MAYO CLINIC

3D Technologies: Structural Dimensioning, Segmentation, CNC Fabrication

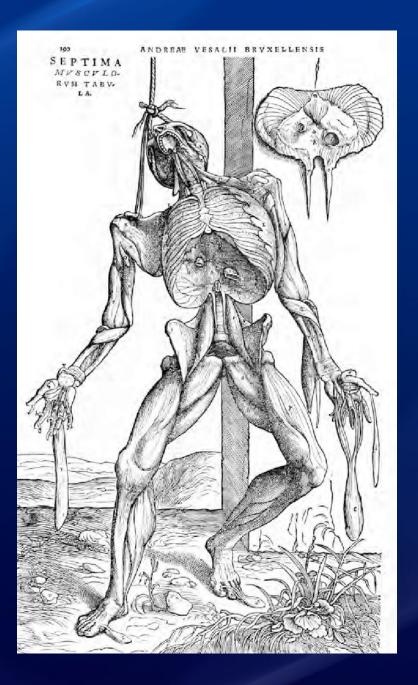
Mark E. Wylam, M.D.

November 14, 2019

Question 1

- Today medical 3D printing is used for ...
 - A) Pre-surgical educational anatomic models
 - B) "Metal" printing surgical guides
 - C) Implantable organs
 - D) A, B, and C
 - E) Only A and B

















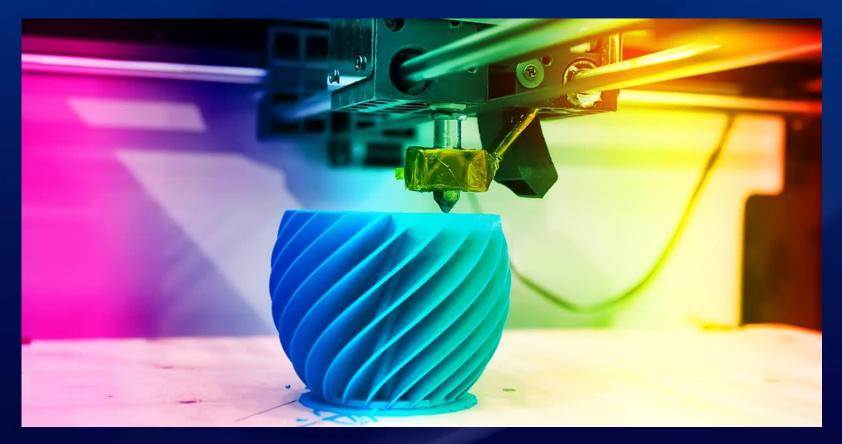




3D Printing Technology (Digital Additive Manufacturing)

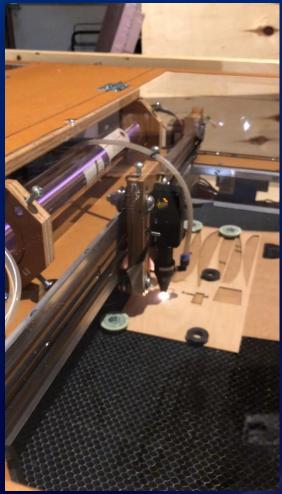
Rapid prototyping – Uses computer assisted design (CAD)

Assemble successive layers of extremely thin material in additive fashion to create solid three dimensional products



3D Milling or Laser Technology (Digital Subtractive Manufacturing)

Removes material to create solid two and three dimensional products





3D MODEL or 3D MOLD





3D Technologies-Goals

 Improves spatial awareness for procedural planning

 Anatomic correct (dimensional and segmented) models for education and simulation

Tissue and device engineering.



3D Printing: Basic Concept Layered Construction





Analog versus Digital

Continuous variable (voltage, position, power)



Versus 1 0 1 1 0 1 1 0 0 0 1 1

Digital variable (voltage, position, power)



Digital Constraint

 $n^8 = 256$

 $N^{10} = 1,024$

8-bit

10-bit

 $n^{12} = 4,096$

<u>n¹⁶ = 65,536</u>



Digital Constraint: Stepper Motors

 $n^8 = 256$

 $N^{10} = 1,024$

 $n^{12} = 4,096$

 $n^{16} = 65,536$





HOW DID IT START AT MAYO?





Broad Clinical Utilization







MAYO CLINIC



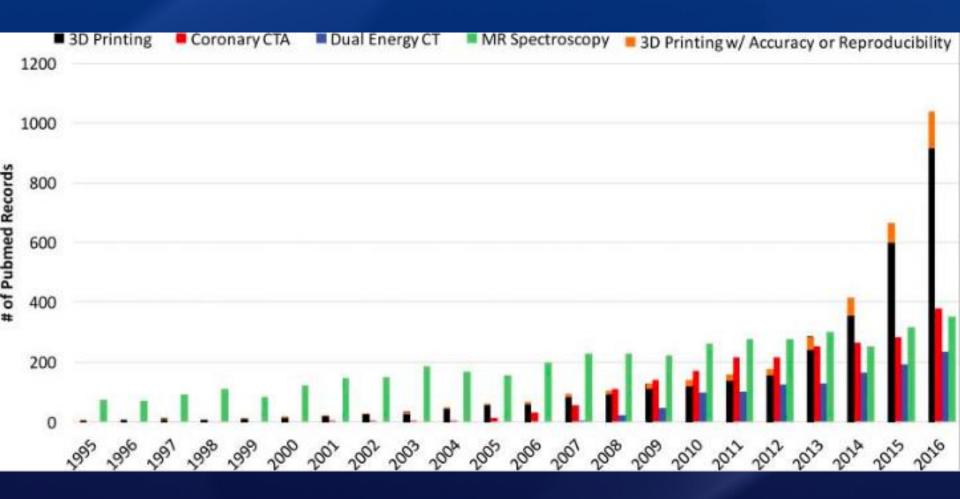




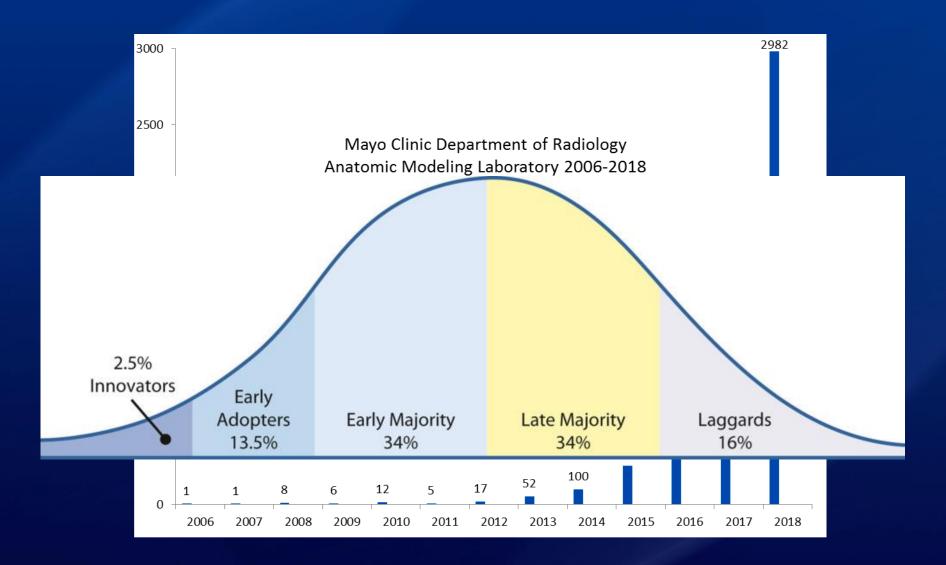




Number of Publications cited in PubMed



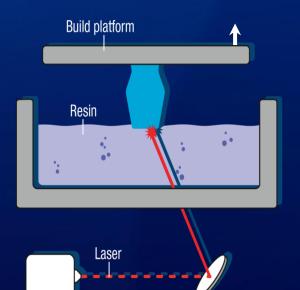






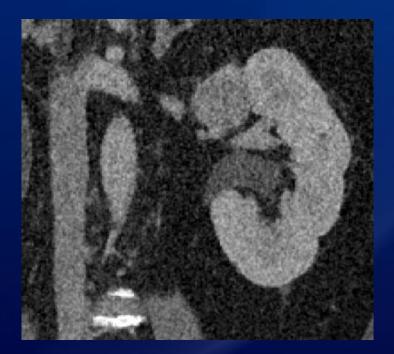
Advancing computer technology fostered the convergence of

• 3D Printing Technology



STEROLITHOGRAPHY (SLA)

High Resolution Imaging
 Acquisition





Why do 3D models help? Can't you just look at the images

Haptic Perception

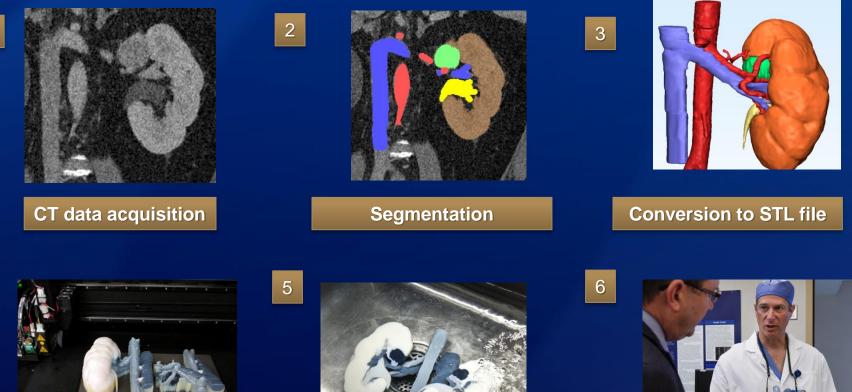


3D Printing Workflow Methods



4

MAYO CLINIC



3D printing of STL file





Consult with Surgeon

3D Technologies-Dimensioning

 Accurately measuring and fabricating parts to original specification.

 N.B. Inaccuracies due to errors occur during imaging, segmentation, postprocessing, and 3D printing steps.



3D Technologies-Dimensioning Data Source (INTERNAL ANATOMY)

- Cross-sectional imaging
 - Uses DICOM® Standard (Digital Imaging and Communications in Medicine)
 - CT/MRI
 - Three dimensional data using grayscale standard display function
 - Translates pixel density in Hounsfield units into <u>12</u> or higher data bits (0-4,095)



Attenuation coefficients ($\mu_{material}$) is transformed to Hu_{material} expressed relative to linear attenuation coefficient of water.

$$HU_{material} = \frac{\mu_{material} - \mu_{water}}{\mu_{water}} \times 1000$$

It can be seen that

- $HU_{water} = 0$ as $(\mu_{material} = \mu_{water})$,
- $HU_{air} = -1000$ as $(\mu_{material} = 0)$
- HU=1 is associated with 0.1% of the linear attenuation coefficient of water.

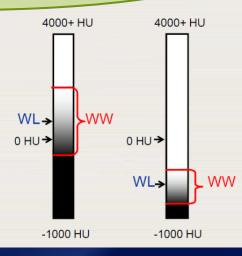


Substance	Hounsfield unit (HU)
Compact bone	+1000 (+300 to +2500)
Liver	+ 60 (+50 to +70)
Blood	+ 55 (+50 to +60)
Kidneys	+ 30 (+20 to +40)
Muscle	+ 25 (+10 to +40)
Brain, grey matter	+ 35 (+30 to +40)
Brain, white matter	+ 25 (+20 to +30)
Water	0
Fat	- 90 (-100 to -80)
Lung	- 750 (-950 to -600)
Air	- 1000
·	

Hounsfield units are usually visualized in an eight bit grey scale offering only 128 grey values.

