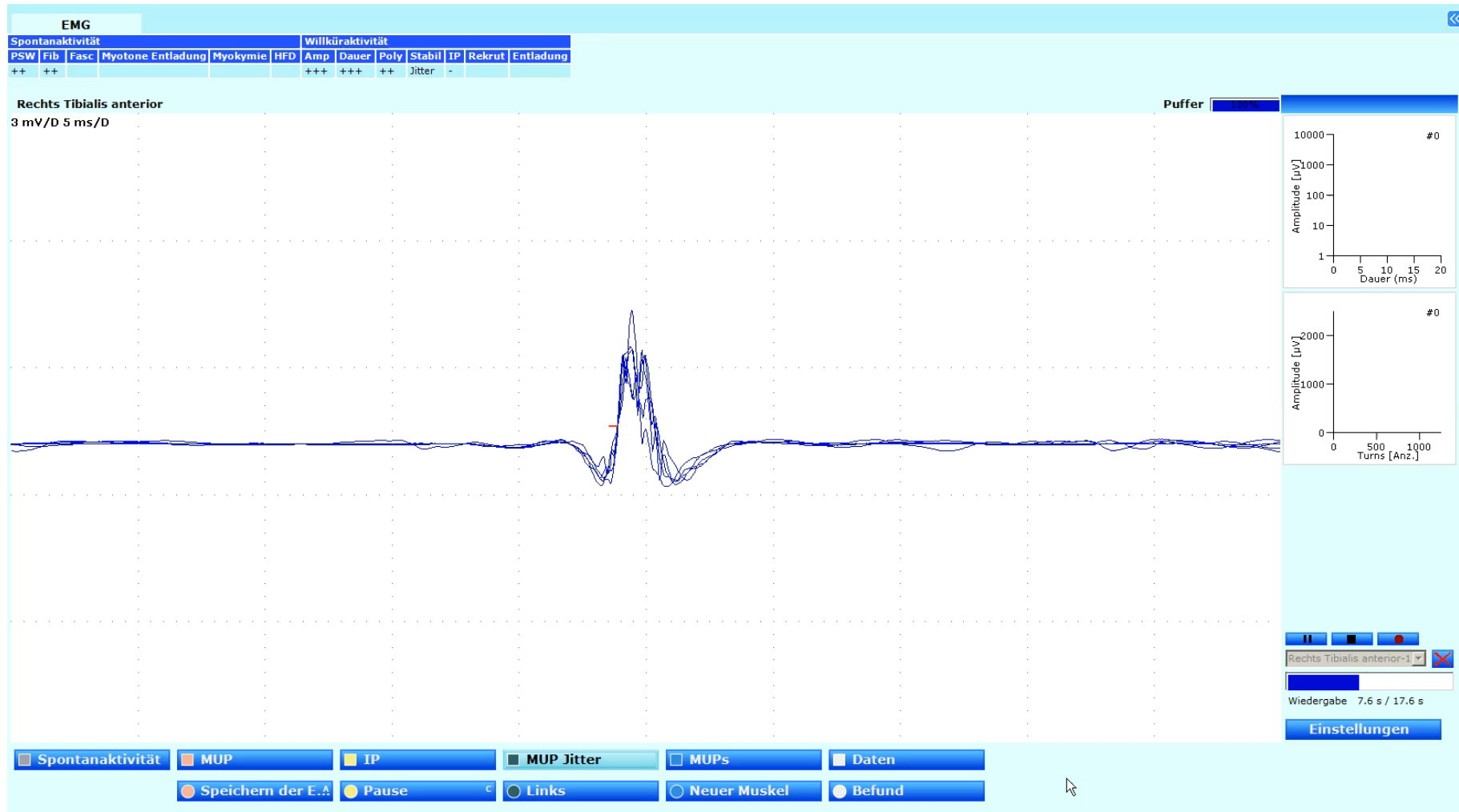
## Fasciculation potentials and earliest changes in motor unit physiology in ALS

Mamede de Carvalho,<sup>1,2</sup> Michael Swash<sup>1,2,3</sup>Carvalho M, et al. *J Neurol Neurosurg Psychiatry* 2013;84:963–968

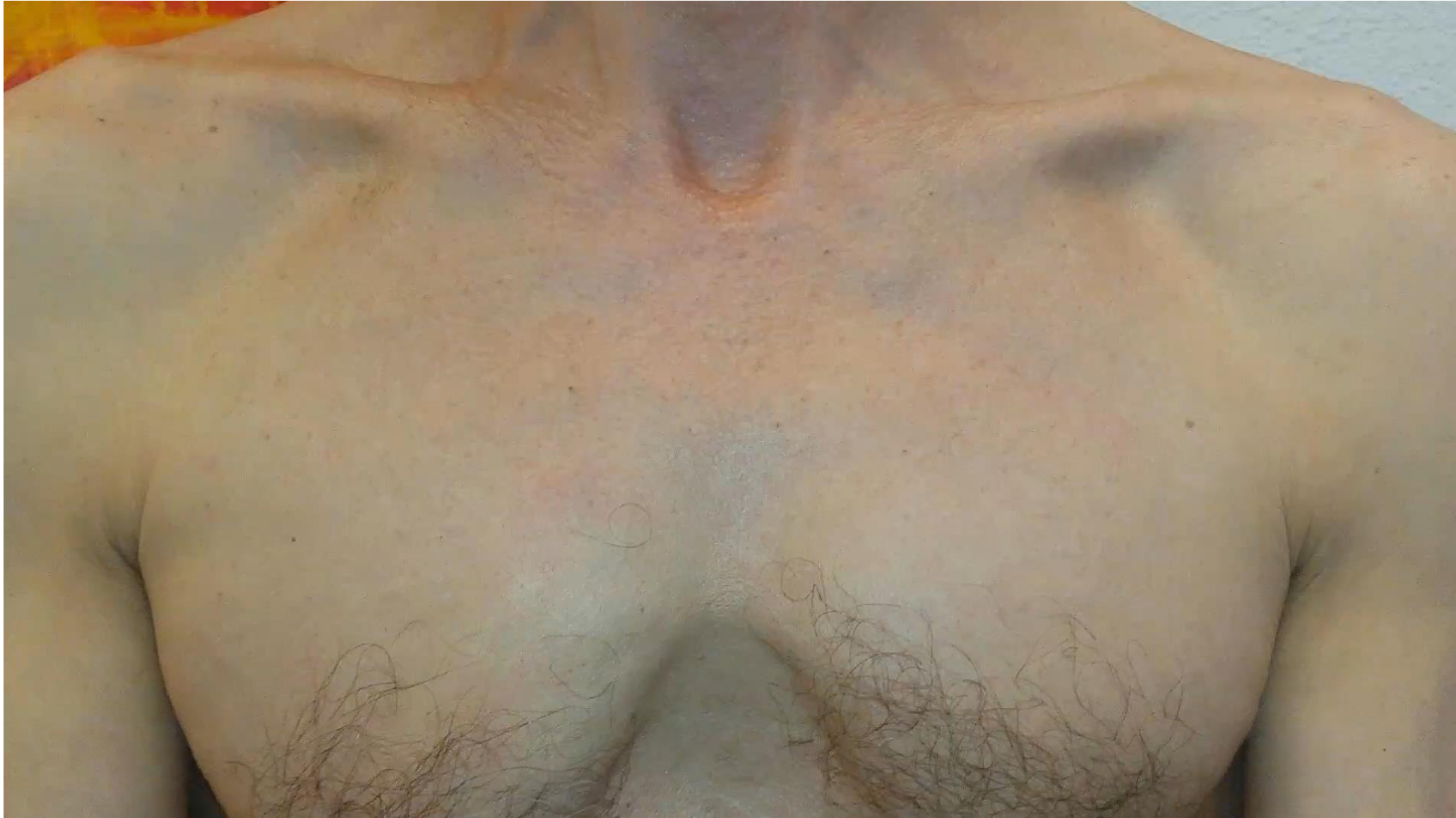
**Figure 2** Progression of 13 amyotrophic lateral sclerosis patients with isolated fasciculation potentials (FPs) (normal motor unit potential (MUP) and no fibrillation/sharp-waves (fibs-sw)). All patients were evaluate 6 months later, but only four had preserved normal tibialis anterior strength 12 months after study entry. The Y-axis represents the number of patients.



