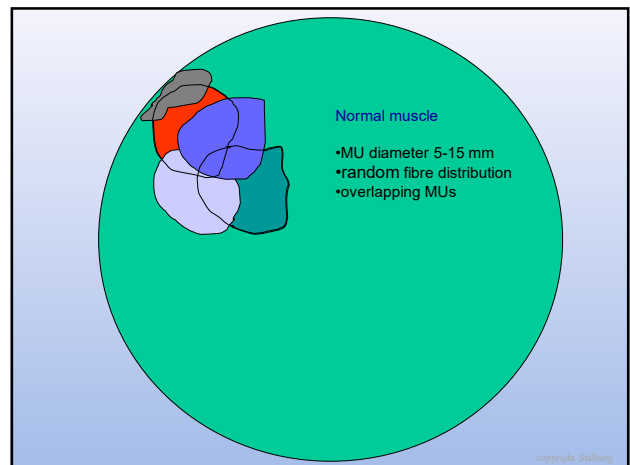
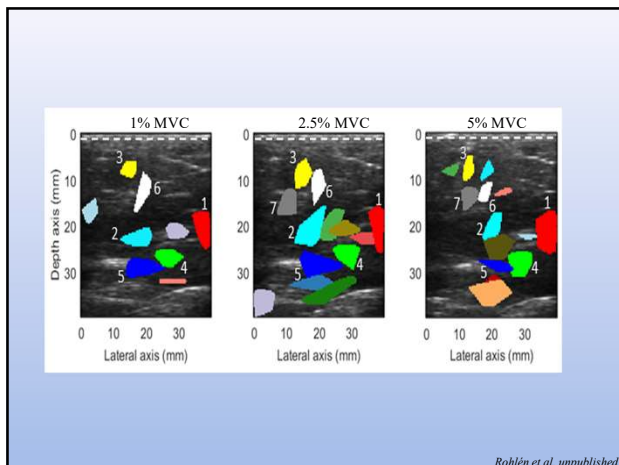
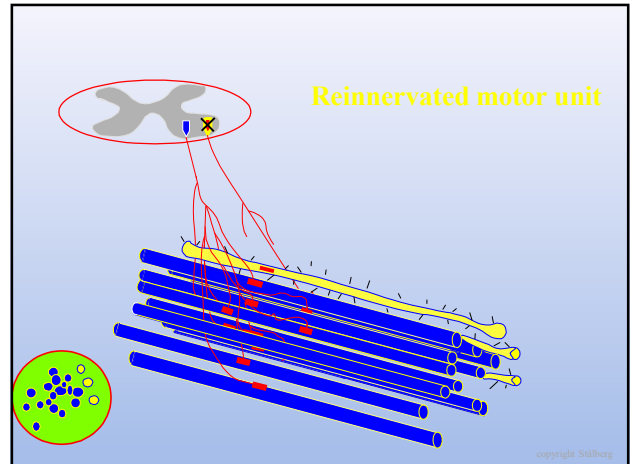
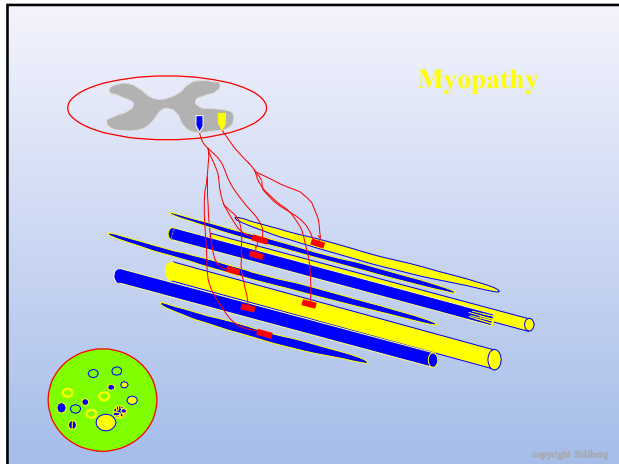
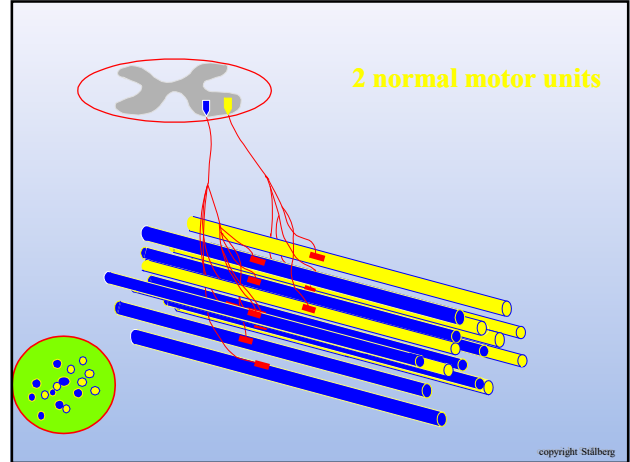