The display is defined using

- Window level (WL) as CT number of mid-grey
- Window width (WW) as the number of HU from black -> white



12 bit = 0-4,095 14 bit = 0-16,383



Table 9-2. Common CT Window Settings

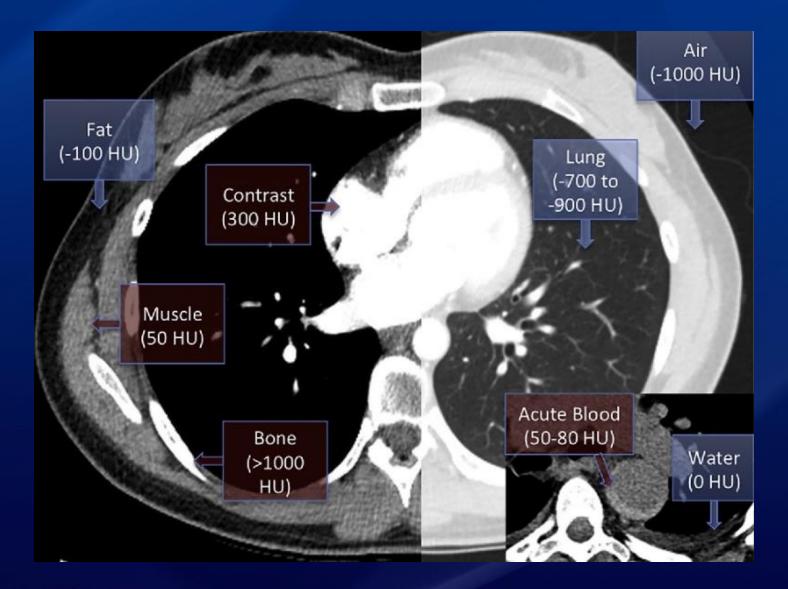
Window	Center	Width
Lung	-498 HU	+1465 HU
Bone	+570 HU	+3077 HU
Soft-tissue	+56 HU	+342 HU
Brain	+40 HU	+200 HU

HU, Hounsfield unit.

The center value is the Hounsfield density to which the central gray shade is assigned. The center value minus half the width is assigned black. The center value plus half of the width is assigned white. No standards have been established for CT window settings, so the exact values used by different institutions may vary.

Center + $\frac{1}{2}$ (width) = black Center - $\frac{1}{2}$ (width) = white







3D Technologies-Segmentation

 Separating anatomical elements based upon differences in image density.

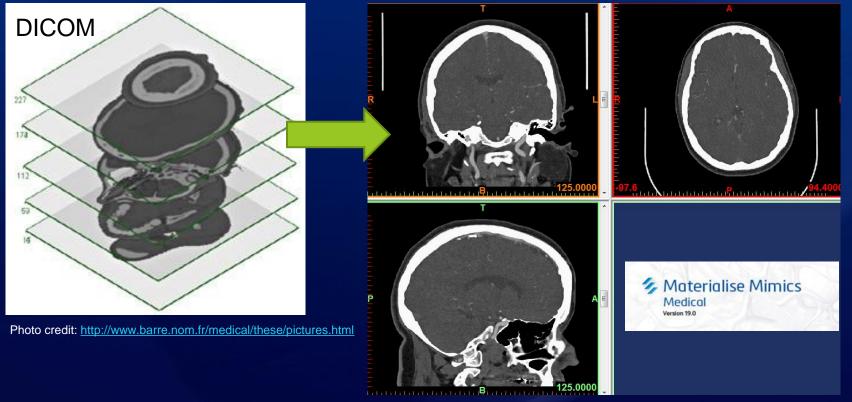


Segmentation

Introduction to 3D Printing Process Step 1: Raw Data Import

Patient data uploaded into Mimics

Most common: CT, MRI



Segmentation

Introduction to 3D Printing Process Step 2: Segmentation in Mimics

Raw Data

Creating a Mask

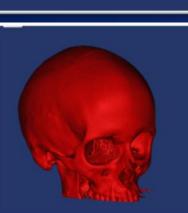
3D Rendering







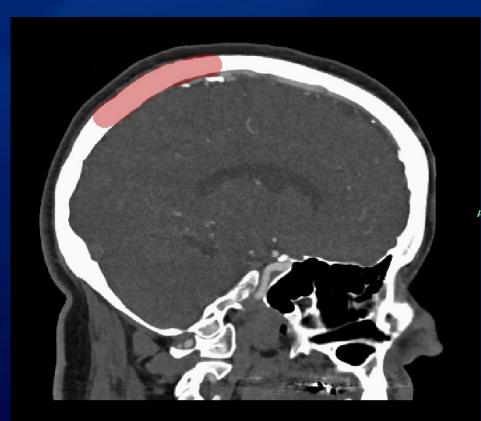
Mask = a collection of pixels on each slice that highlight specific anatomy



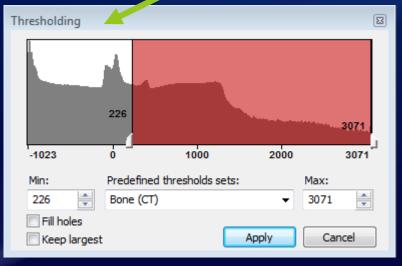


Segmentation

Introduction to 3D Printing Process Step 2: Segmentation (Creating a Mask) Manual Automatic









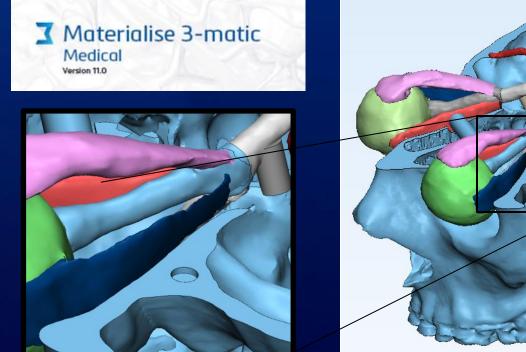
Introduction to 3D Printing Process Image quality

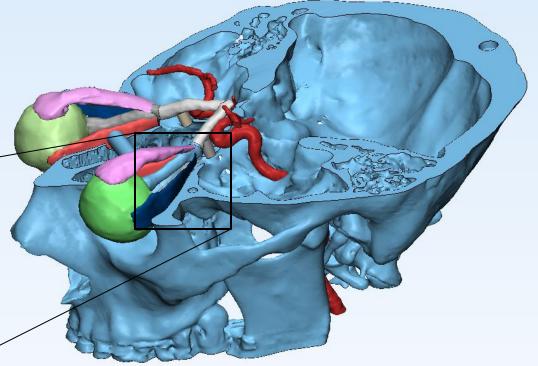
- Current 64-slice scanners <u>accuracy</u> range 0.6-0.9 mm in all 3 dimensions.
- Just like in digital photography there is a tradeoff of speed vs. resolution.
- Small objects resolution requires large difference in signal (Hounsfield units) compared to their direct environment.



Introduction to 3D Printing Process Step 3: CAD in 3-matic

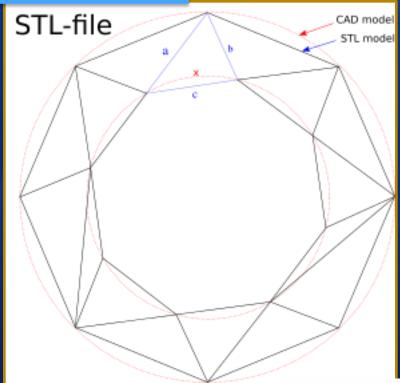
Smoothing is used to prepare model for printing







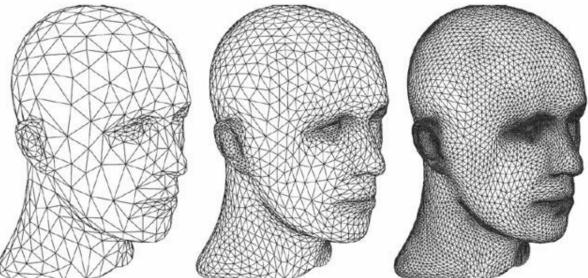
Conversion to STL file



STL-stereolithography file

Tessellation

Mesh





Question 2

- The "Digital" in anatomic 3D printing refers to...
 - A) Computer numerical control (CNC)
 - B) Computer assisted drafting (CAD)
 - C) Power control of the printing device
 - D) None of the above
 - E) All of the above



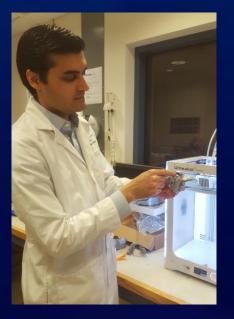
CNC: Computer Numerical Control

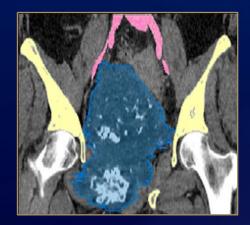
- Object to be manufactured gets translated in an international standard language called G-code
- G-code is stored in and executed by the machine control unit (MCU), microcomputer
- Instructions contain: tool instructions
 - Positioning path(x, y, z), speed, power, material feed rate, etc.



1. Take the Opportunity-Start it up Entry Level is Relatively Low Cost - Needs

- 1 Image acquisition for dimensioning, radiologist
- 1 segmentation software, CAD
- 1 3D printer, fabricators







3D Printers

Material Extrusion









VAT Photopolymerization



Binder Jetting

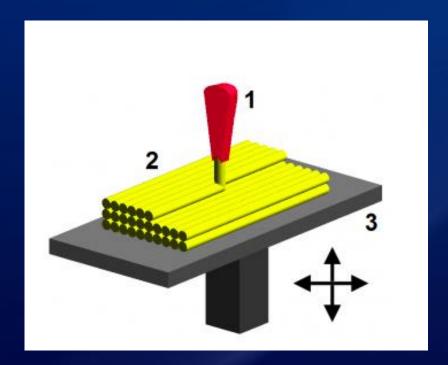


Material Jetting

Fused Deposition Modeling (FDM) Technology

Extrudes thermoplastic filament through nozzle onto the base

- Rapid prototype
- Strong
- Requires Slicer software
- Visible lines
- Clean support required





Fused Deposition Modeling (FDM) Technology

CREALITY

CR-10S PRO €519,99

- Both automatic leveling and auxiliary leveling modes
- Resume printing function, restart and continue printing
- Double gear extrusion mechanism, has a large extrusion to make sure feeding smoothly
- Filament detection, the transparent filament can also be detected
- V2.4.1 Motherboard, four-layer PCB board, TMC ultraquiet drive 256 subdivision, print more precision
- With high-quality Teflon tube, high temperature resistant makes the feeding smoother, improves the printing quality
- 5 minutes quickly heating up to 110°C



BUY NOW

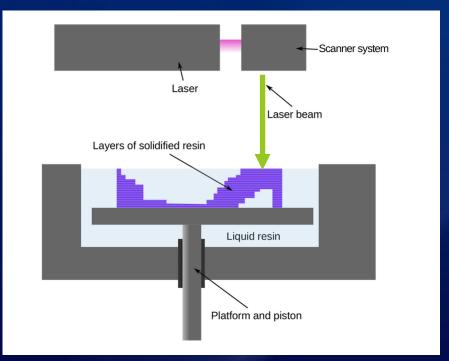


Polylactic Acid (PLA) thermopolymer

Stereolithography (SLA) and Polyjet Technology

- Serious accuracy and precision
- Chemical bath to remove any excess resin.
- Post-cure in an ultraviolet oven.
- Polyjet: multiple colors, multiple polymers, multiple hardnessess.