# Jiggle CMT II



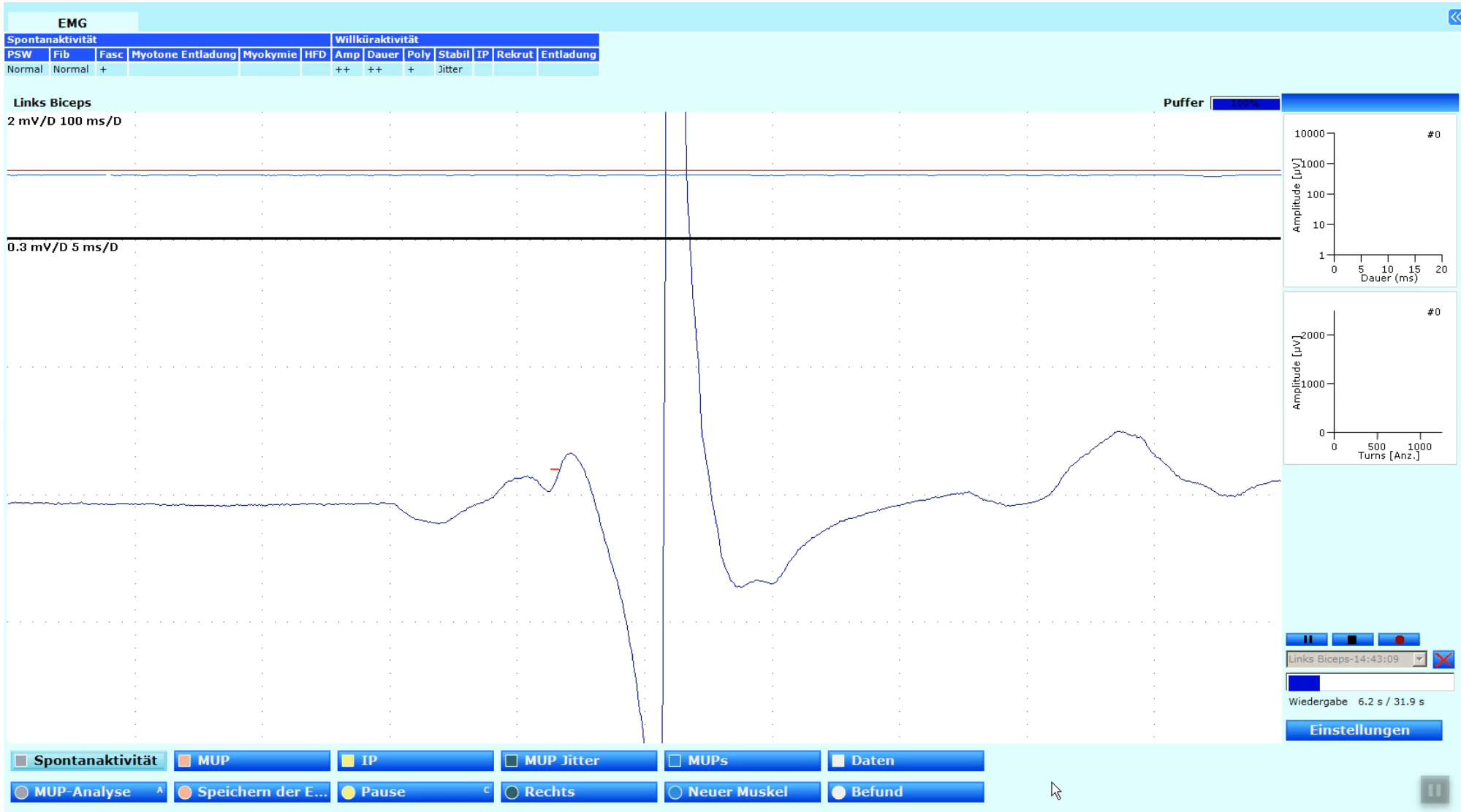
# Fasciculations



# Fasciculations



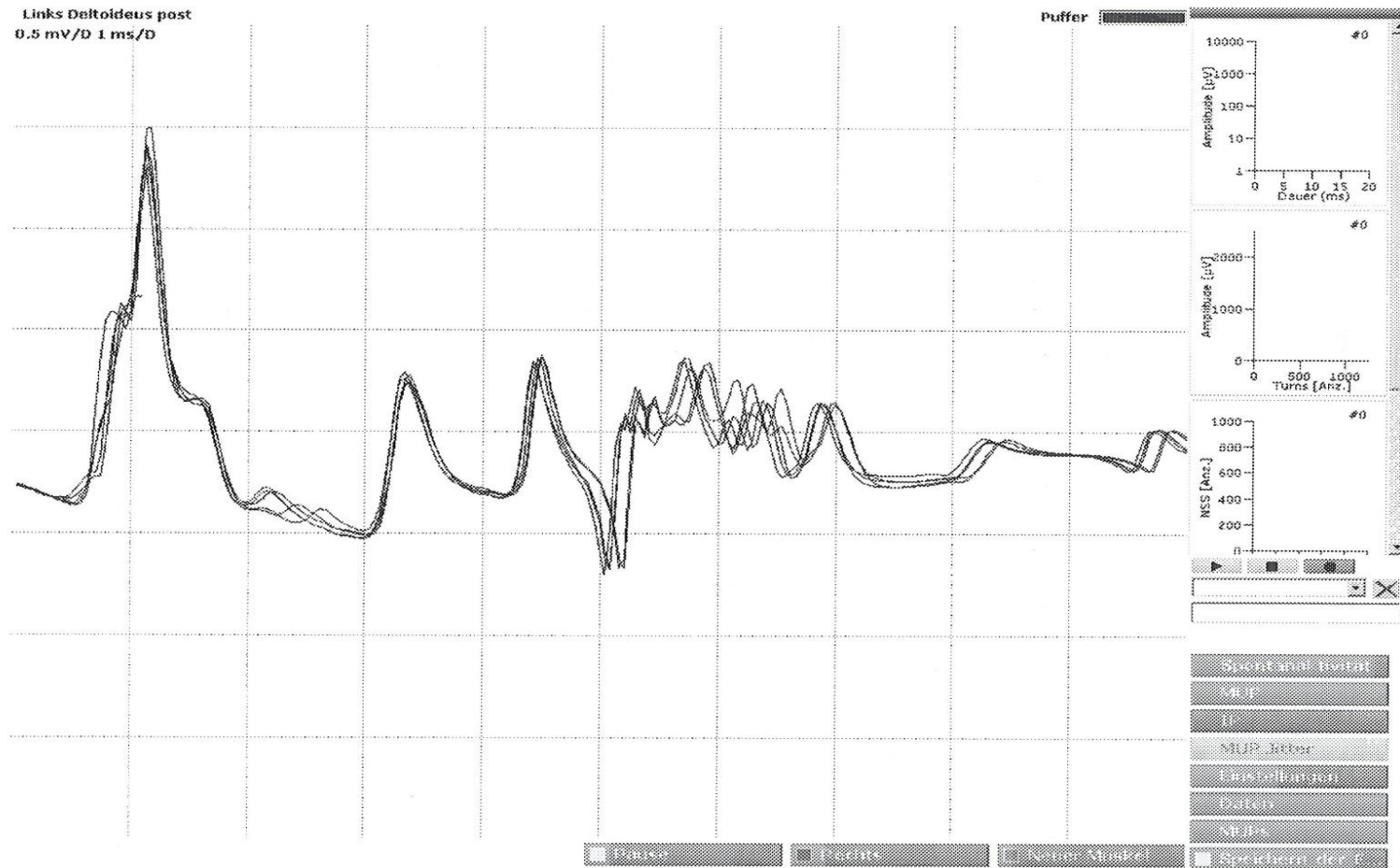
# EMG changes in ALS: Fasciculations



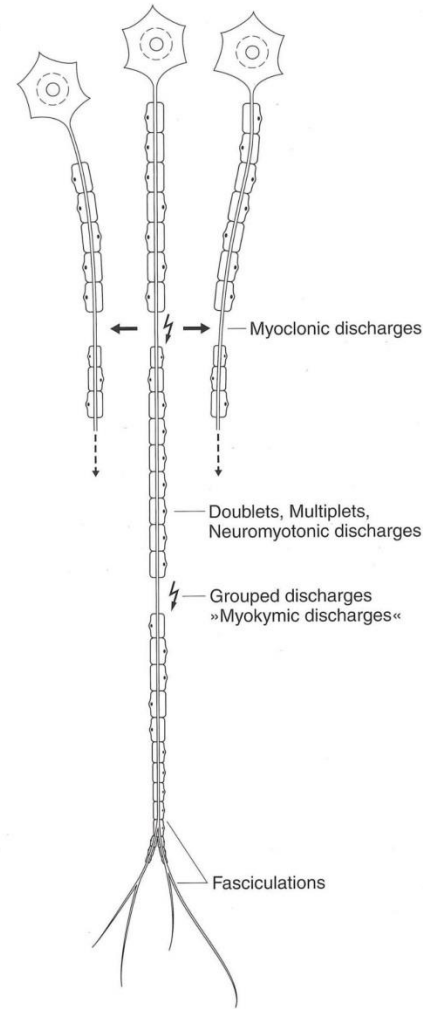
