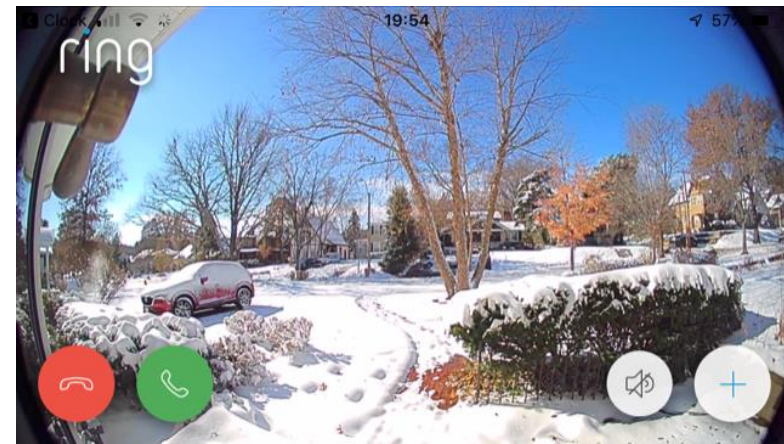




Nichttuberkulöse Mycobacteriosen

Andreas Schmid



gitsdrshi

RU 😊 K?™

Are you ok?

NTM: Non-Tuberculous Mycobacteria

Who is NTM

- All species of mycobacteria (about 200)

EXCEPT

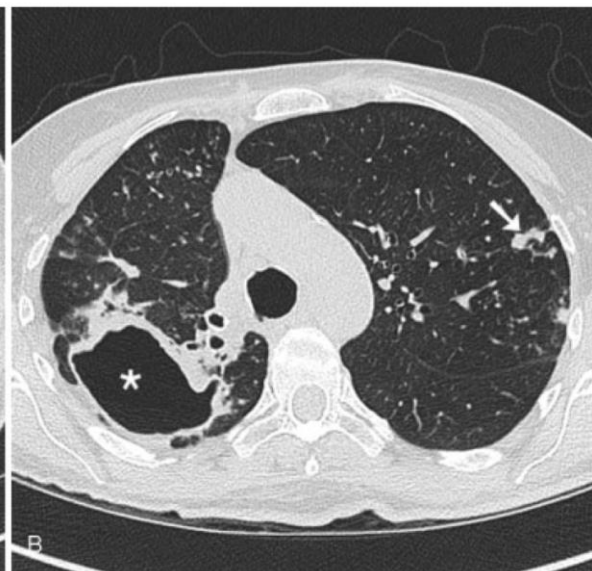
- Mycobacteria that cause tuberculosis
 - *M. tuberculosis*, *M. bovis* and *M. africanum* in human
- Mycobacteria that cause leprosy
 - *M. leprae*

Typical clinical presentations

- Chronic pulmonary disease
- Lymphadenitis
- Cutaneous disease
- Disseminated disease

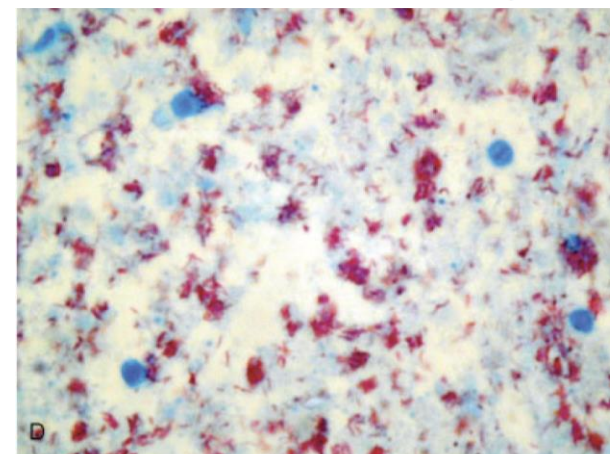
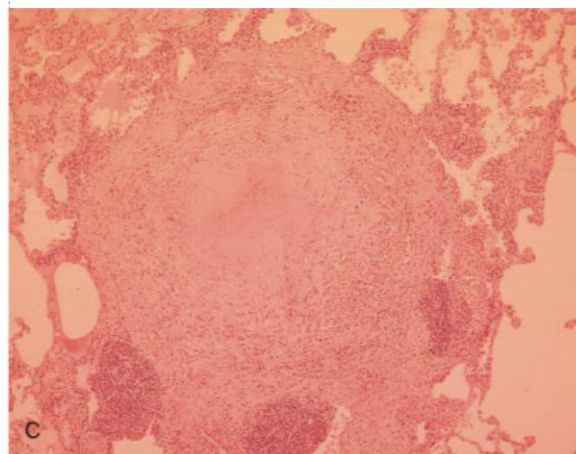
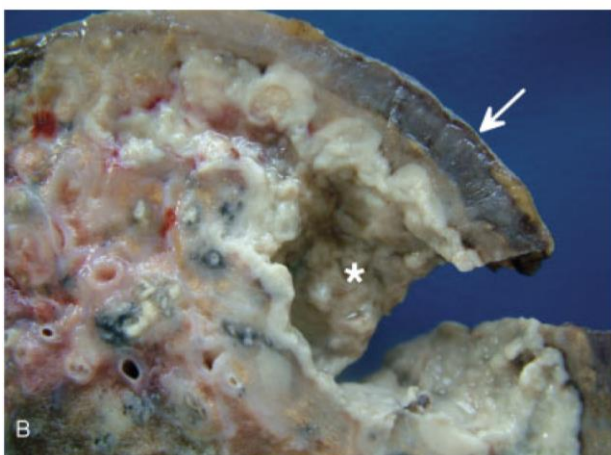
Types of pulmonary NTM