Laser cure of liquid polymer 1 layer at a time

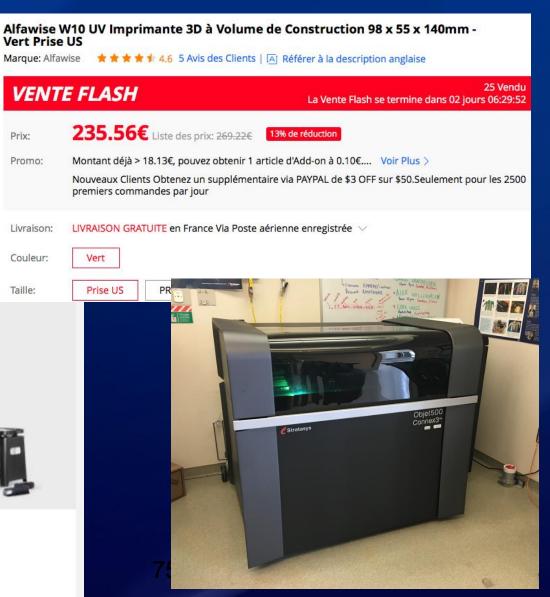




Stereolithography (SLA) and Polyjet Technology

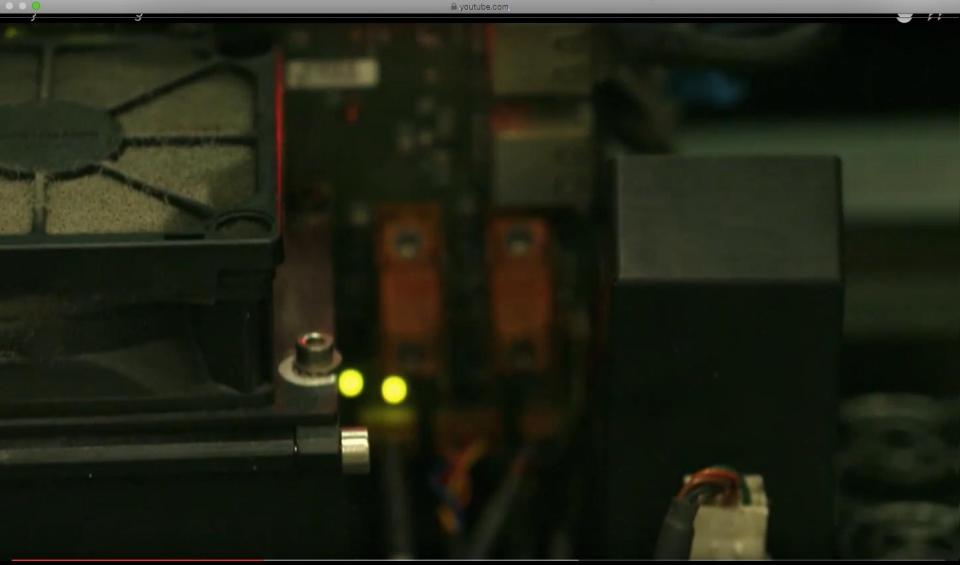


Form 3 Basic Package Starting at \$3,499.00



Safari File Edit View History Bookmarks Develop Window Help

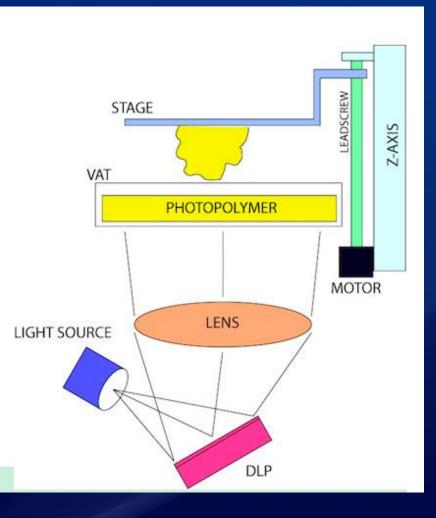






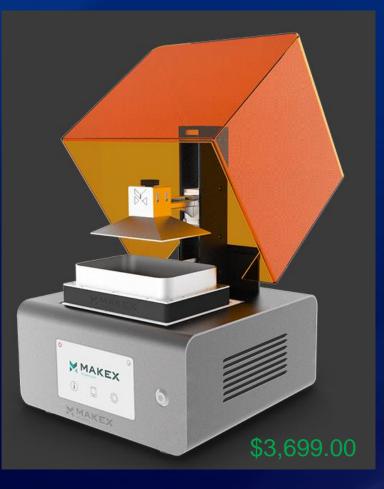
Digital Light Processing (DLP)

- Fast
- Light exposed to entire layer at once
- Smaller format than SLA



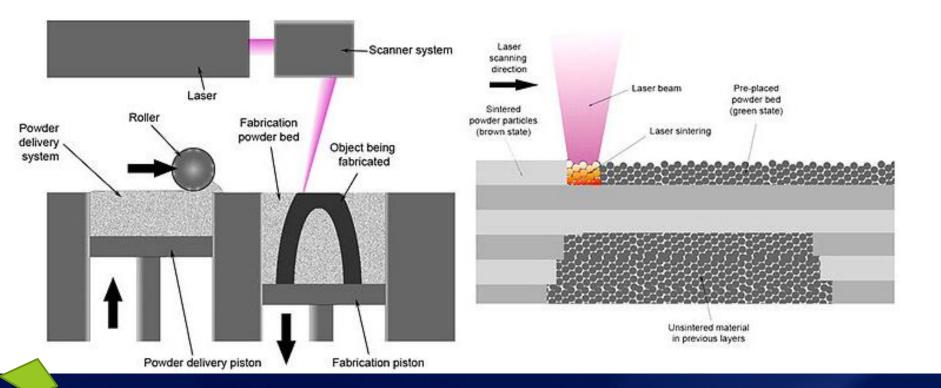


Digital Light Processing (DLP)





Selective Laser Sintering (SLS) Technology



CO₂ lasers fuse particles together. Powdered metal (titanium) or materials (white nylon powder, ceramics, glass) Surgical guides, metal implants



E-Beam AM Equipment

Arcam Model A1

- Electron Beam Melting (EBM)
 - Powder Bed
 - Vacuum
 - Elevated Temp
 - Low Distortion
 - Excellent Properties
- Model A1
 - 200mm x 200mm x 180mm
- Materials
 - Ti and Ti Alloys
 - CoCr
 - Nickel Alloys (Inconel)
 - Steel Alloys
 - Others???
- CSRIO Level 3 Training





LIRC





Our Workhorse 3D Printer

- Printer: Stratasys Objet500 Connex3
 - Material Jetting 3D Printer
 - Commercial grade
- UV-cured photopolymer resin
- Different materials
 - Support material
 - Model material





Introduction to 3D Printing Process

Specifications

SYSTEM SIZE AND WEIGHT

1400 x 1260 x 1100 mm (55.1 x 49.6 x 43.4 in.); 430 kg (948 lbs.) Material Cabinet: 330 x 1170 x 640 mm (13 x 46.1 x 26.2 in.); 76 kg (168 lbs.)

BUILD SIZE

Objet350: 342 x 342 x 200 mm (13.4 x 13.4 x 7.9 in.) **jet500:** 490 x 390 x 200 mm (19.3 x 15.4 x 7.9 in.)

R THICKNESS

tal build layers as fine as 16 microns (.0006 in.)

ACCURACY

Hos

Up to 200 microns for full model size (for rigid materials only, depending on geometry, build parameters and model orientation)

BUILD RESOLUTION

X-axis: 600 dpi; Y-axis: 600 dpi; Z-axis: 1600 dpi





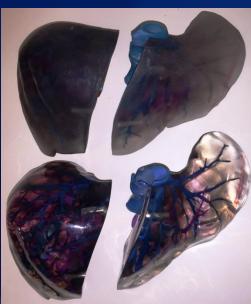
Introduction to 3D Printing Process Step 5: Post-processing

Work done after printing

- Cleaning off support material
- Magnets
- Clear coat









Printing and Cleaning Models

• Objet Printer

• Projet Printer









Printer Tech- nology*	Description	Typical Three-Axis Resolution [†]	Model Surface	Advantages	Disadvantages
Material ex- trusion with FDM	Thermoplastics are melted and extruded by a tip onto the build platform	z-axis: 0.1–0.5 mm x-y-axis: 0.1–0.4 mm	Very rough	Low cost Strong materials Models can be printed by using one or two materials, which may be different colors and rigid or flexible	Slow Spatial resolution lower than that with other mo- dalities Models can be permeated by liquids owing to layer adhesion
Material jetting	Droplets of epoxy- or acrylic-based liquid photo- polymers are jetted onto a tray and polymerized and solidified by means of expo- sure to ultravio- let light	z-axis: 0.03 mm x-y-axis: 0.05 mm	Slightly rough	Most versatile for anatomic models (same model can have multiple col- ors and be com- posed of multiple materials) Short-term biocom- patible material is available for surgical guides and tools	imperfections Expensive Slow
Vat photopo- lymerization with SLA	Photopolymer held in a vat is polymerized by, for example, an ultraviolet laser by means of illu- mination of the top or bottom surface of the liquid	z-axis: 0.02–0.20 mm x-y-axis: 0.075– 0.200 mm	Smooth	Ideal for hollow vascular models because they can be printed without sup- port material in hollow portions, depending on the orientation Biocompatible materials are available	Labor-intensive removal of sup- port struts Only one material can be used for each model
Binder jetting	A liquid adhesive is jetted onto a bed of gypsum or ceramic powder	z-axis: 0.05–0.10 mm x-y-axis: 0.05 mm	Rough	Vibrant full-color models No supports re- quired; can con- stituently print complex shapes	Fragile models tha need infiltration with acrylics or elastomers after printing Only one material is used
Powder bed fusion involving SLS, direct metal laser sintering, and elec- tron-beam melting	Powder of plastic, metal, ceram- ic, or glass is sintered by a high-power laser	z-axis: 0.1–0.2 mm x-y-axis: 0.075– 0.200 mm	Rough	Materials include implantable metal alloys (eg, titanium, cobalt-chrome) or synthetic poly- mers (eg, nylon, polyether ether ketone) No supports re- quired	Expensive Models need substantial machining post- processing (eg, polishing)



Discuss the Model with the Surgeon







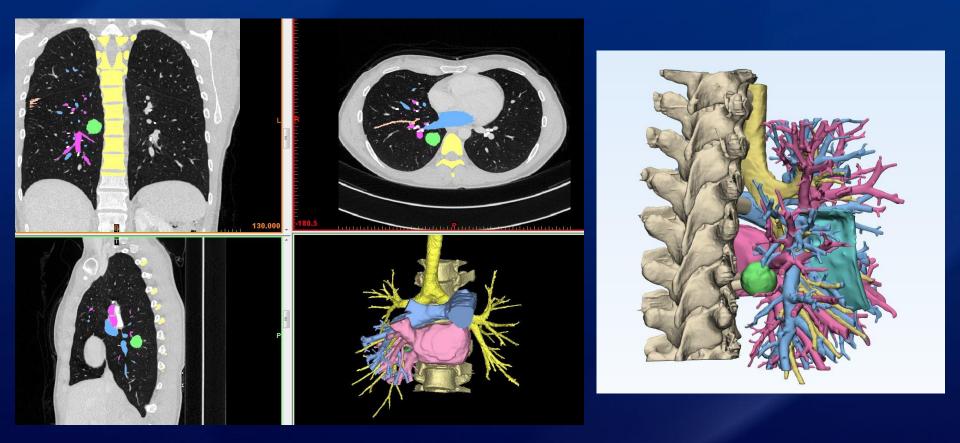


3D Technologies-Dimensioning Data Source (INTERNAL ANATOMY)