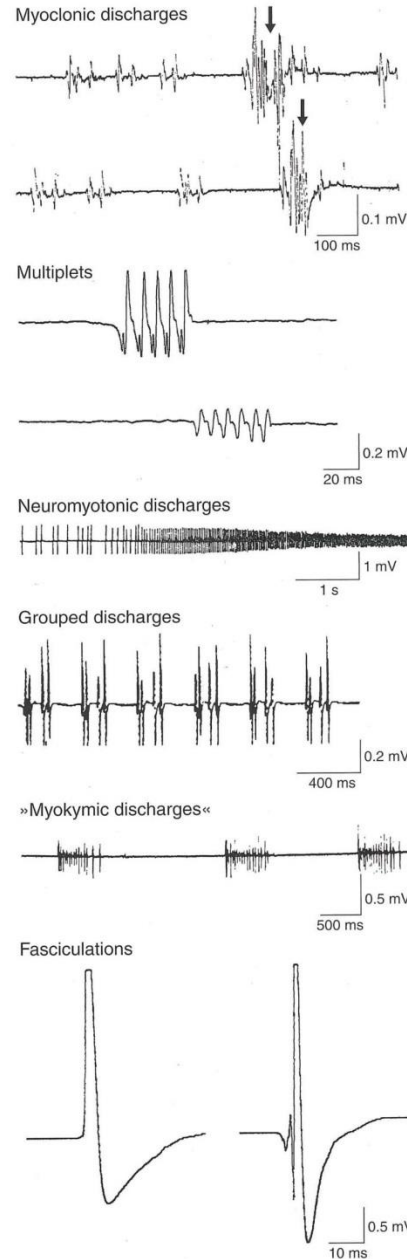
# Clinical examples: Chronic inflammatory demyelinating neuropathy (CIDP)

- Demyelinating disease
- Autoimmune
- Secondary axonal loss
  - Very slowly
  - Lots of time to reinnervate
  - Very complex unstable MUPs