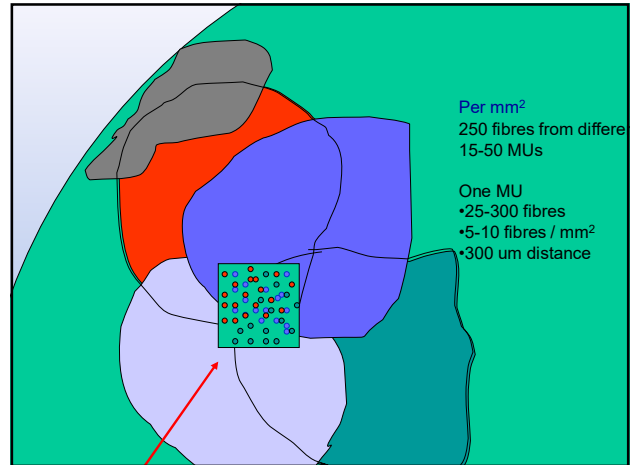
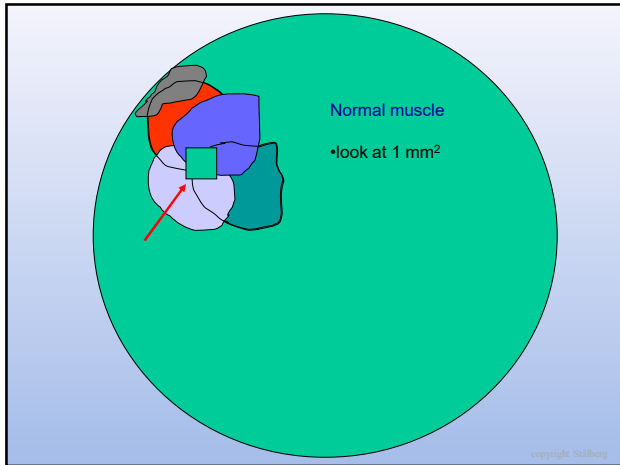
# The motor unit; anatomy and physiology

Erik Stålberg,  
Uppsala Sweden

No conflict of interest

copyright Stålberg

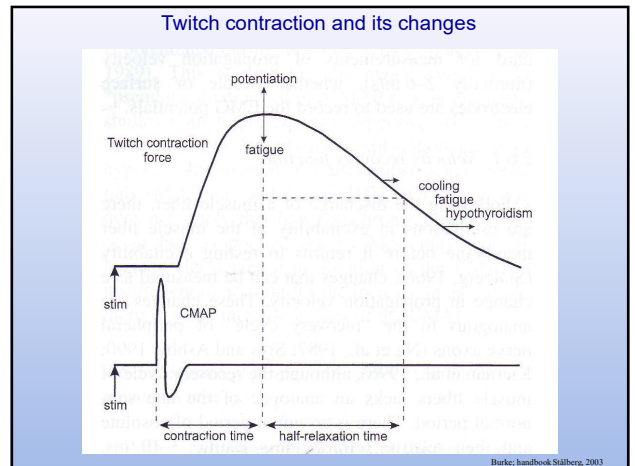




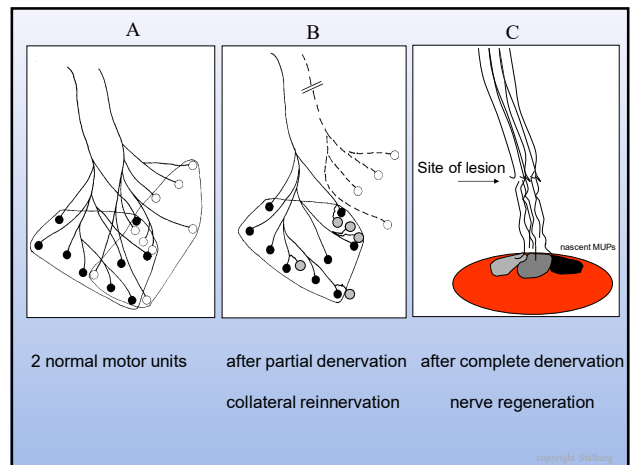
**Parameters of normal motor units in limb muscles**