- Examples
 - Carcinoid tumor
 - Pancoast tumor
 - Mediastinal ganglioma
 - Lung segmentectomy
 - Thoracic osteosarcoma
 - Sterncostal reconstruction

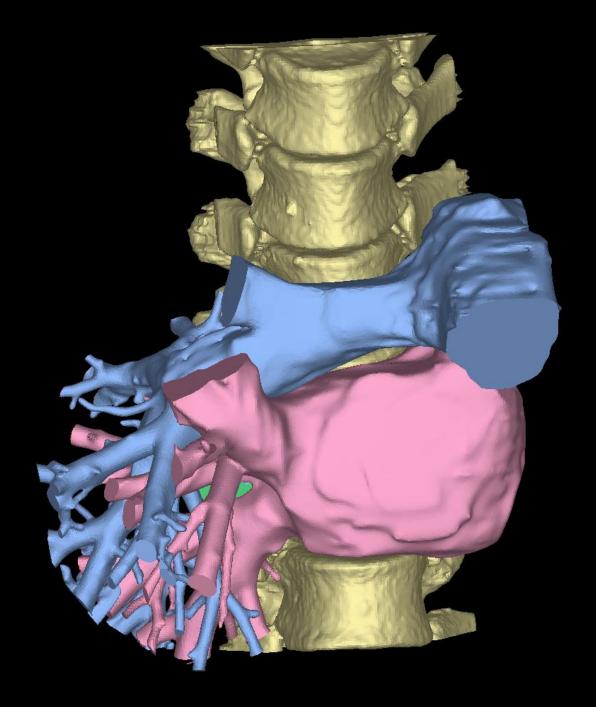


Carcinoid Lung Tumor Segmentation and CAD processing



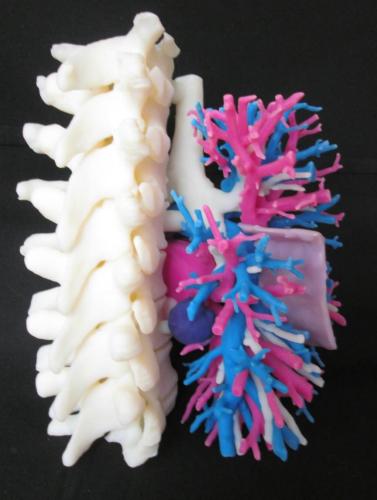
"Surgery is moved up... I need it tomorrow"





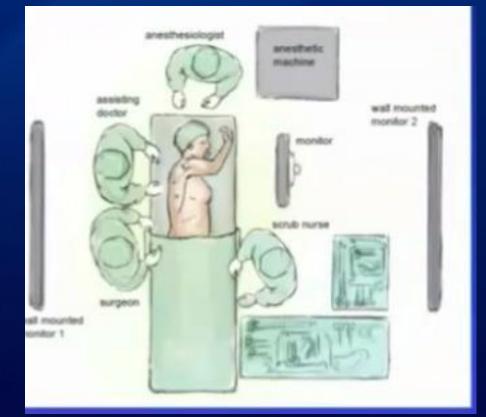
Carcinoid Lung Tumor

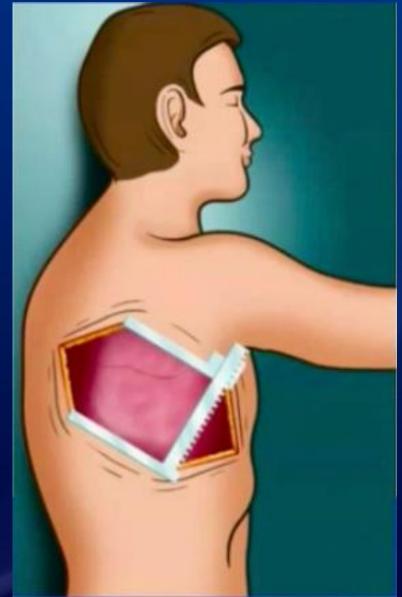






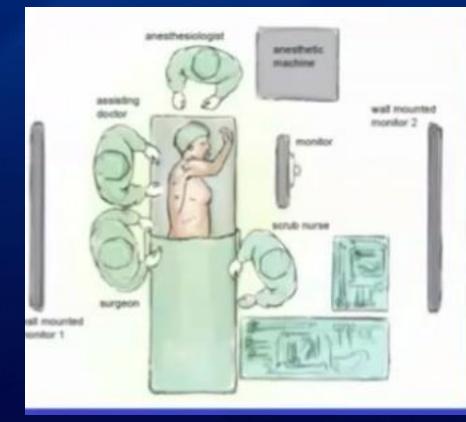
Pancoast Tumor-minimally invasive?

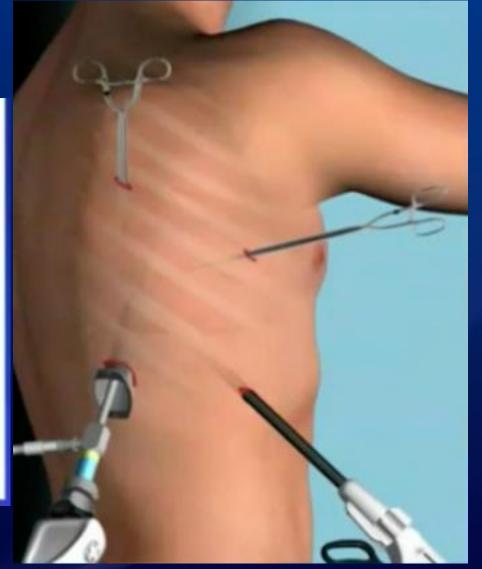




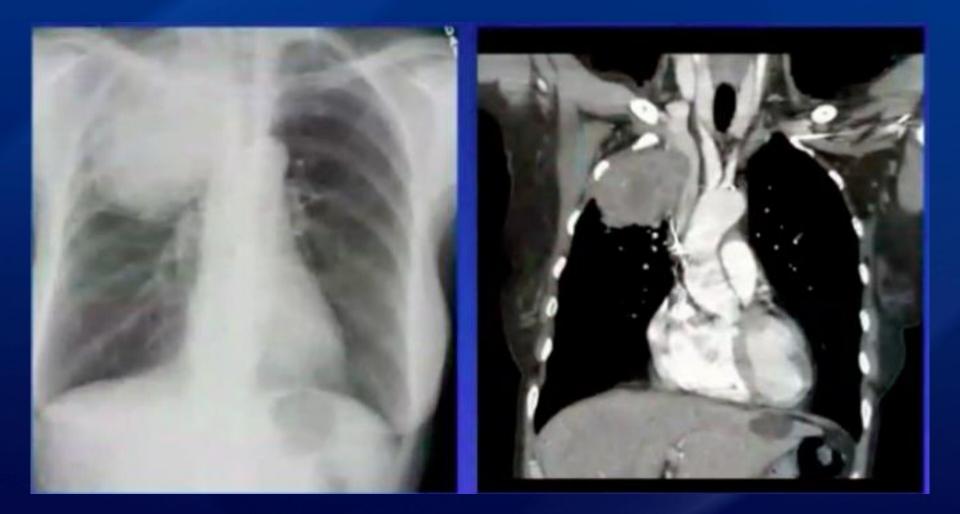


Pancoast Tumor-minimally invasive?















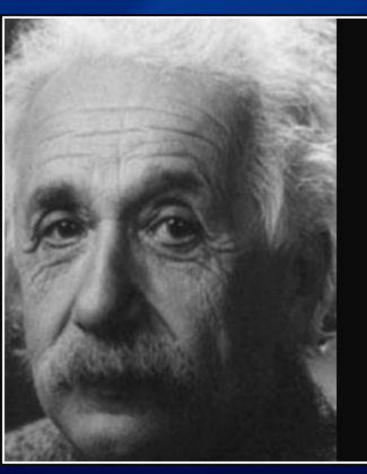
Pancoast Tumor

Surgeon comment: "I would not think I could do this without the model".