nodular
bronchiectatic



Fibro-cavitary

Seminars in Respiratory and Critical Care Medicine Vol. 39 No. 3/2018



Macroscopic pathology RUL

Necrotizing granuloma

Ziehl Neelsen stain

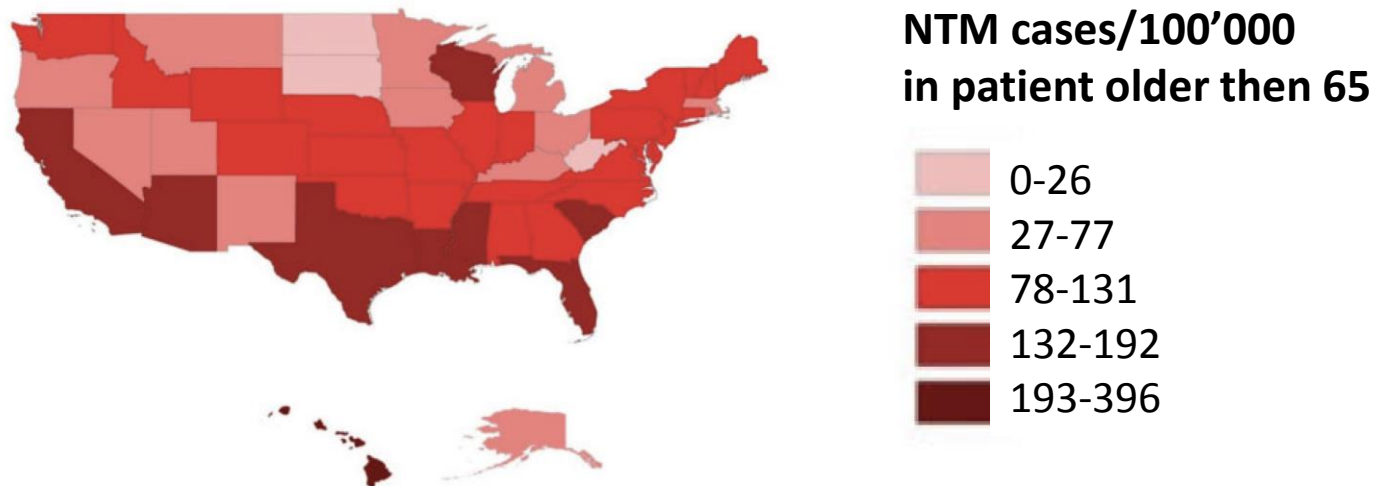
ATS criteria for pulmonary NTM DISEASE

Microbiological	Positive culture from ≥ 2 sputum samples or Positive culture form bronchoalveolar lavage or wash or Lung biopsy with compatible histology <i>and</i> positive culture from biopsy or sputum sample
Radiological	Nodular or cavitary opacities on chest radiograph or Multifocal bronchiectasis and multiple small nodules on HRCT chest
Clinical	Compatible symptoms and Exclusion of alternative diagnoses