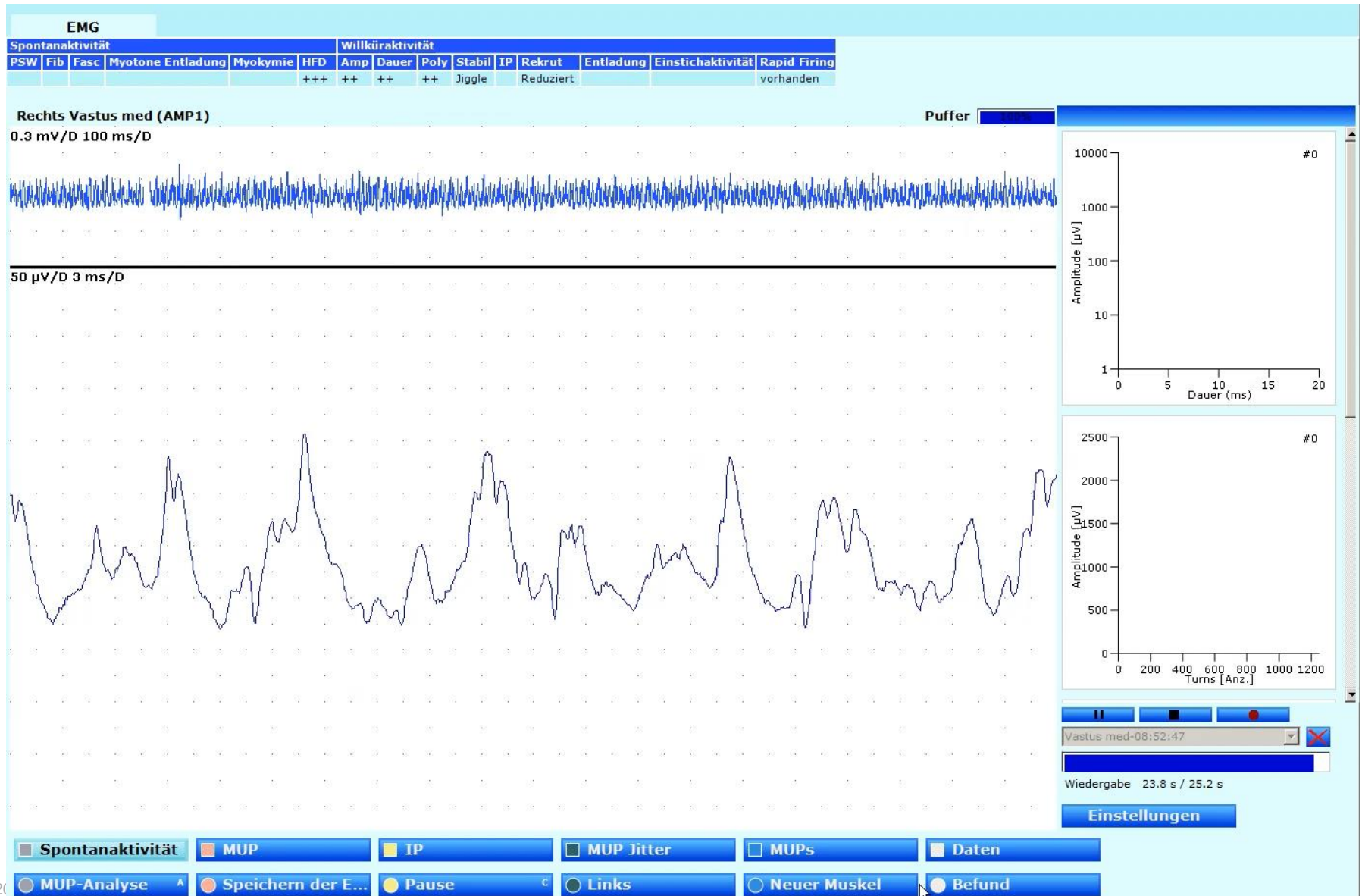
# CIDP



# Other signs of hyperexcitability

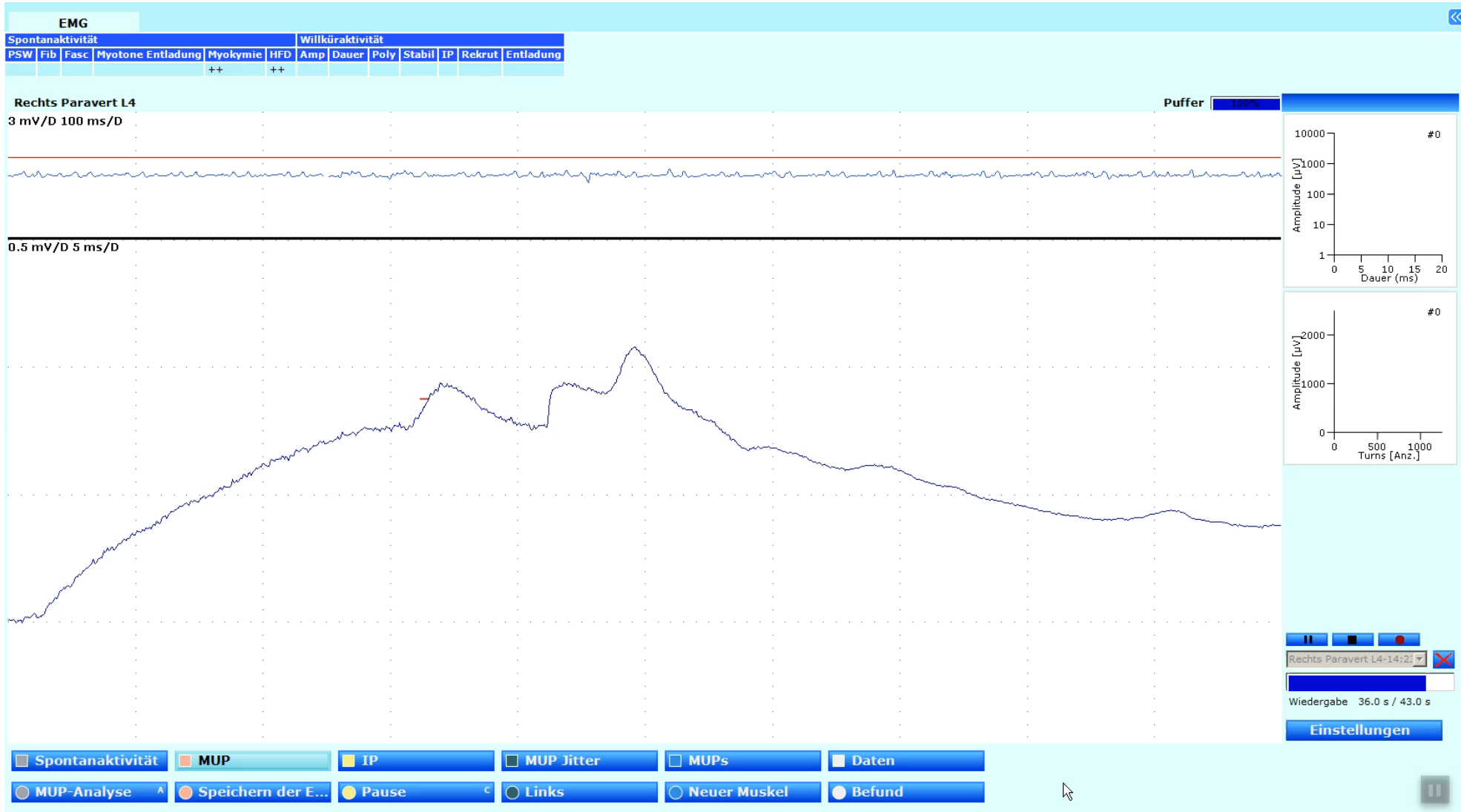


# Hyperexcitability

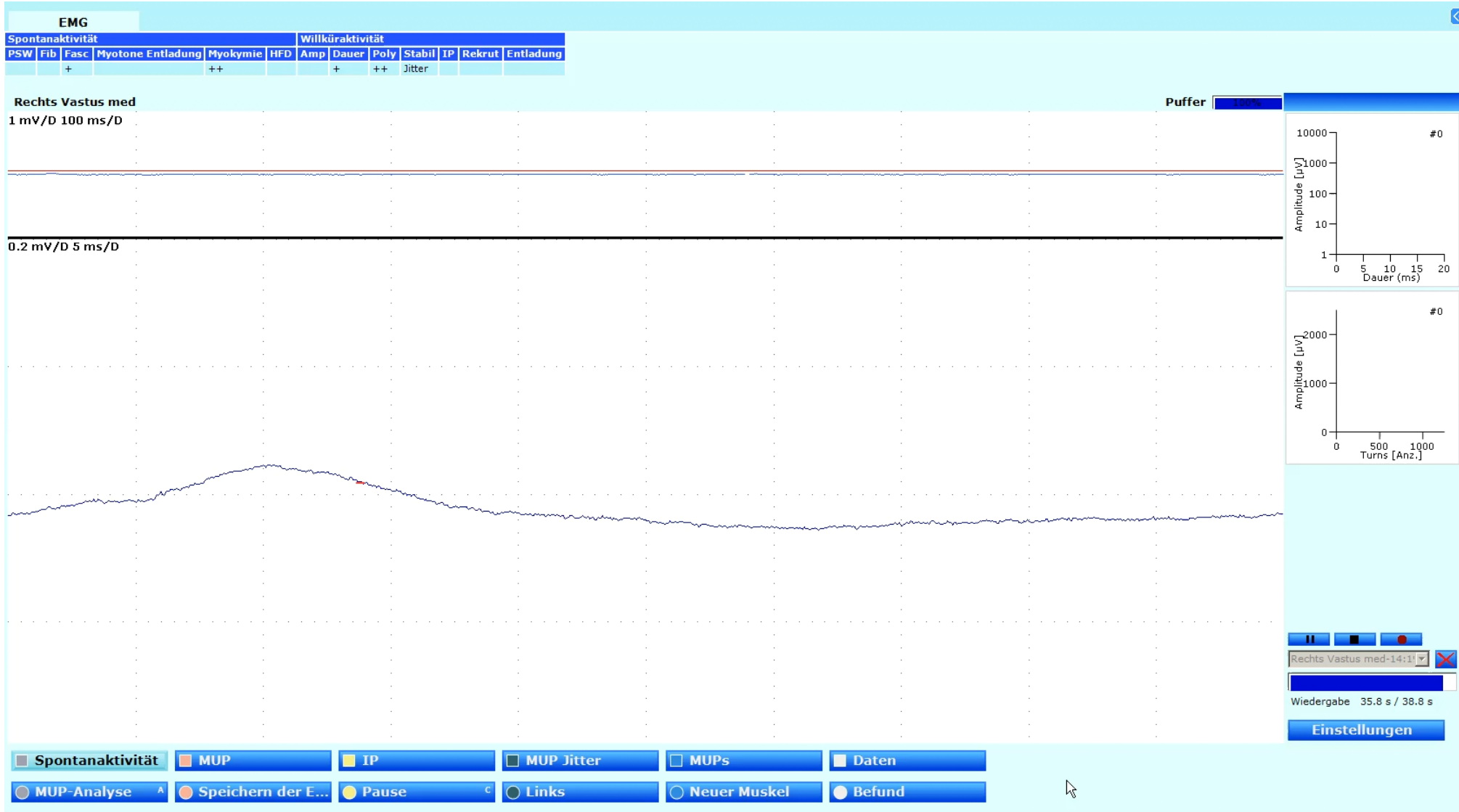




# Hyperexcitability



# Hyperexcitability





## Question 1

- Nascent reinnervation occurs within

A. Hours

B. Days

C. Weeks

D. Months

E. Years

## Question 2

- Terminal sprouting occurs within

A. Hours

B. Days

C. Weeks

D. Months

E. Years

## Question 3

- Which statement is **wrong**
- Signs of active denervation include:
  - A. Fibrillation potentials
  - B. Positive sharp waves
  - C. Fasciculation potentials
  - D. All of the above

## Question 4

- Which statement is **wrong**
- With nascent reinnervation MUPs are
  - A. Complex
  - B. Unstable
  - C. Large
  - D. Fatigue easily

## Question 5

- Which statement is **wrong**
- With terminal sprouting MUPs are
  - A. Complex
  - B. Stable
  - C. Normal to large
  - D. Show Jiggle
  - E. Long duration



## Question 6

- The following statements relate to the triggered MU
  - What do you see ?
- A. A complex unstable MU
- B. A normal MU
- C. Satellite potential
- D. All 3

## Question 7

- The following statements relate to the recorded potentials.
  - Which statement is **wrong** ?
- A. All potentials are fasciculation potentials
- B. They might occur in demyelinating diseases (e.g. CIDP)
- C. They are typical in ALS patients
- D. Fasciculation potentials are always abnormal

## Question 8

- The following MUP suggests
  - A. An acute complete nerve lesion
  - B. An acute partial nerve lesion
  - C. An intermediate stage of reinnervation
  - D. A very chronic disease