Mental Gymnastics



Genius is making complex ideas simple, not making simple ideas complex

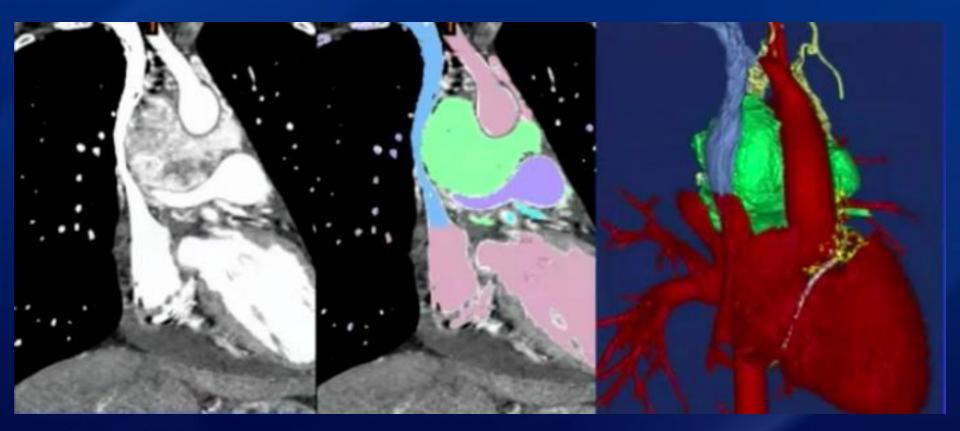
— Albert Einstein —





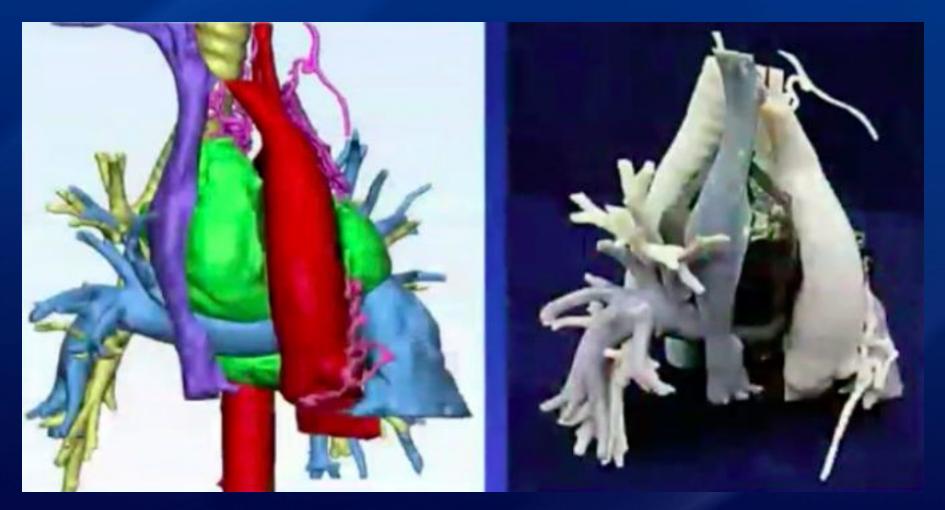


Mediastinal Paraganglioma



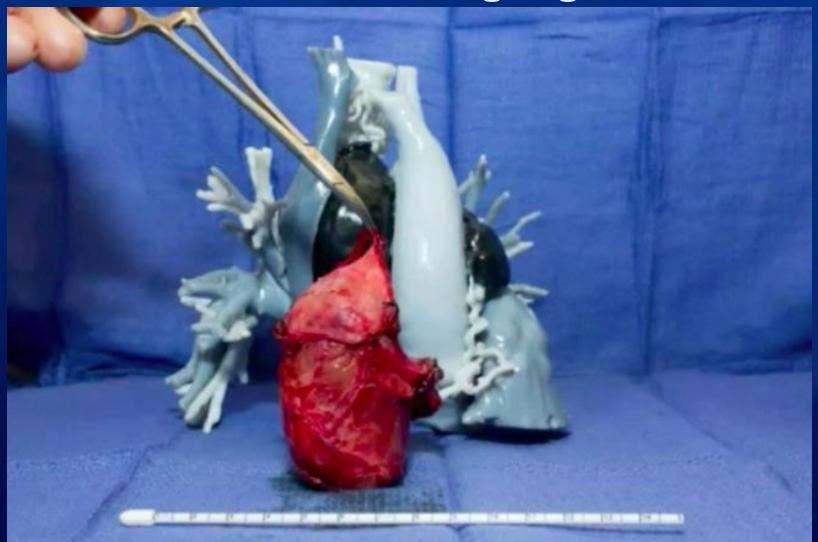


Mediastinal Paraganglioma





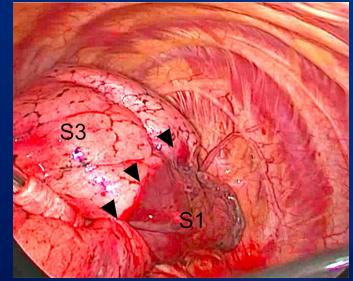
Mediastinal Paraganglioma





Lung Segmentectomy

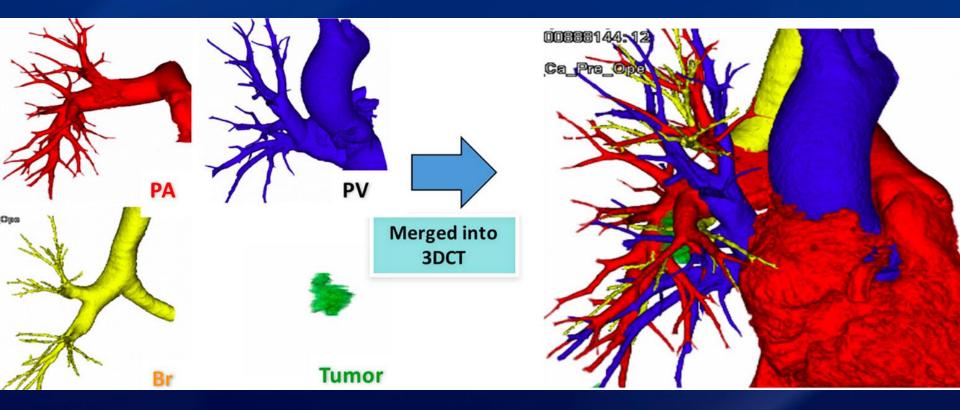
- Inflation and deflation of segment
- Thermography
- Indocyanine green (ICG)



 Problem: For either method, the segmental artery or segmental artery/bronchus/vein must be correctly recognized intraoperatively.



Segmentectomy



Journal of Visualized Surgery, 2017

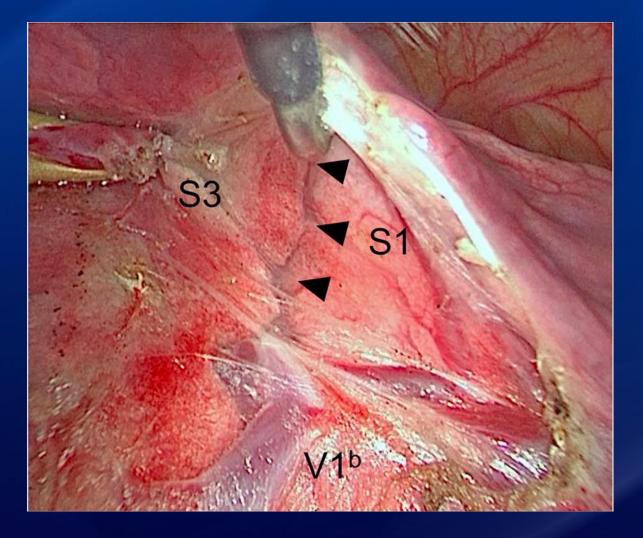


Segmentectomy

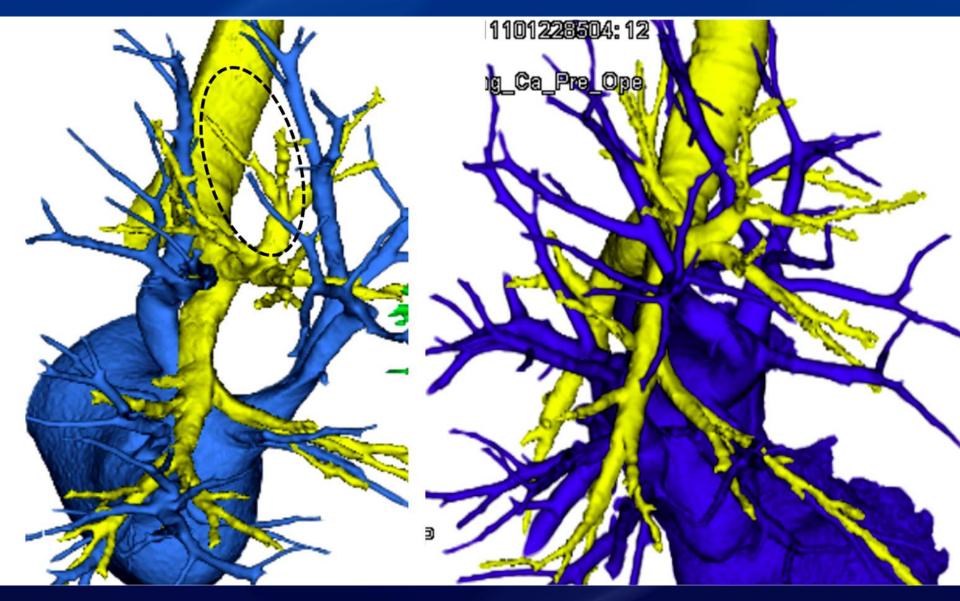




Segmentectomy

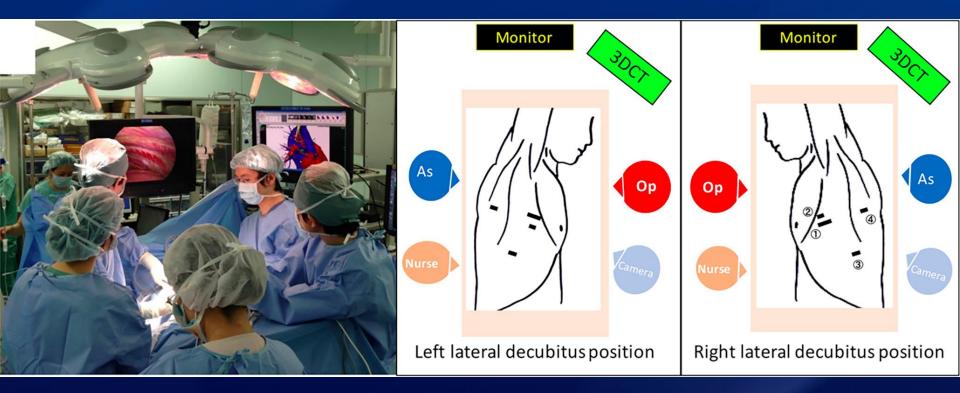








Segmentectomy

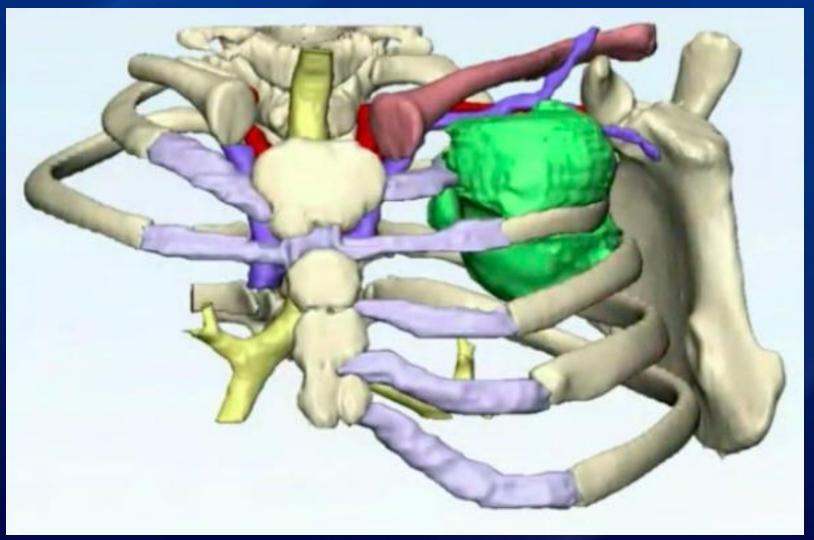


Journal of Visualized Surgery, 2017



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Pediatric Osteosarcoma





Pediatric Osteosarcoma

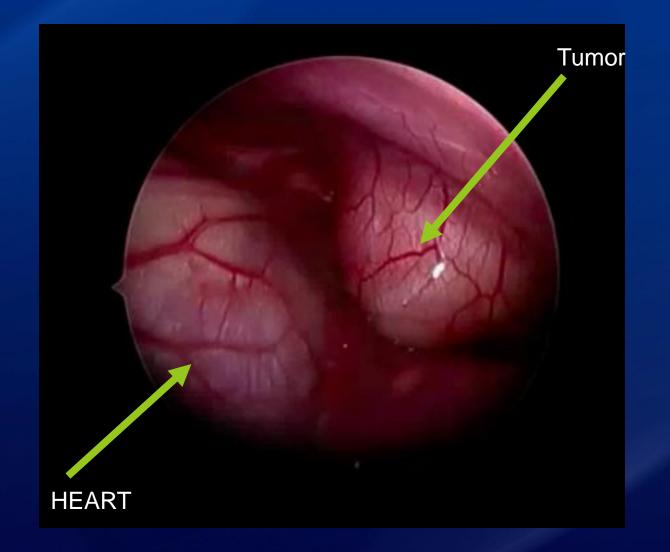
Helps to see the forest



SITUATIONAL AWARENESS













Models are Lifesize





Published Benefits of Surgical Models

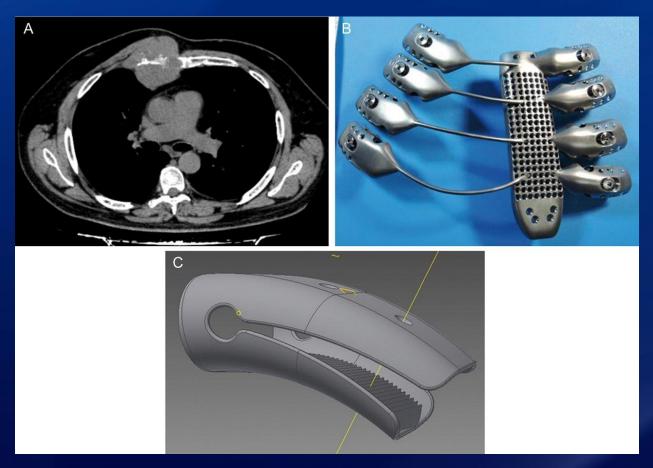
 Median time savings of 20% in operating room and anesthesia time.