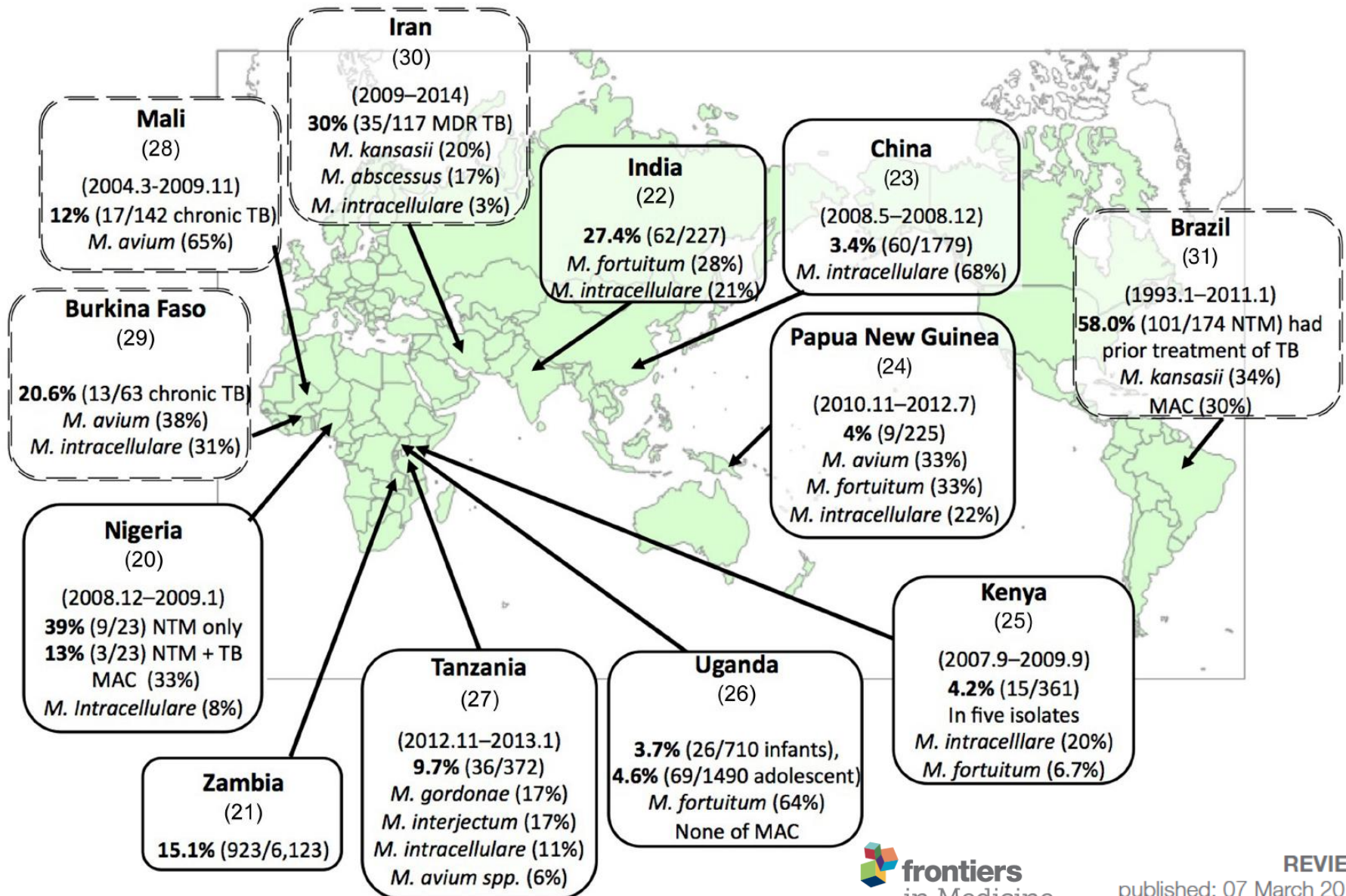
Abbreviations: HRCT, high-resolution computed tomography; NTM, nontuberculous mycobacterial.