- Muscle fibre**
  - histochemistry, metabol. Same for all fibres in a given MU
  - type I slow, aerobic, fatigue persistent
  - type II (A,B,X) fast, anaerobic, fatiguing
  - fibres size 5-90 (50 um)
  - # motor end-plates 1 (1% of fibres have two)
- Motor unit**
  - width of end-plate band 5 mm
  - distance between fibres 300 um
  - # fibres/MU 20-500 (100-200)
  - territory 2-15 mm (10 mm)

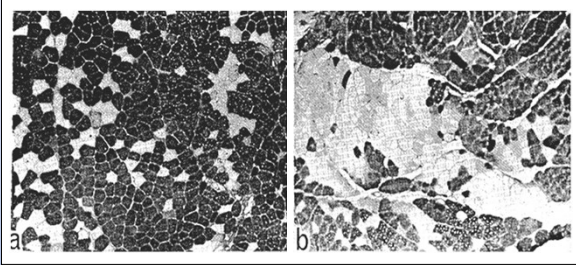
copyright Stålberg



**The motor unit in reinnervation**

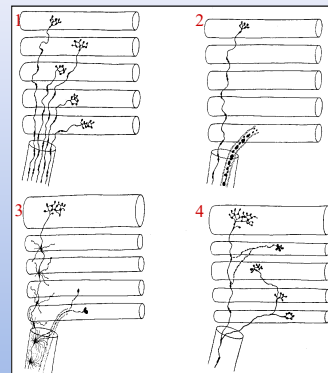


Grouping after partial denervation in rats



Anterior tibial muscle reinnervated, following root section, by collaterals from intact nerve fibres.  
 Rat 13. a: moderate denervation after **L5 motor root section**, showing part of one motor unit of 454 fibres with some grouping.  
 Rat 16. b: severe denervation after **L4 motor root section**, showing part of one motor unit of 551 fibres, for the most part with compact distribution.  
 E Kugelberg et al 1970

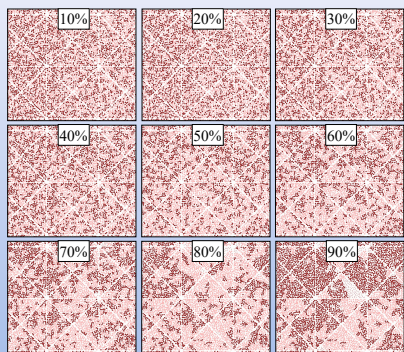
Diagrams showing collateral sprouting after partial denervation



1. Normal
2. Partial degeneration
3. Early sprouts
4. Collateral sprouting

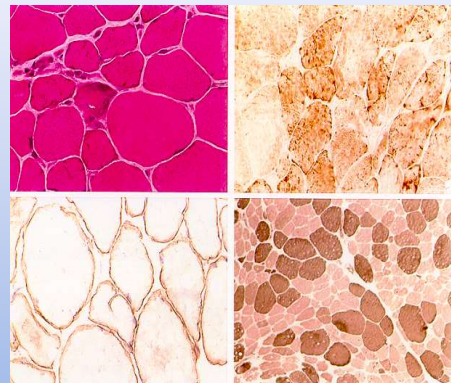
Coërs and Woolf 1959

Visual inspection of axonal loss

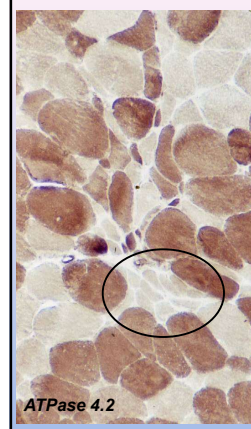
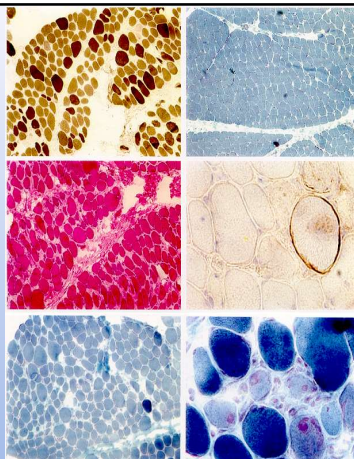