 62% of surgeons believe models are important for proper diagnosis

> JOMFS Volume 57, Issue 9, September 1999, Pages 1040-1043



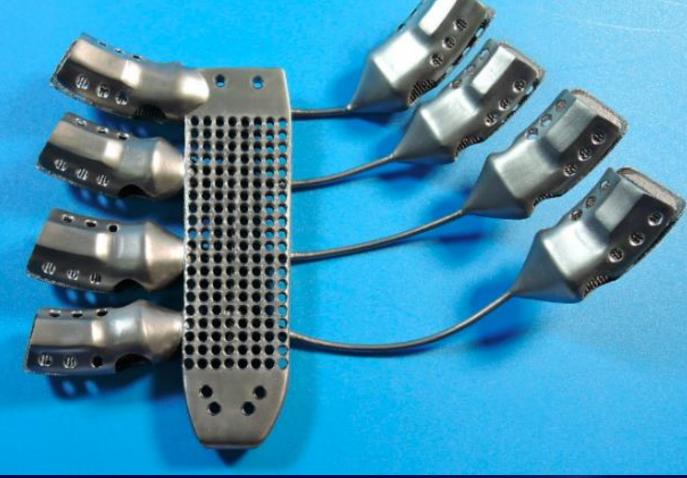
Tridimensional titanium-printed custommade prosthesis for sternocostal reconstruction



MAYO CLINIC *European Journal of Cardio-Thoracic Surgery*, Volume 48, Issue 4, October 2015, Pages e92–e94

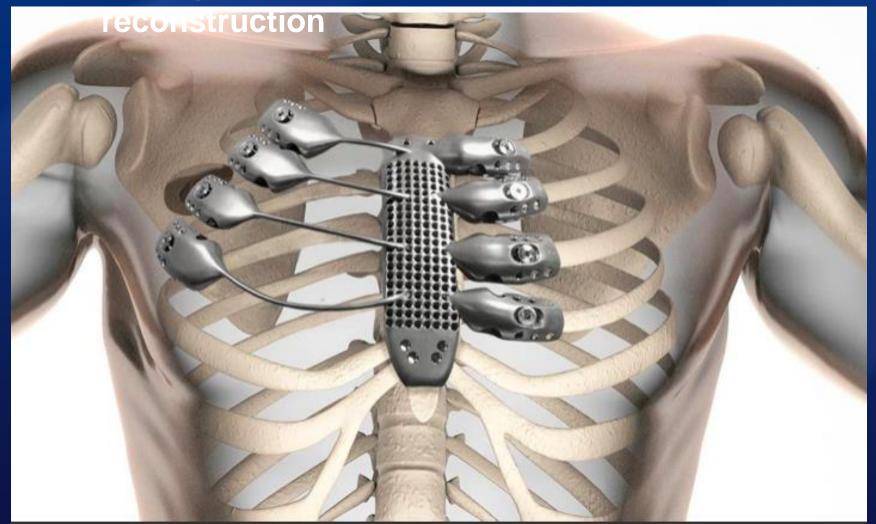
Tridimensional titanium-printed custommade prosthesis for sternocostal

reconstruction



MAYO CLINIC *European Journal of Cardio-Thoracic Surgery*, Volume 48, Issue 4, October 2015, Pages e92–e94

Tridimensional titanium-printed custommade prosthesis for sternocostal



MAYO CLINIC *European Journal of Cardio-Thoracic Surgery*, Volume 48, Issue 4, October 2015, Pages e92–e94

Location, location, location Hospital Based Practice



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Hospital printing is like running a small shop with many moving parts.....



5. Collaboration is essential





Develop closer ties to surgical colleagues.

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3D Technologies-Dimensioning Data Source (EXTERNAL ANATOMY)



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Infants and CPA:P

- Premature infants & children with sleep disorders require CPAP machines
- <u>Problems</u> with CPAP:
 Ill-fitting devices—leak
 Drying and tearing fragile skin
- <u>Goal</u>: Custom CPAP masks
 - Decrease leak & skin pressure







Common types of CPAP for Infants

Hamilton Medical Infant CPAP Mask Hudson RCL Infant Nasal CPAP



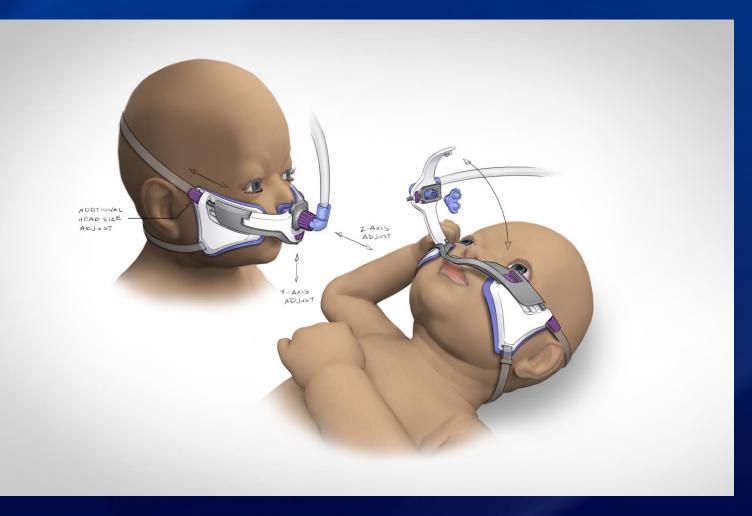
Common types of CPAP for Infants

Hamilton Medical Infant CPAP Mask





CPAP Prototype





Objectives

Create 3D models of infants faces

- Accurate shape and hardness
- Inexpensive
- Non-invasive
- Repeatable





Hypothesis

 A custom CPAP mask insert will reduce the overall skin pressure and mask tension to achieve no leak between the mask and the face.





3D Surface Scanning Technologies

Computed Tomography (CT)	Laser Scanning	Photogrammetry	Structured Light Scanning
 X-ray based Costly Radiation 	 Laser light and/or blue light Movement Difficulty scanning shiny surfaces 	 Inaccuracy Cumbersome Movement artifact Landmark registration 	 New technology Accuracy iPHONE 10



LASER SCANNING

Accuracy 0.05mm



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LASER SCANNING

- Potential danger eye damage
- Scan time in minutes (too long)



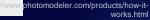


http://1849462378.rsc.cdn77.org/wpcontent/uploads/formidable-gallery/images/485/laser-scannerartec-1030x775.jpg



- The science of making measurements from photographs.
 - Take photographs with multiple common points
 - Software detects the camera's position and angle from the object
 - Point cloud
 - Triangulated mesh
 - Mesh creates the 3D image

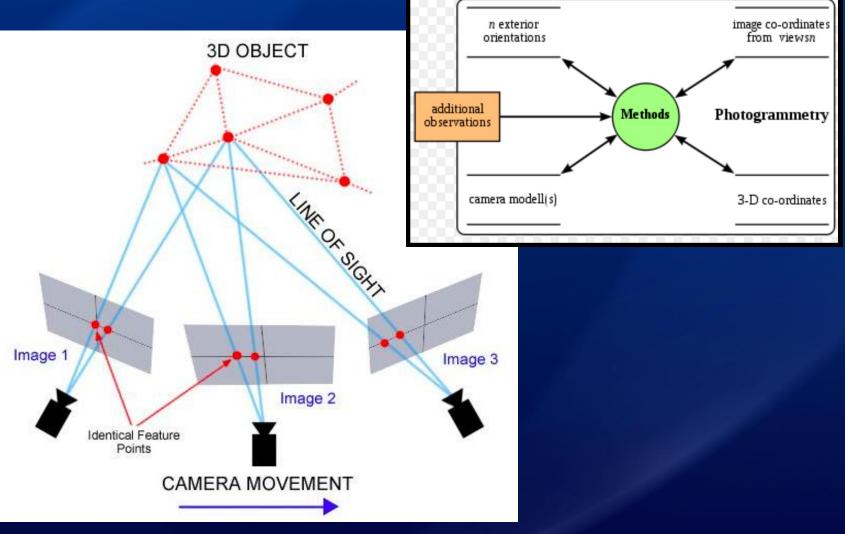




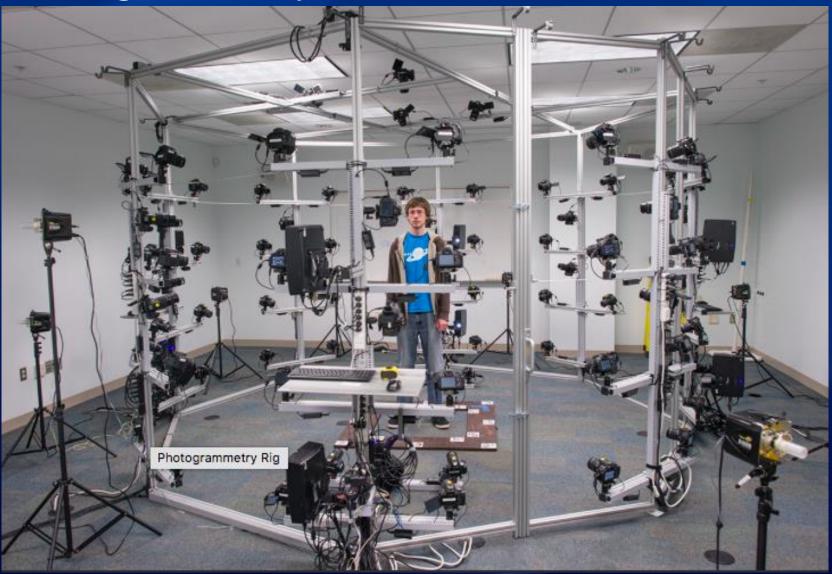


https://www.infotechenterprises.net/image Modelling-Meshing.jpg











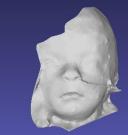
Neonatal CPAP Project

Added texture
"mask" made of light



Ultrasound gel





- Macro and magnifying lenses
 - Macro lenses for quality of image
 - Magnifying lenses to account for wide FOV



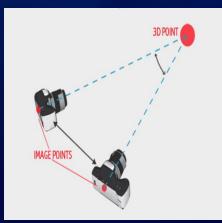
Partnered with a 3D modeling and surface scanning company to create a custom rig





• For clinical use single camera problem is subject motion during multiple acquisitions.