Epidemiology for pulmonary NTM in USA

- Annual prevalence in USA 1.4 to 13.9 per 100'000
 - Up to 44% in Hawaii
- Depends on region, sex and ethnicity
 - Increased for women
 - Increased for Asian
 - Increased Southern United States USA and Hawaii
- Reported to increase 3 to 8% per year



NTM around the world



Reason for increased prevalence NTM

- Decreased rates of mycobacteria infection with possible decreased population immunity
- Increased exposure through more decreased temperatures in home water heaters
- Increased exposure to shower aerosols
- Increased long – term antibiotic use in inflammatory lung disease (bronchiectasis, CF) creating favorable niche for NTM (changes in microbiome)
- More use of medications that might impair host immunity (macrolides)
Possibly by blocking autophagic killing of NTM in macrophages
- Questionable person to person transmission

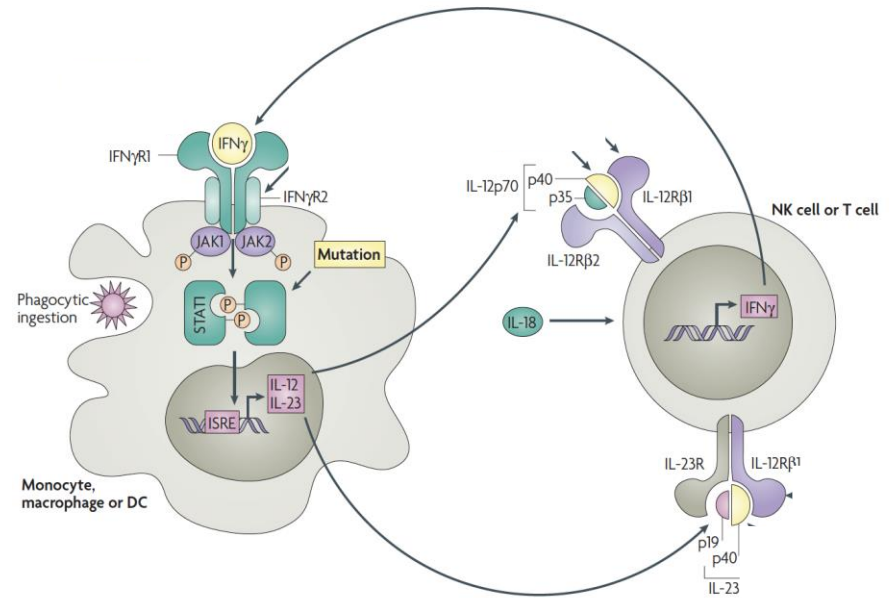
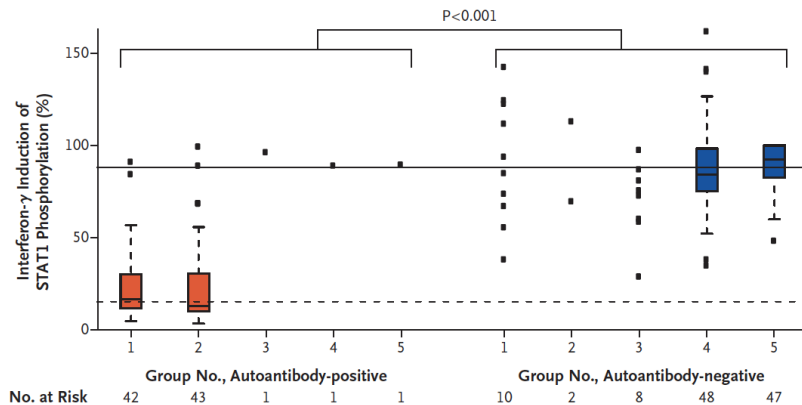
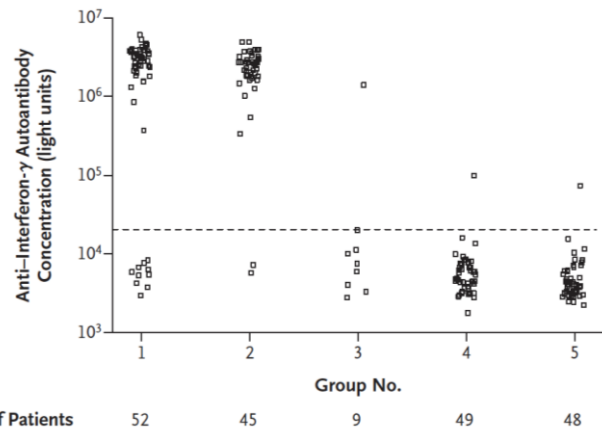
Predispositions for NTM infections