Stålberg, Karlsson

Myopathy



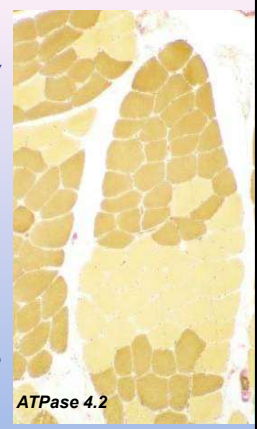
Duchenne



◀ ALS: group atrophy and fiber type grouping.

Healed neurogenic disorder: ▶ Fiber type grouping with normal size fibers

The changes in the biopsy most often do not reveal the etiology of the neurogenic disorder.

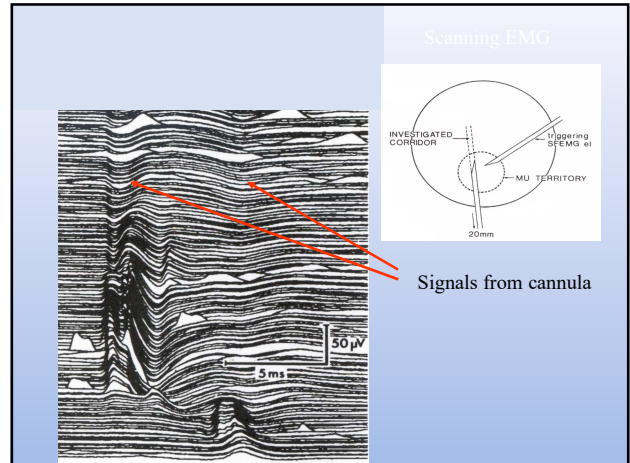


ATPase 4.2

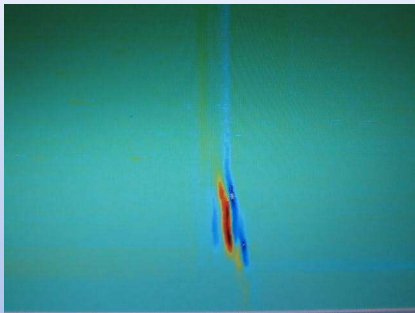
ATPase 4.2

## Scanning EMG

Temporal and spatial analysis of the MU

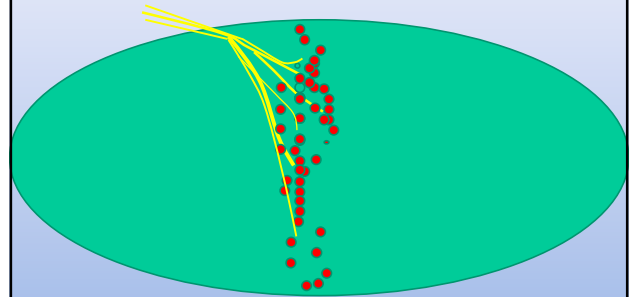