 Multicamera limits use to expensive dedicated studios





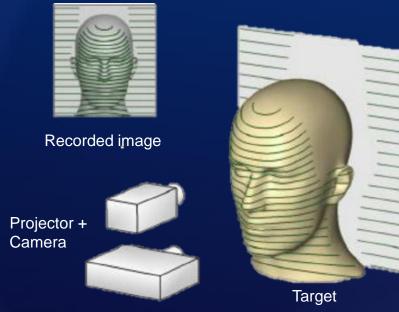
http://www.photomodeler.com/products/how-itworks.html



https://www.infotechenterprises.net/image/3D-Modelling-Meshing.jpg

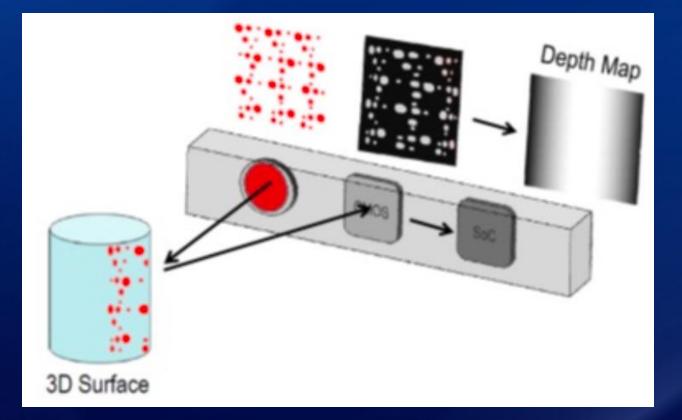
Structured Light Scanning

- Project patterns onto an object
- Calculate the distance from the scanner to the object



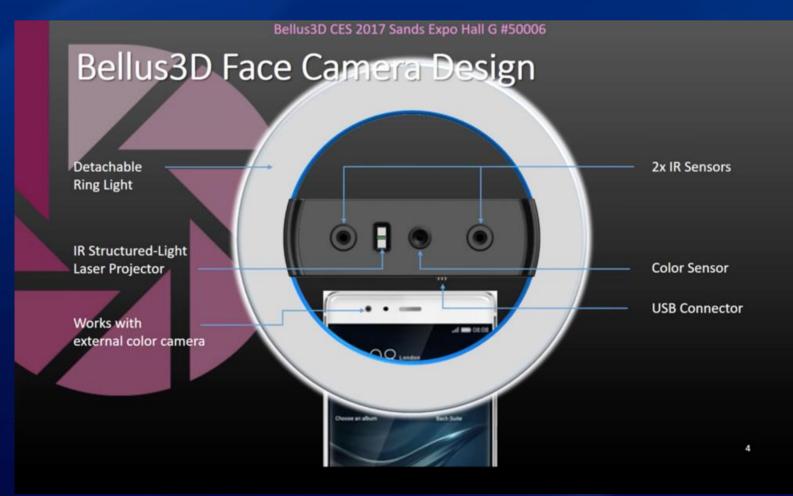


Structure Light Scanning



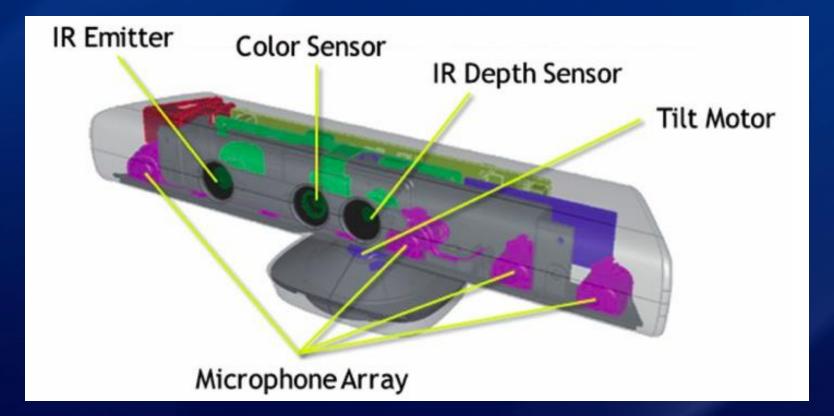


Bellus3D





Structure Light Scanning





Bellus3D

1. Initial Frontal Orientation





Orange = detecting

Green = face detected

2. Initial Head Mesh: Static Frontal



- Face and Eyes detected using color Imaging
- Nose Tip detected by analyzing depth data

3. Second Head Mesh: Dynamic Head Tulk:nFinal Product: OBJ with .MTL and .JPG



Created from video frame Computed using transformation of 3D points

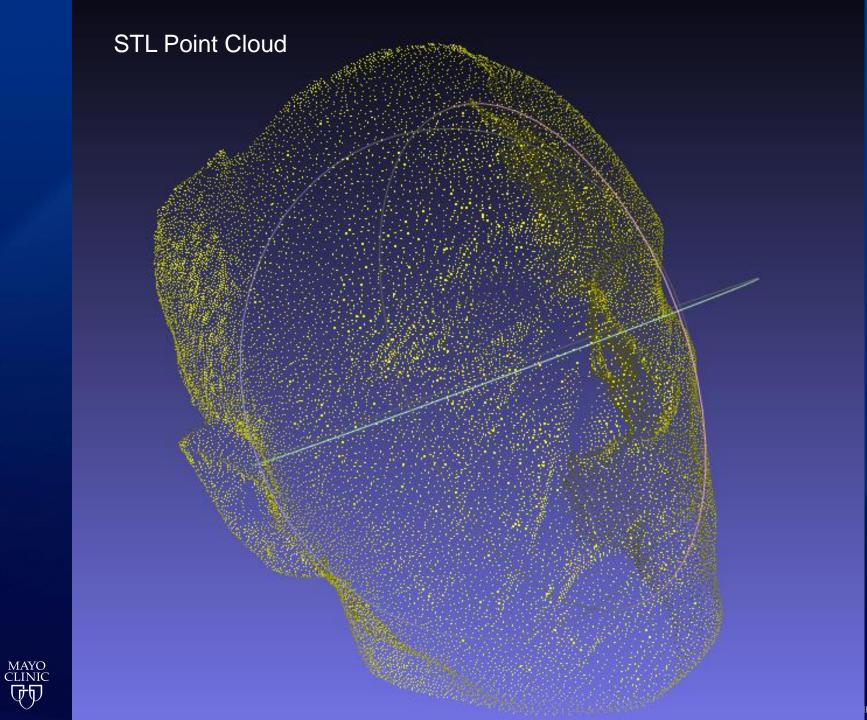


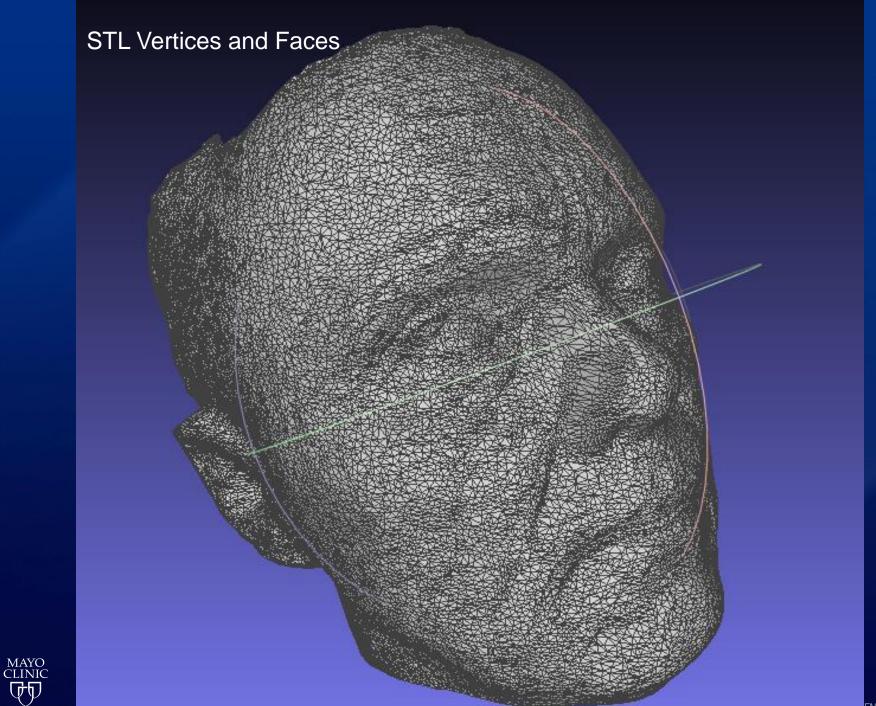


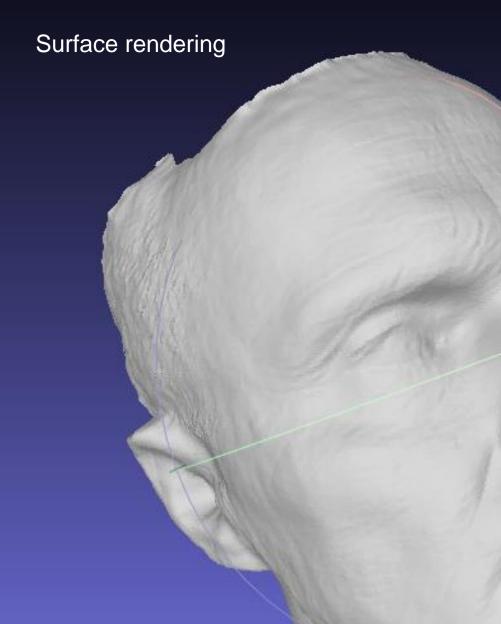


3D model by Bellus3D FaceApp for iPhone X











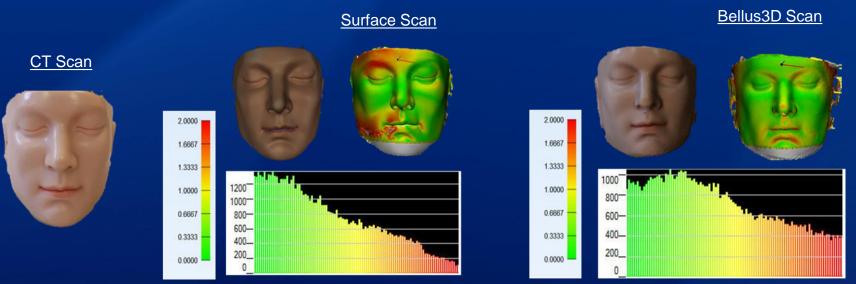


CPAP Test Model



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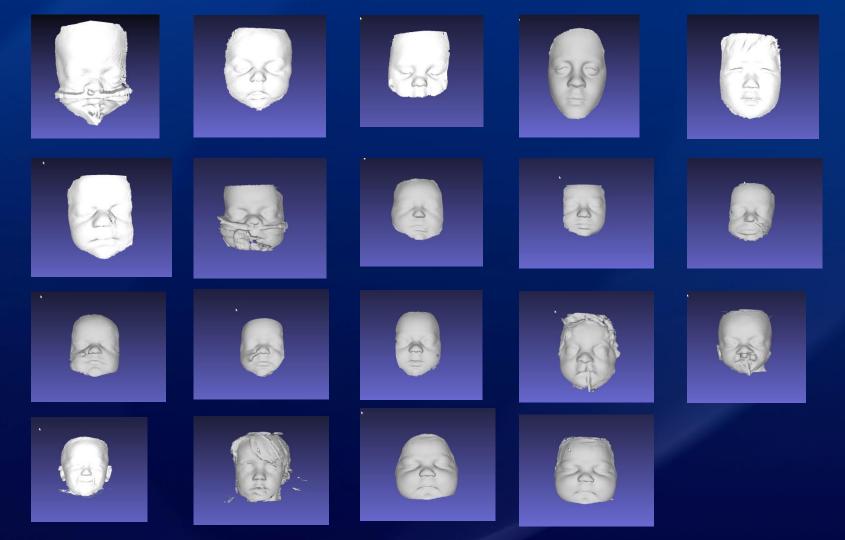
Accuracy



- Green is < 1mm difference between the CT scan and the given surface scan
- Red is >1mm
- Bellus3D scan is more accurate, specifically around the nose and upper cheeks