- Chronic lung disease with decreased mucociliary clearance
 - (COPD, asthma, bronchiectasis, A1ATD, CF, PCD, ABPA)
- Gastroesophageal Reflux disease
- Low BMI
- Immunodeficiency
- Immunosuppression
 - steroids
 - TNFa inhibition
 - s/p organ transplant
 - Chemotherapy for cancer
 - HIV/AIDS
- Inhaled antibiotics (change of bacterial microbiome)
- Proton Pump Inhibitors (decreased acidity in stomach)

IFN γ autoantibodies

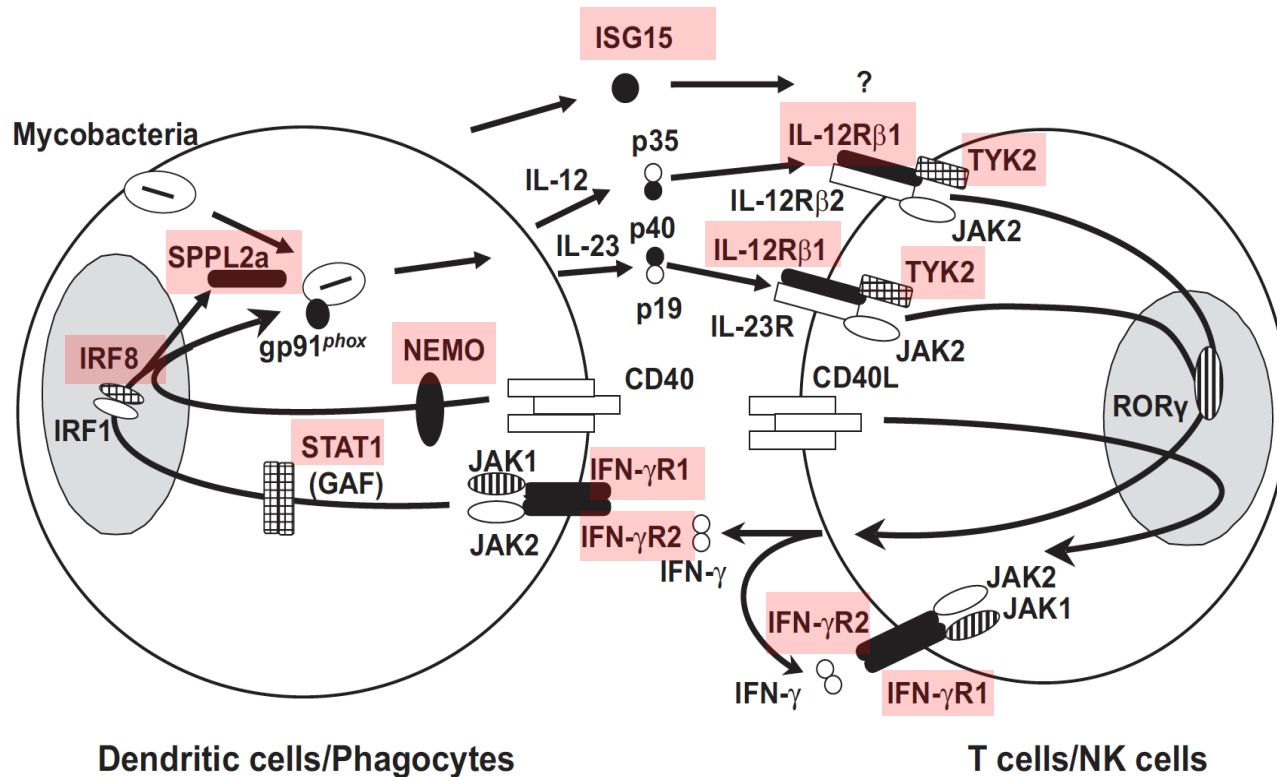
203 patient in 5 groups

- 1: disseminated NTM infection
- 2: other opportunistic infection \pm NTM
- 3: disseminated tuberculosis
- 4: pulmonary tuberculosis
- 5: healthy controls



Nature reviews Immunology 2007:7;851-61

Mendelian susceptibility to mycobacteria



(a)



Salmeterol and Fluticasone Propionate and Survival in Chronic Obstructive Pulmonary Disease

NEJM 2007;356(8).