## Scanning EMG, normal biceps

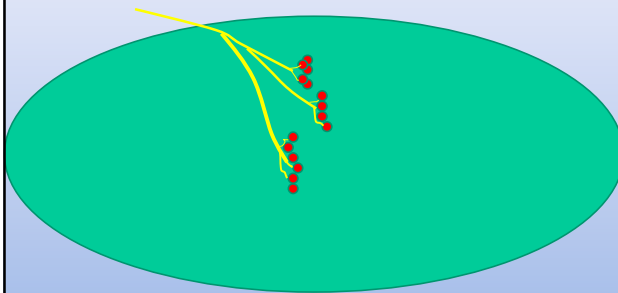


1386

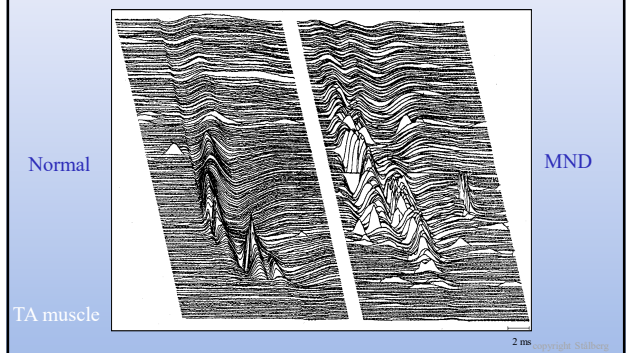
## End-plate zone – all MUs



## End-plate zone of one MU – fractions in Scanning EMG

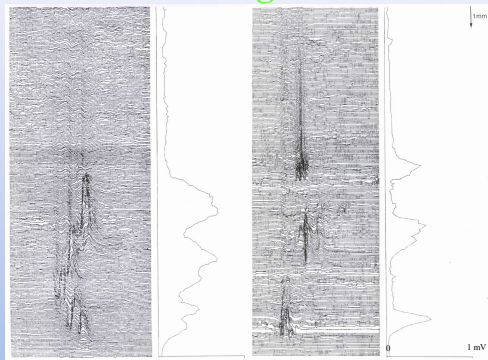


## Scanning EMG





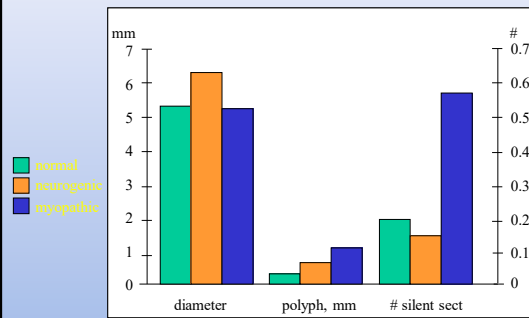
### Scanning EMG



Normal

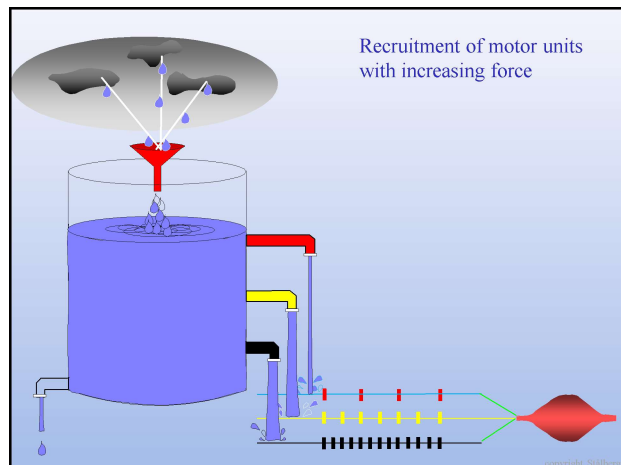
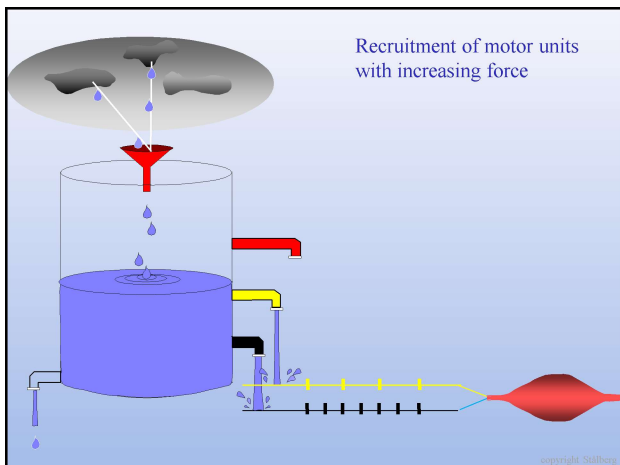
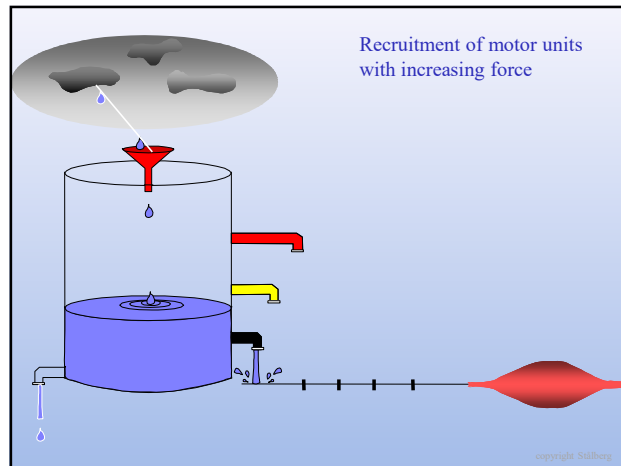
Musc dyst

