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| **Verordnungsblatt Insulinpumpentherapie** | **Modell:** |

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| **Insulin** | | | | ❒ Novorapid Novo-Rapid | | | | ❒ Humalog | | | ❒ Apidra | | | | ❒ Actrapid | | | **Kohlenhydratverteilung:** | | | | | |  | | | | | | | |
| **Basalrate:** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **Datum** | **0** | **1** | **2** | | **3** | **4** | **5** | | **6** | **7** | | **8** | **9** | **10** | | **11** | **12** | | **13** | **14** | **15** | **16** | **17** | | **18** | **19** | **20** | **21** | **22** | **23** | **Total** |
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| **Mahlzeiteninsulin: Einheiten pro 10 g Kohlenhydrate (1 BE)** | | | | | | |
| **Datum** |  |  |  |  |  |  |
| \_\_\_\_ : \_\_\_\_ h - \_\_\_\_ : \_\_\_\_ h |  |  |  |  |  |  |
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| **Korrekturinsulin: 1 E Insulin senkt den BZ um \_\_\_\_\_ mmol/l** | | | | | | |
| **Datum** |  |  |  |  |  |  |
| \_\_\_\_ : \_\_\_\_ h - \_\_\_\_ : \_\_\_\_ h |  |  |  |  |  |  |
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| **Spritz-Ess-Abstand gemäss aktuellem Blutzucker** | | |  | **Ärztin / Arzt** |
|  | **Novorapid, Humalog, Apidra** | **Actrapid** |  |  |
| BZ < 5 mmol/l | während Mahlzeit spritzen | sofort essen |  |
| BZ 5 – 10 mmol/l | sofort essen | 30 Minuten warten |  | Telefon: |
| BZ > 10 mmol/l | 10 Minuten warten | 45 Minuten warten |  | Dienstarzt Endokrinologie: 071 494 27 77 |