Death from Any Cause

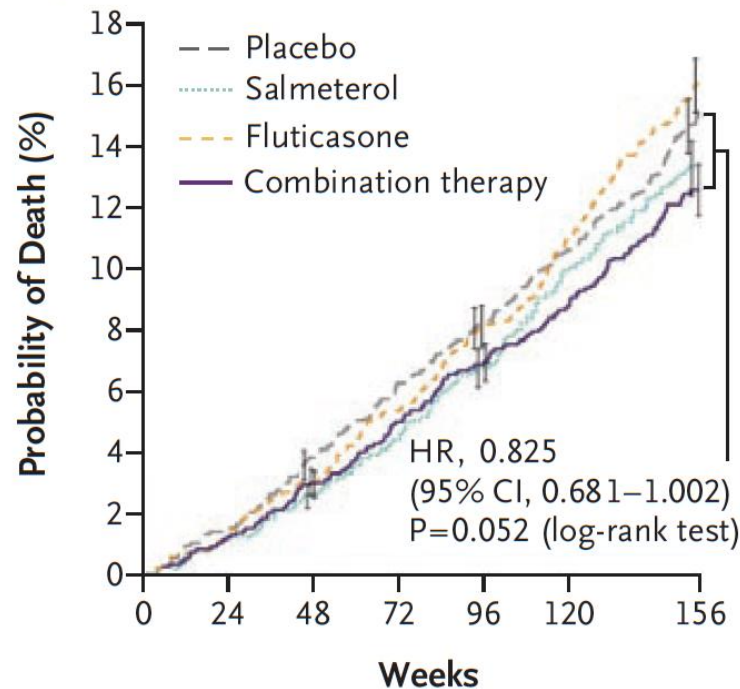
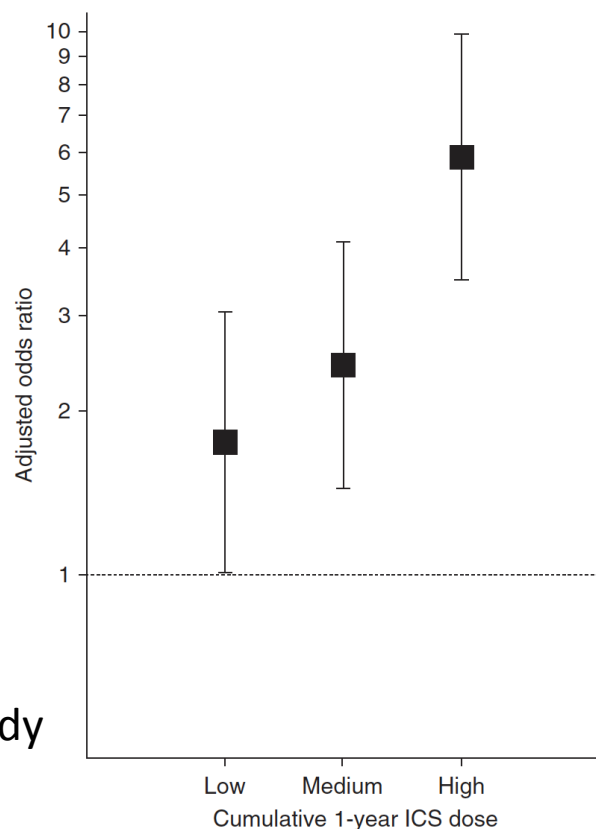
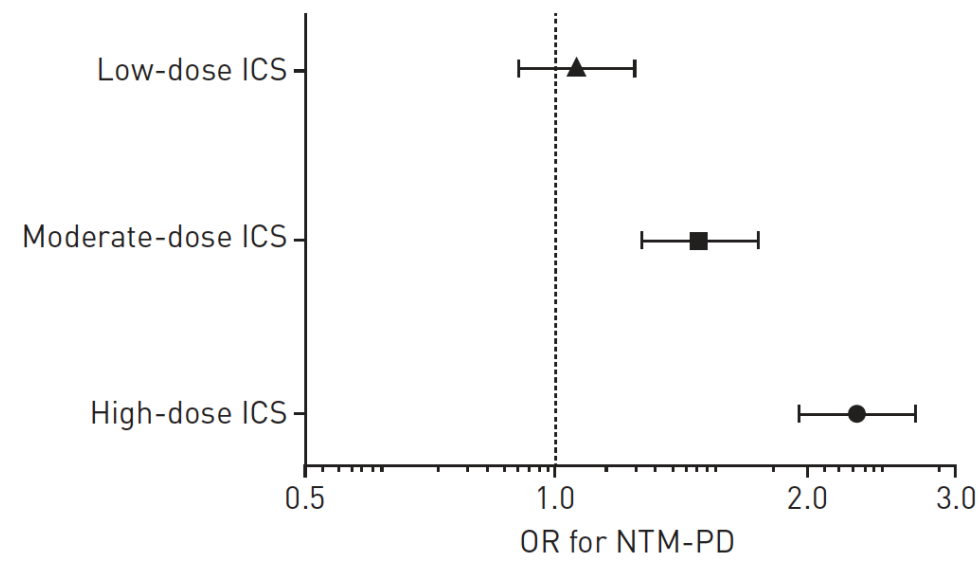