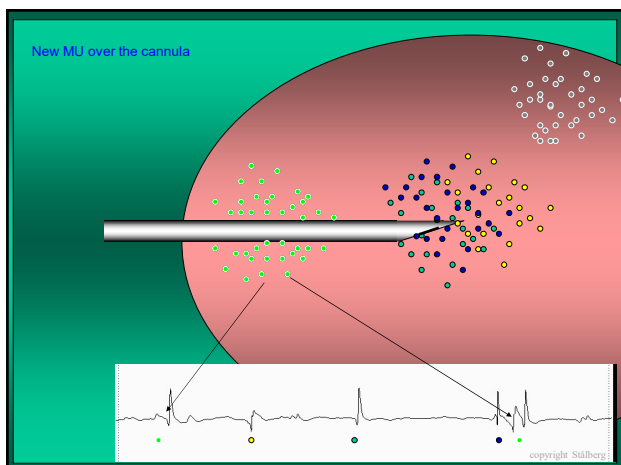
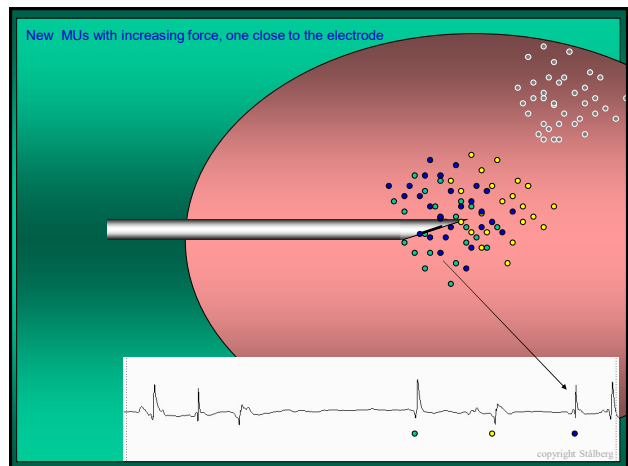
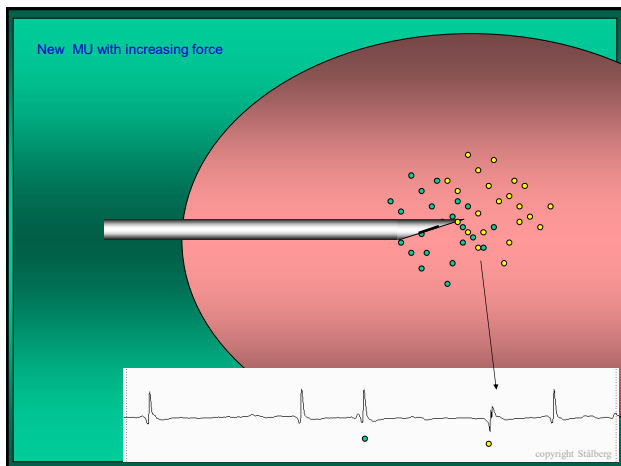
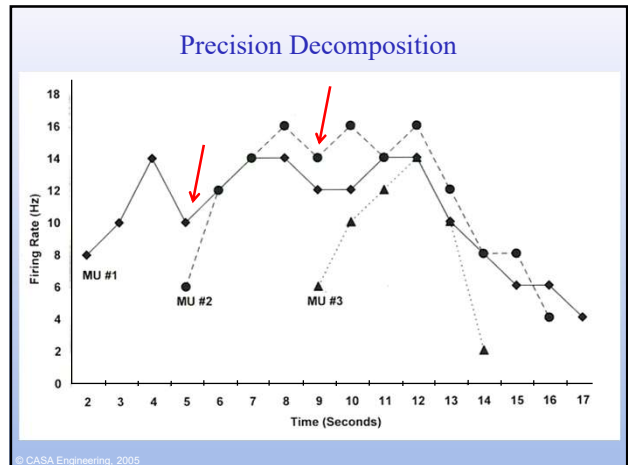
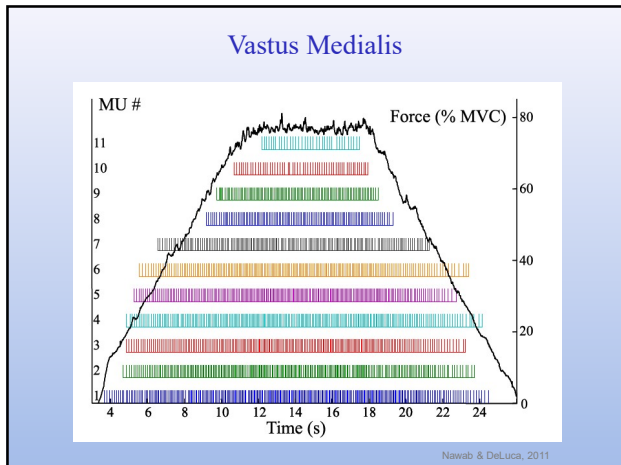
### Scanning EMG tibial anterior muscle