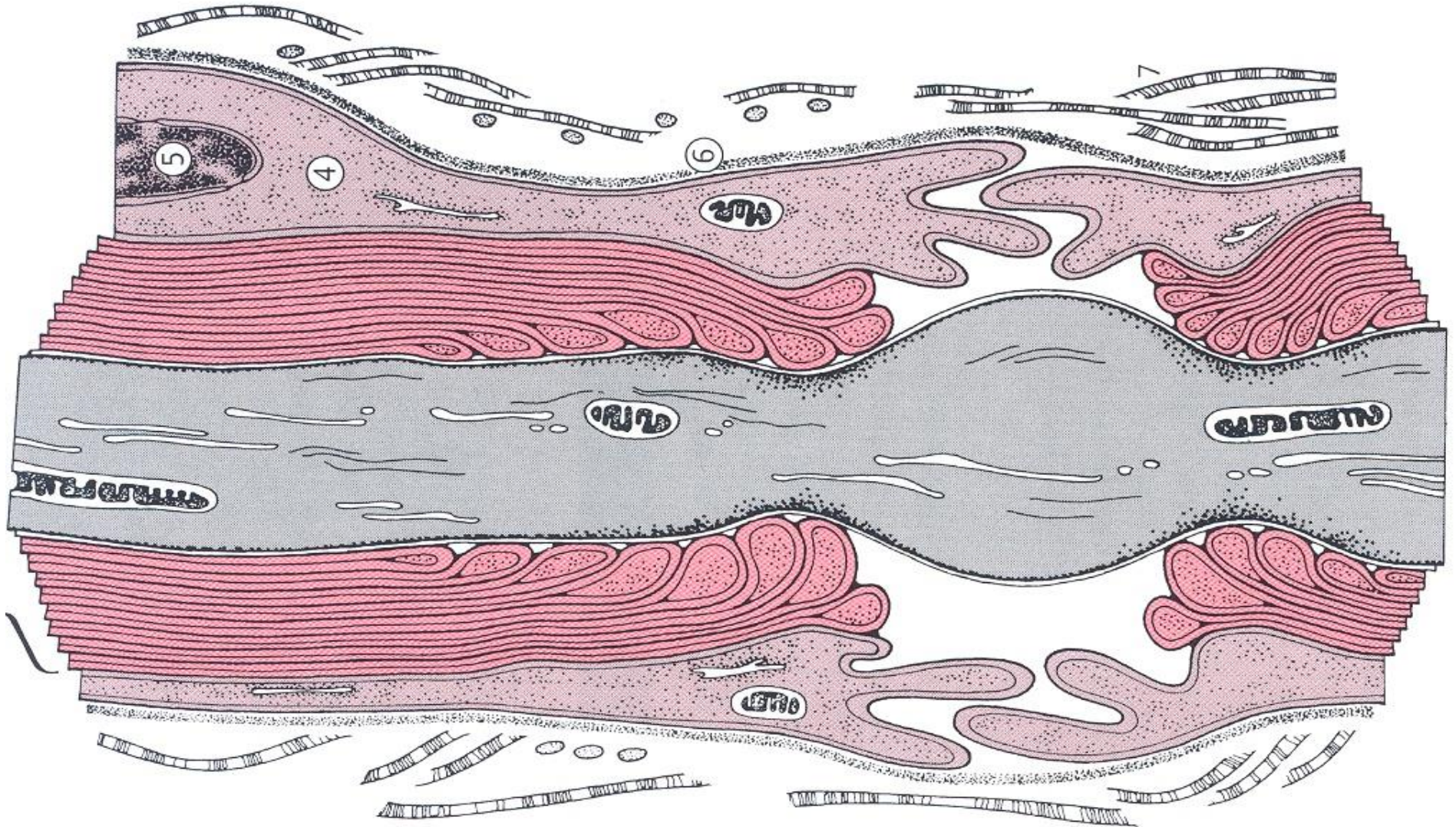
## Question 9

- The following recording suggests which etiology
  - A. Complete nerve cut
  - B. Partial nerve lesion
  - C. Radiation
  - D. Chronic nerve compression

## Question 10

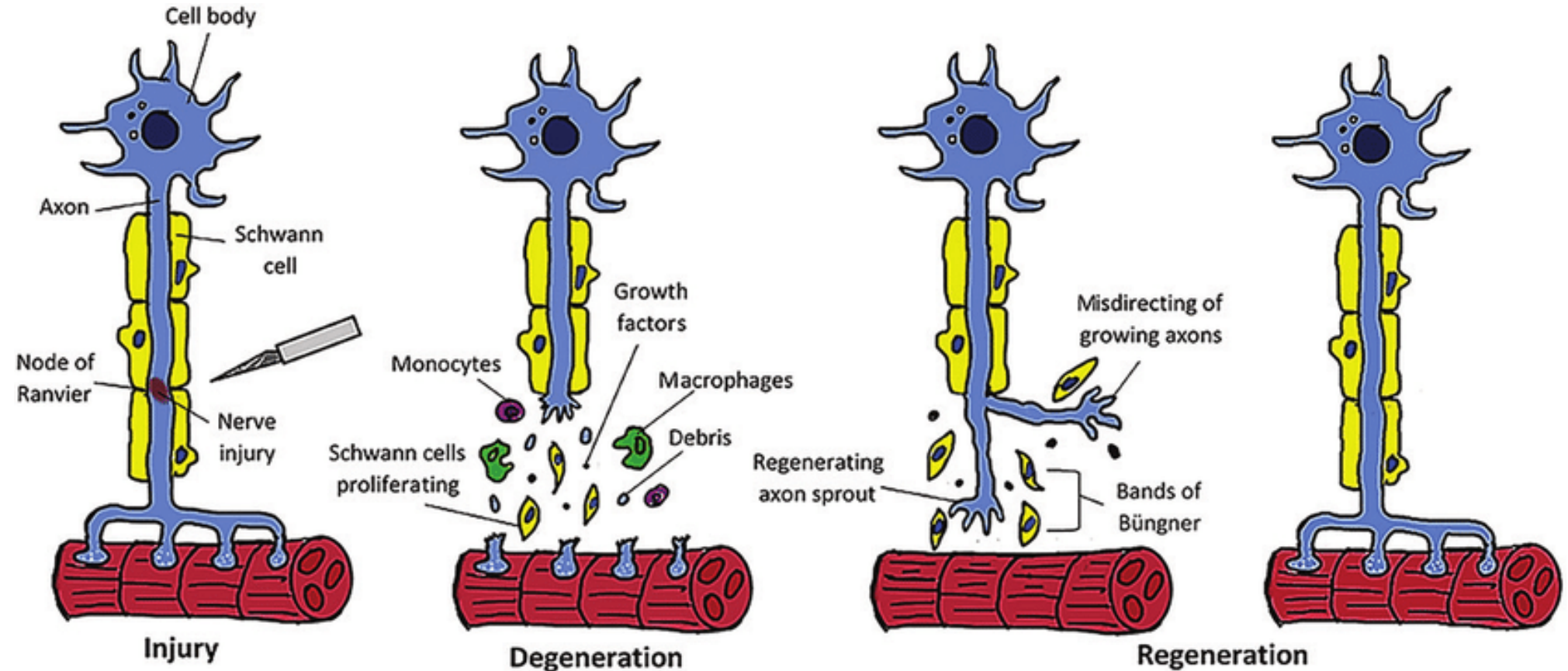
- The duration of the recorded MUP is (sweep speed 8 ms/Div)
  - A. 8 ms
  - B. 16 ms
  - C. 32 ms
  - D. More than 32 ms