Table 4. Adverse Events among 6184 Patients in the Safety Population and 658 Patients in the Substudy of Bone Mineral Density.

Adverse Event	Placebo Group (N=1544)	Salmeterol Group (N=1542)	Fluticasone Group (N=1552)	Combination-Therapy Group (N=1546)
Of specific interest during treatment — % of patients*				
Pneumonia	12.3	13.3	18.3†	19.6‡

The risk of mycobacterial infections associated with inhaled corticosteroid use

Eur Respir J 2017; 50: 1700037



Association between Inhaled Corticosteroid Use and Pulmonary Nontuberculous Mycobacterial Infection

Vincent X. Liu^{1,2}, Kevin L. Winthrop³, Yun Lu¹, Husham Sharifi⁴, Hekmat U. Nasiri², and Stephen J. Ruoss⁴


AnnalsATS Volume 15 Number 10 | October 2018

case-control study

LABORATORY TEST RESULTS


1400 Jackson Street
Denver, Colorado 80206
www.njlabs.org
ClinRefLabs@njhealth.org

House samples



ENVIRONMENTAL WATER SAMPLE
YELLOW BATHROOM SHOWER
08/07/2019


Mycobacterium massiliense identified by
gel analysis for erm(41) gene
product and sequence analysis for
hsp65 gene.
09/14/2016 (TECH 702)



ENVIRONMENTAL SAMPLE
KITCHEN
08.07.2016

MYCOBACTERIUM CHIMAERA IDENTIFIED BY
RPOB GENE SEQUENCING.
09/07/2016 TECH 439


MYCOBACTERIUM PHOCAICUM IDENTIFIED BY
RPOB GENE SEQUENCING.
09/08/2016 TECH 439



ENVIRONMENTAL SAMPLE
YELLOW BATHROOM SINK
08.07.2016

MYCOBACTERIUM GORDONAE IDENTIFIED BY
RPOB GENE SEQUENCING.
09/07/2016 TECH 439

Mycobacterium massiliense identified by
gel analysis for erm(41) gene
product and sequence analysis for
hsp65 gene.
09/14/2016 (TECH 702)