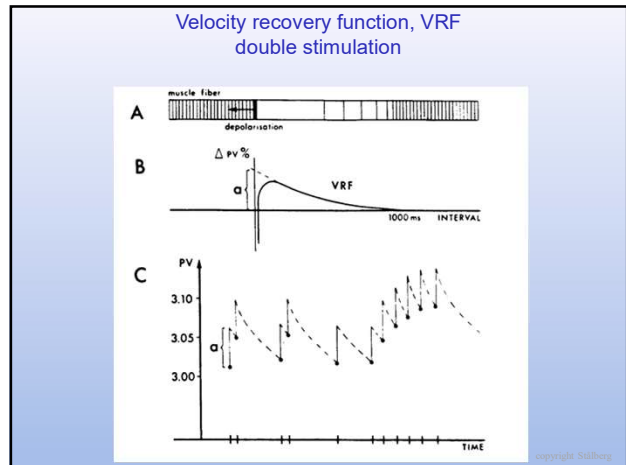
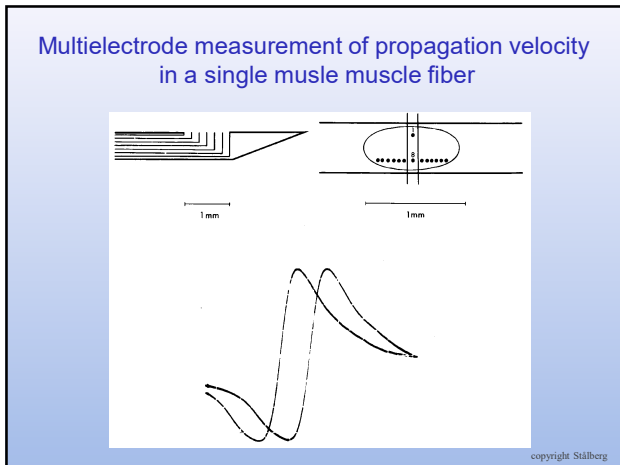
Dioszeghy, Stålberg

### Physiology





Propagation velocity along a single muscle fiber



### Electrophysiological methods to study the Motor Unit

- **Structure**
  - anterior horn cell
  - nerve
  - n-m junction
  - muscle unit
  - muscle fibre
- **Method**
  - reflexes, firing pattern
  - conduction studies
  - microneurography
  - MUNE
  - SFEMG, rep stim
  - EMG, twitch
  - SFEMG

copyright Stålberg

### Comparison of electrophysiological parameters

Parameters	nm-j	myopathy	den/reinn	axon loss	CB	central
SFEMG	↑	↑	↑	n	n	n
Conv MUP	abn	↓	↑	n	n	n
Conv IP	n	myo	neur	↓	↓	↓
Macro	n	↓ n	↑	n	n	n
MUNE	n	n	n	↓	n	n
TMS	n	n	n	↓	↓	abn

copyright Stålberg

Thanks for listening