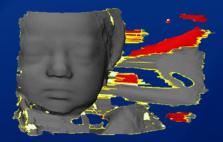
Bellus Surface Scans



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3D Model Creation

Raw STL From Bellus3D

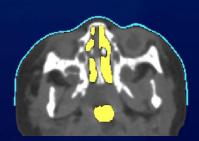


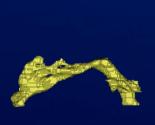






Nasal Canals



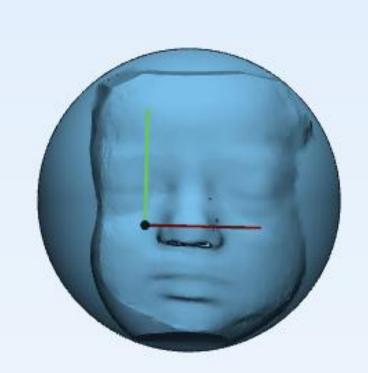






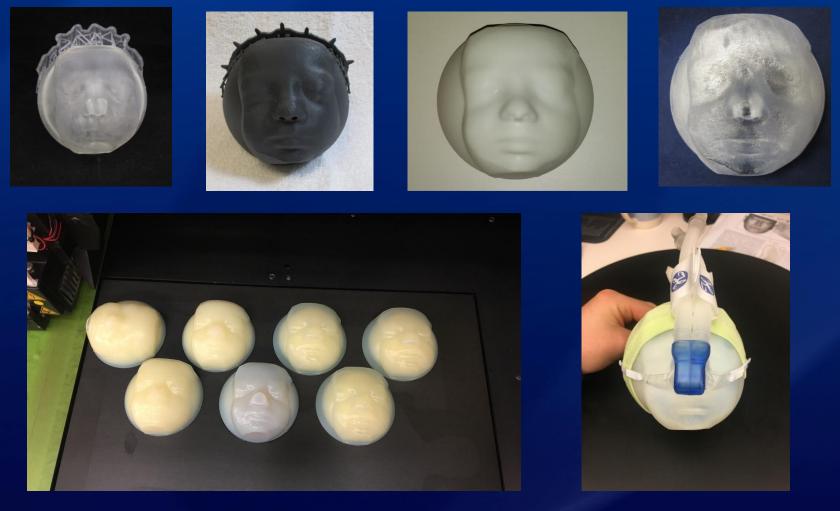


Final 3D Model





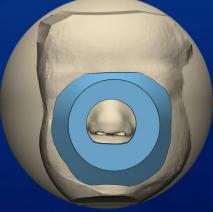
Prints



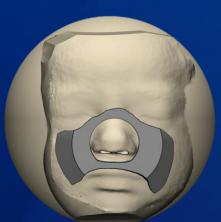


Customizable CPAP Inserts

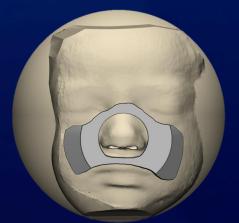
Original CPAP







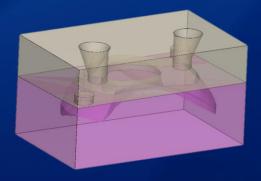
(Smaller Nasal Opening)

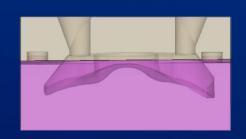


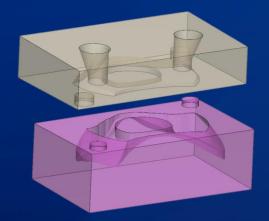


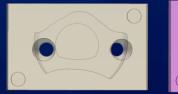


Silicone Molding Masks















Shore 10



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Pressure transducers: Set-up

The Arduino, Breadboard, and

Sensors

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Pressure Points



The Helping Hands: Soldering Tool



CPAP Mask and Bonnet



Respirator



Pressure Testing

Ppeak cmH2O Output



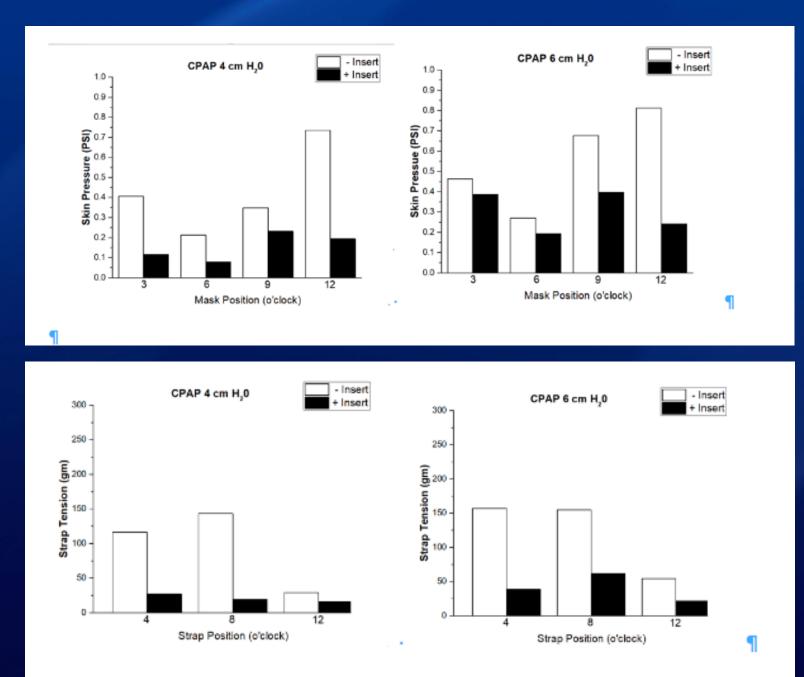


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4.1	20 Paw cm#20	C Mod	nCPAP Neonatal
4.1 PEEP/CRAP 20 0.598%	i i i nCPAP No apresa d No disconne	3 4 5 etection! iction detection!	4 PEEF/CPAP
13.7 Insp Flow Voin Monitoring	Tools Eve	nts Syster	Controls Alarms
HAMILTON	N-T1		

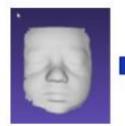


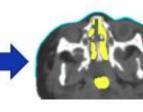






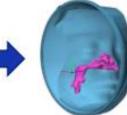
3D infant face model and CPAP insert design and fabrication workflow.





Scanned infant face





CAD design: add nasopharynx to face



3D Printed facial model



Design insert to form fit face and widen contact surface area





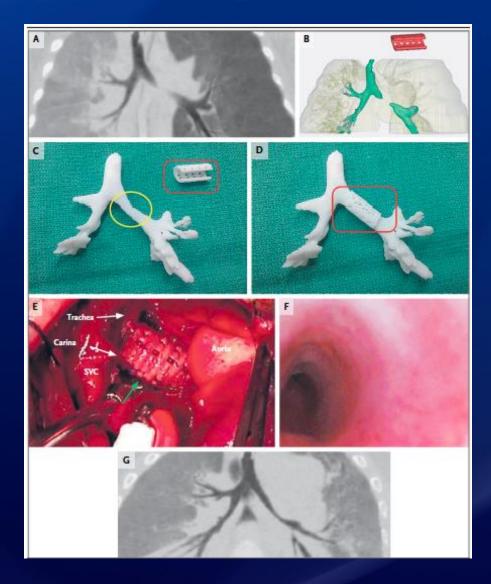
Create mold of insert and inject with silicone Couple insert with CPAP and place on face mask of infant



Face with insert and CPAP mask for testing



Polycaprolactone Splint for Tracheomalacia

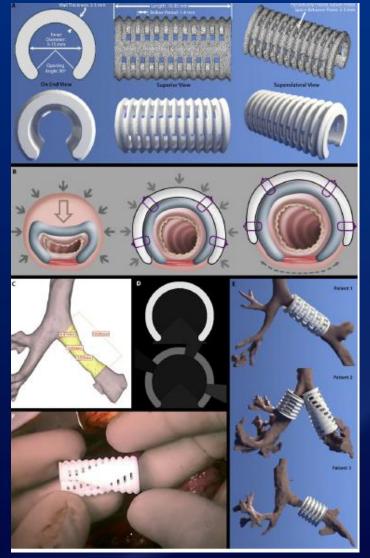




NEJM 368;21 May 23, 2013

Polycaprolactone Splint for Tracheomalacia

Expanded with airway growth (in the "fourth dimension").





Sci Transl Med. 2015 April 29; 7(285):

Innovation Tracheal stent deployment

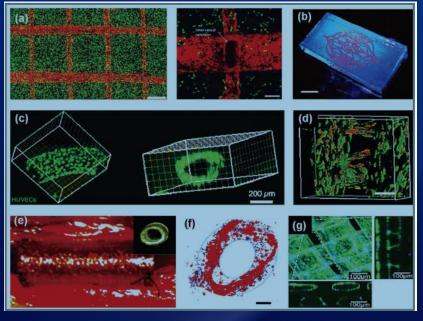




3D Bioprinting for Organ Regeneration

Cellular Bioprinting

- Droplet based (inkjet like cell-laden hydrogel)
- Extrusion-based (extrudes cell-laden filament)
- SLA-based
- Acellular Bioprinting
 - Extrusion-based scaffolds
 - Laser-based scaffolds



Adv Healthc Mater. 2017 January ; 6(1):



Hydrogel SLA Printing of Lung Unit

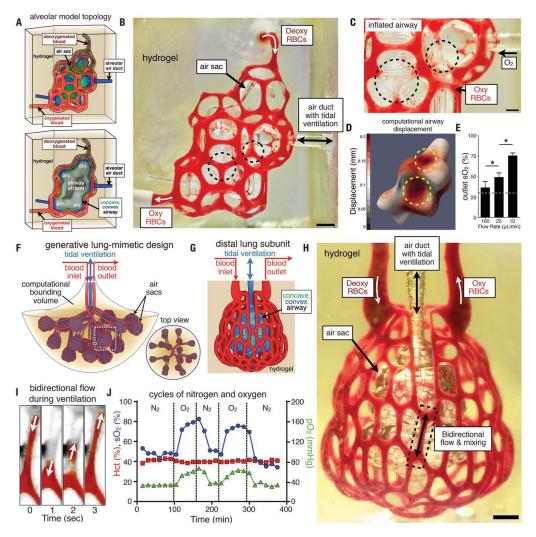


MAYO CLINIC *Science* 03 May 2019: Vol. 364, Issue 6439, pp. 458-464

Jordan Miller, Rice University

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Fig. 3 Tidal ventilation and oxygenation in hydrogels with vascularized alveolar model topologies.



Bagrat Grigoryan et al. Science 2019;364:458-464



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Reimbursement AMA approves category III (CPT) code June 26, 2019

CPT Code	Code Description
0559T	Anatomic model 3D printed from image data set(s); first individually prepared and processed component of an anatomic structure
0560T	Each additional individually prepared and processed component of an anatomic structure (List separately in addition to code for primary procedure) (Use 0560T in conjunction with 0559T)
0561T	Anatomic guide 3D printed and designed from image data set(s); first anatomic guide
0562T	Each additional anatomic guide (List separately in addition to code for primary procedure) (Use 0562T in conjunction with 0561T)



U.S. Centers for Medicare and Medicaid may use these coding instruments for <u>FUTURE</u> reimbursement.



Question 3

- The most important person in a 3D printing laboratory is the...
 - A) Radiologist
 - B) Anatomist
 - C) CAD station "segmenters"
 - C) Pulmonologists
 - D) Biomedical Engineer
 - E) Surgeons
 - F) Financial Administrator



Hospital printing is like running a small shop with many moving parts.....



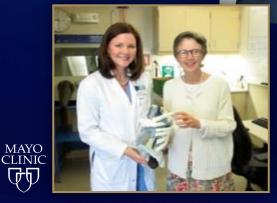
3D Modeling is a CONVERGENCE: Surgery, Radiology, Engineering.....











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Questions & Discussion