# Nerve longitudinal



# Pathophysiology of denervation and reinnervation

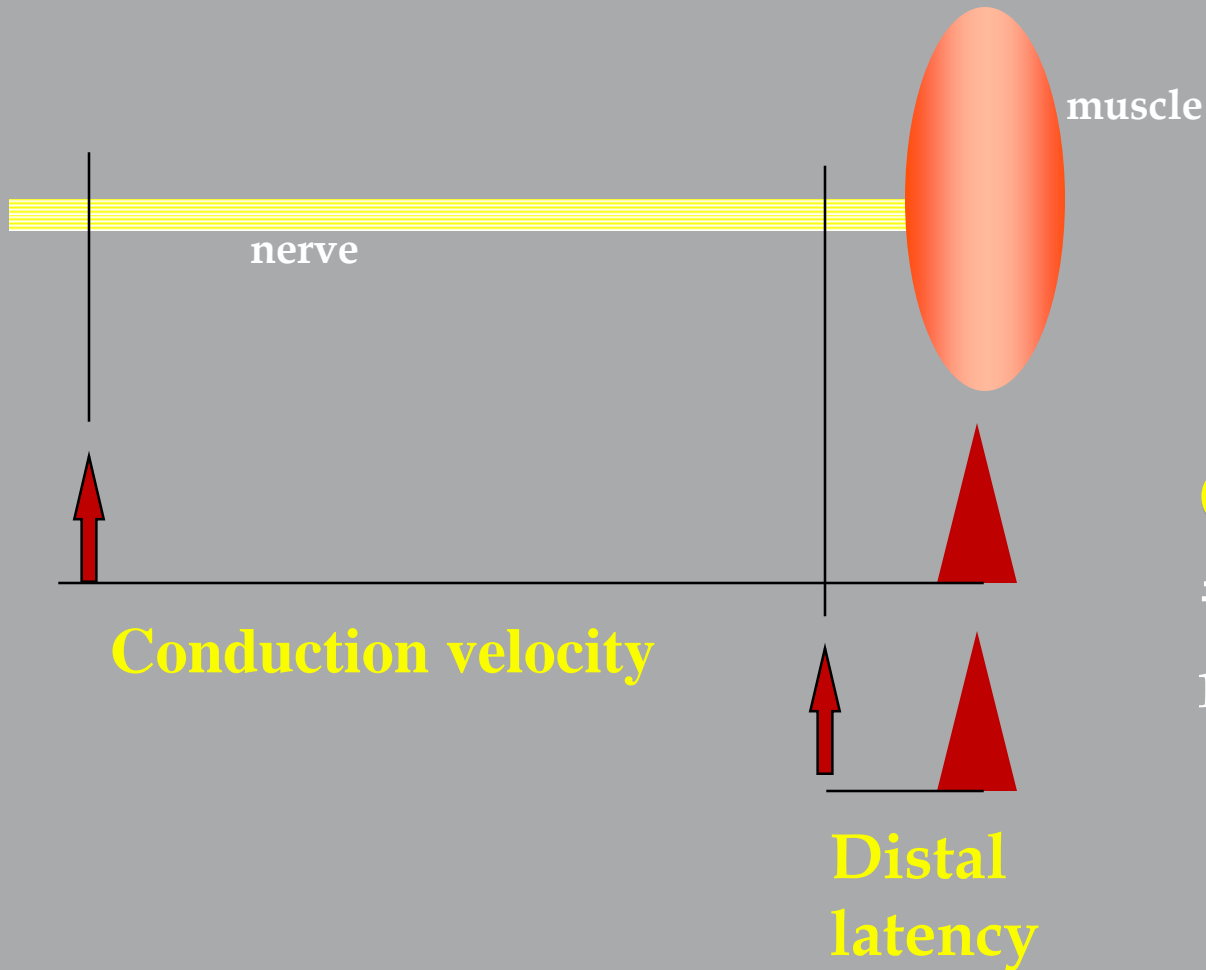
## Wallerian degeneration



- DOI:10.5772/intechopen.68174 Alvites et al.
- In book: Mesenchymal Stem Cells - Isolation, Characterization and Applications



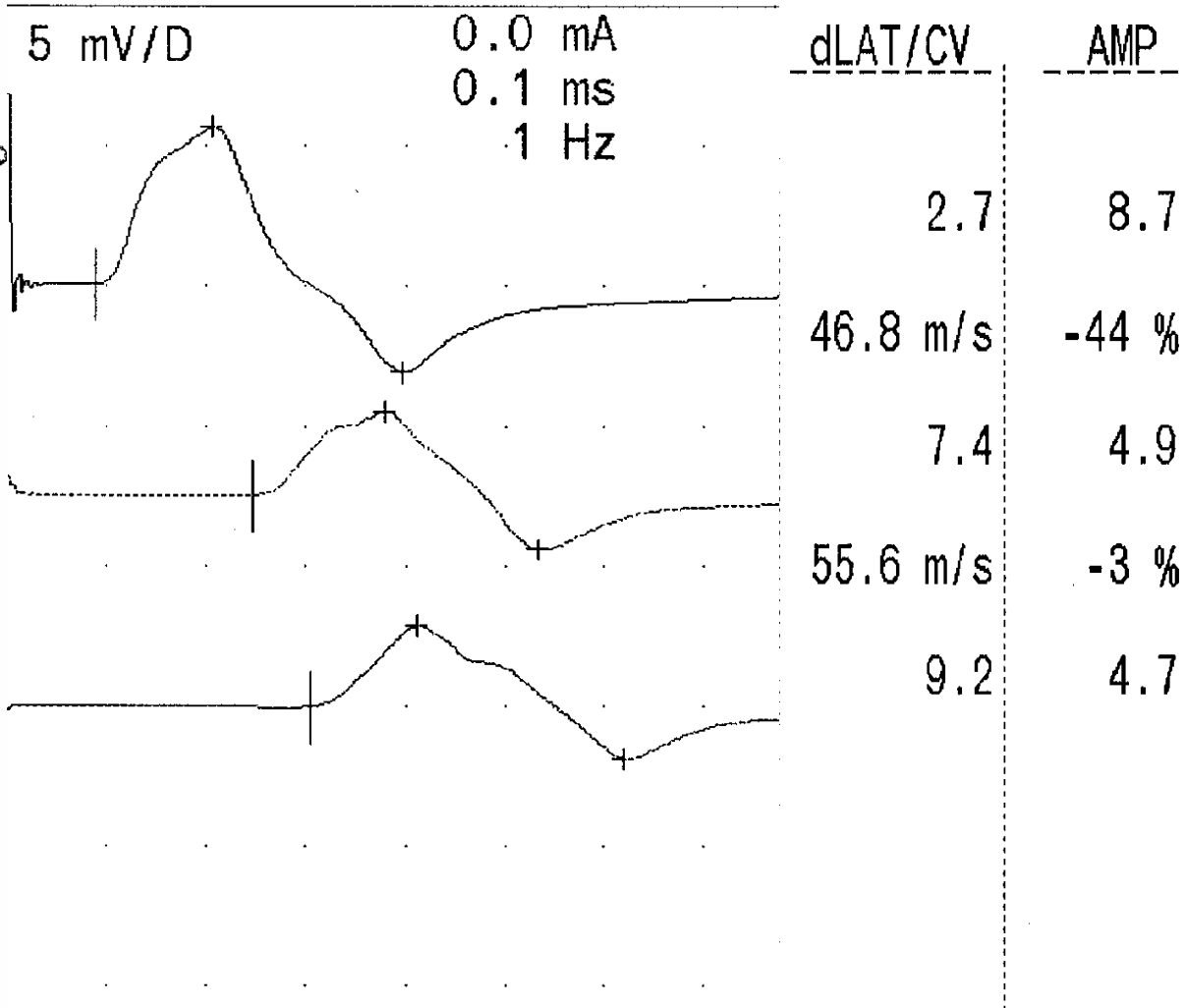
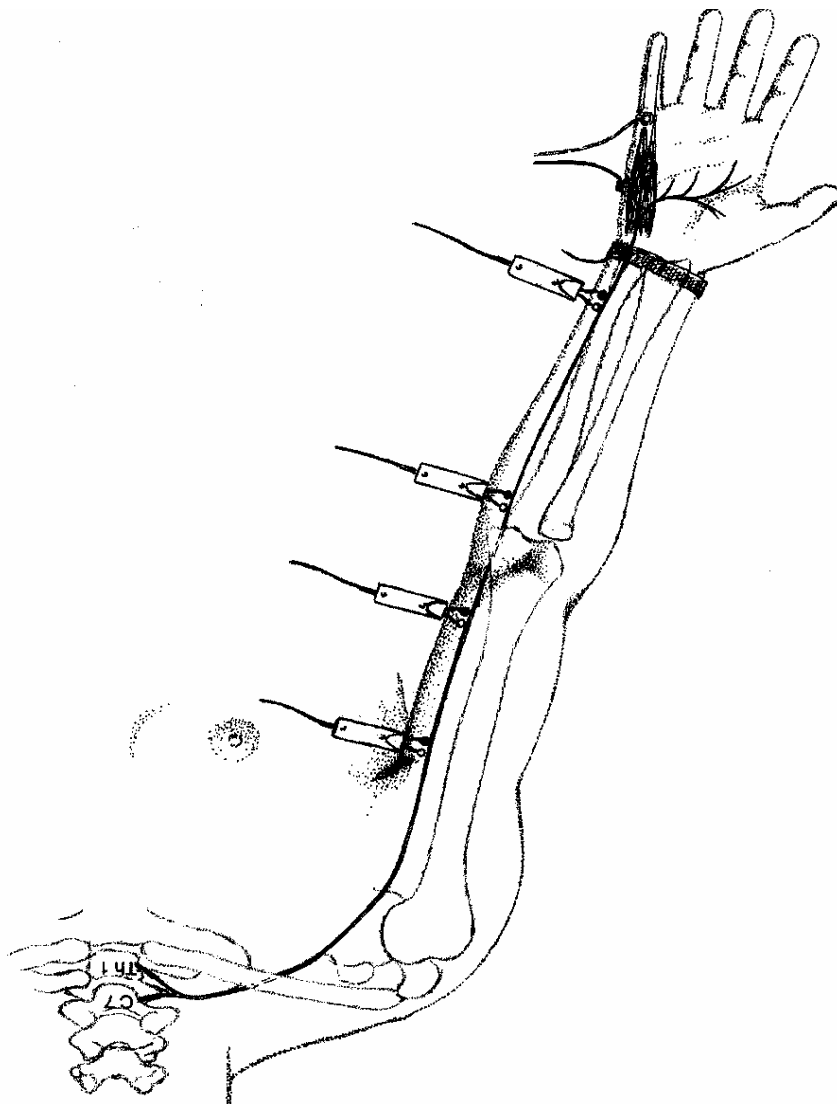
# Motor nerve conduction study



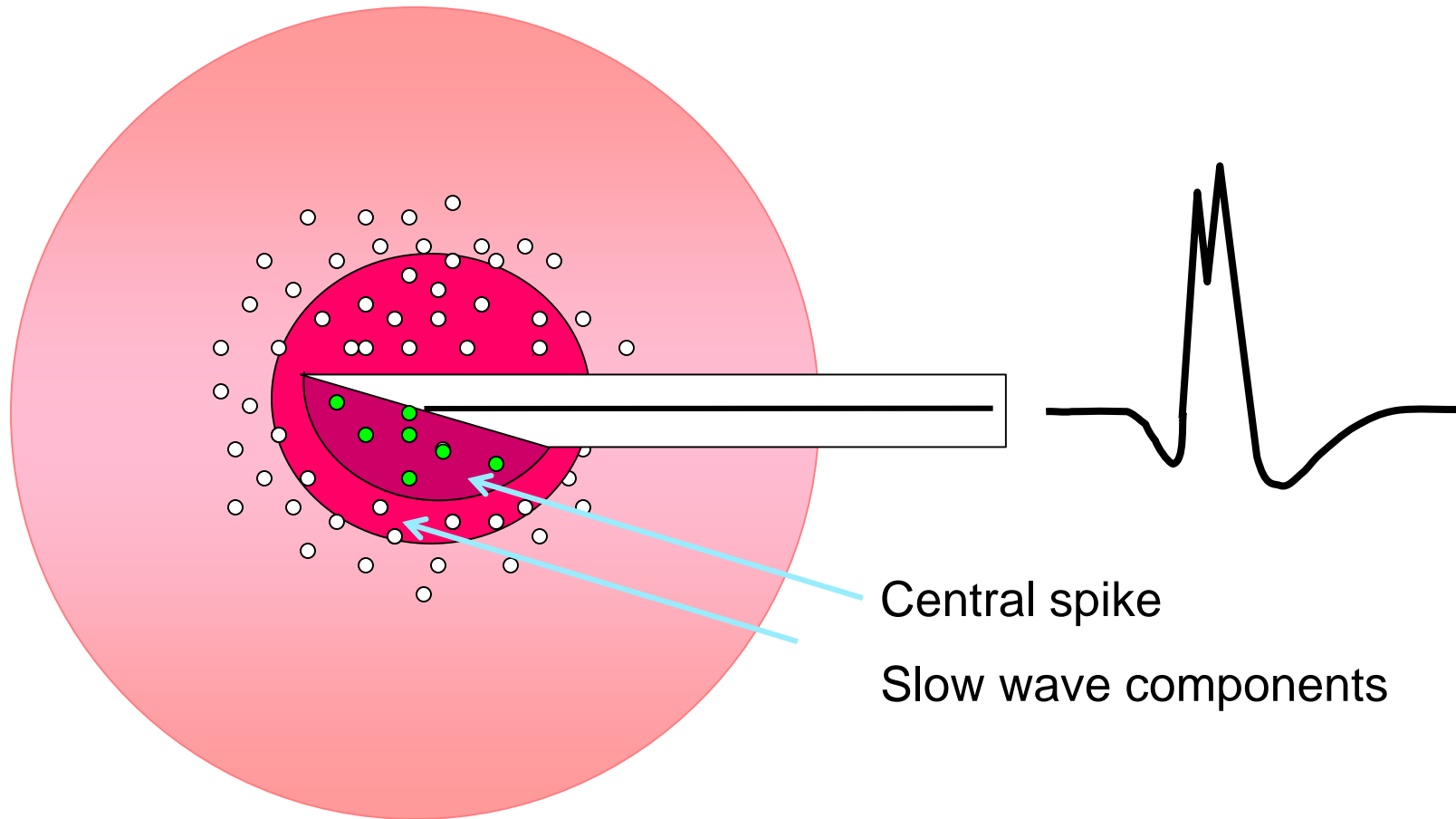
**CMAP Amplitude:**  
# of axons  
n-m transmission



# Motor nerve conduction study and compound muscle action potential (CMAP)



# Electromyography with concentric needle: signals from 2-15 muscle fibres



# Spontaneous activity in normal

- insertional activity
- end-plate noise
- "nerve spikes"
- positive wave at end-plate zone