ENVIRONMENTAL SAMPLE
BLUE BATHROOM SINK, FLORIDA ROOM
08.07.2016

MYCOBACTERIUM, MOST CLOSLEY RELATED TO
MYCOBACTERIUM PHOCAICUM IDENTIFIED
BY RPOB GENE SEQUENCING.
09/07/2016 TECH 439

MYCOBACTERIUM GORDONAE IDENTIFIED BY
RPOB GENE SEQUENCING.
09/29/2016 TECH 277

ENVIRONMENTAL SAMPLE
GUEST ROOM BATH

MYCOBACTERIUM GORDONAE IDENTIFIED BY
RPOB GENE SEQUENCING.
09/07/2016 TECH 439

MYCOBACTERIUM MUCOGENICUM IDENTIFIED BY
RPOB GENE SEQUENCING.
09/13/2016 TECH 777

ENVIRONMENTAL SAMPLE
INITIAL SUBMISSION OF COMBINED HOUSE
WATER
800 ML SUBMITTED
07/05/2016

MYCOBACTERIUM CHIMAERA IDENTIFIED BY
RPOB GENE SEQUENCING.
08/11/2016 TECH 439

SPUTUM
06.23.2016

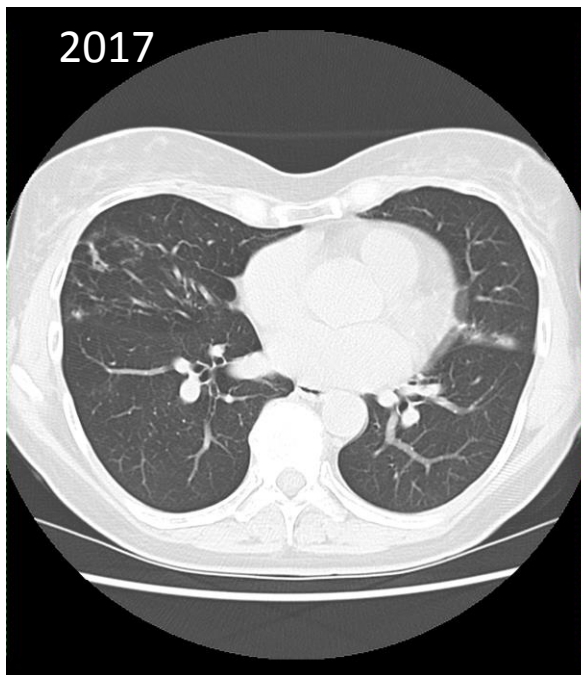
MYCOBACTERIUM CHIMAERA IDENTIFIED BY
RPOB GENE SEQUENCING.
03/09/2016

Patient samples

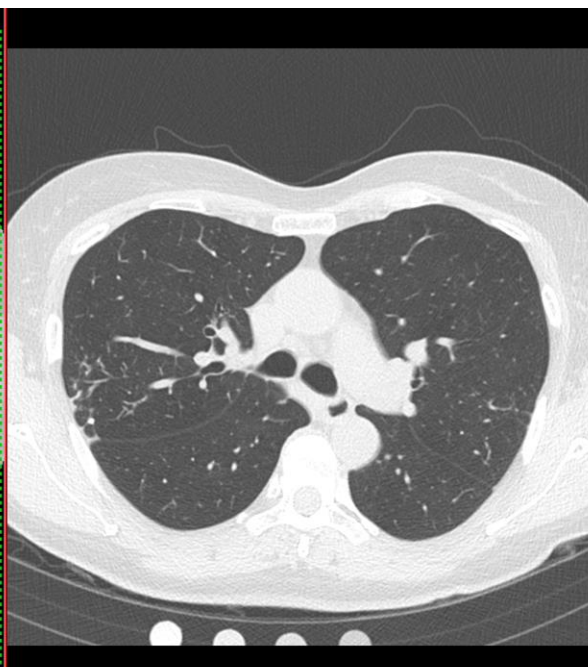
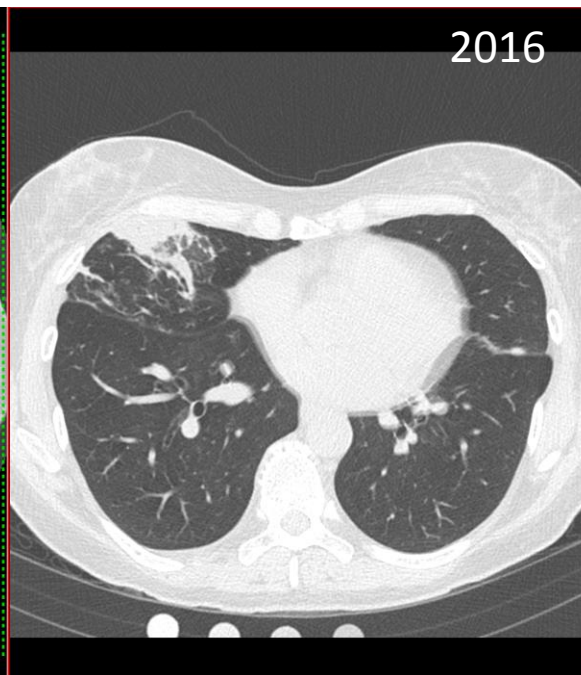
SPUTUM
08.24.2016

MYCOBACTERIUM AVIUM IDENTIFIED BY RPOB
GENE SEQUENCING.
09/14/2016 TECH 439

2017



2016

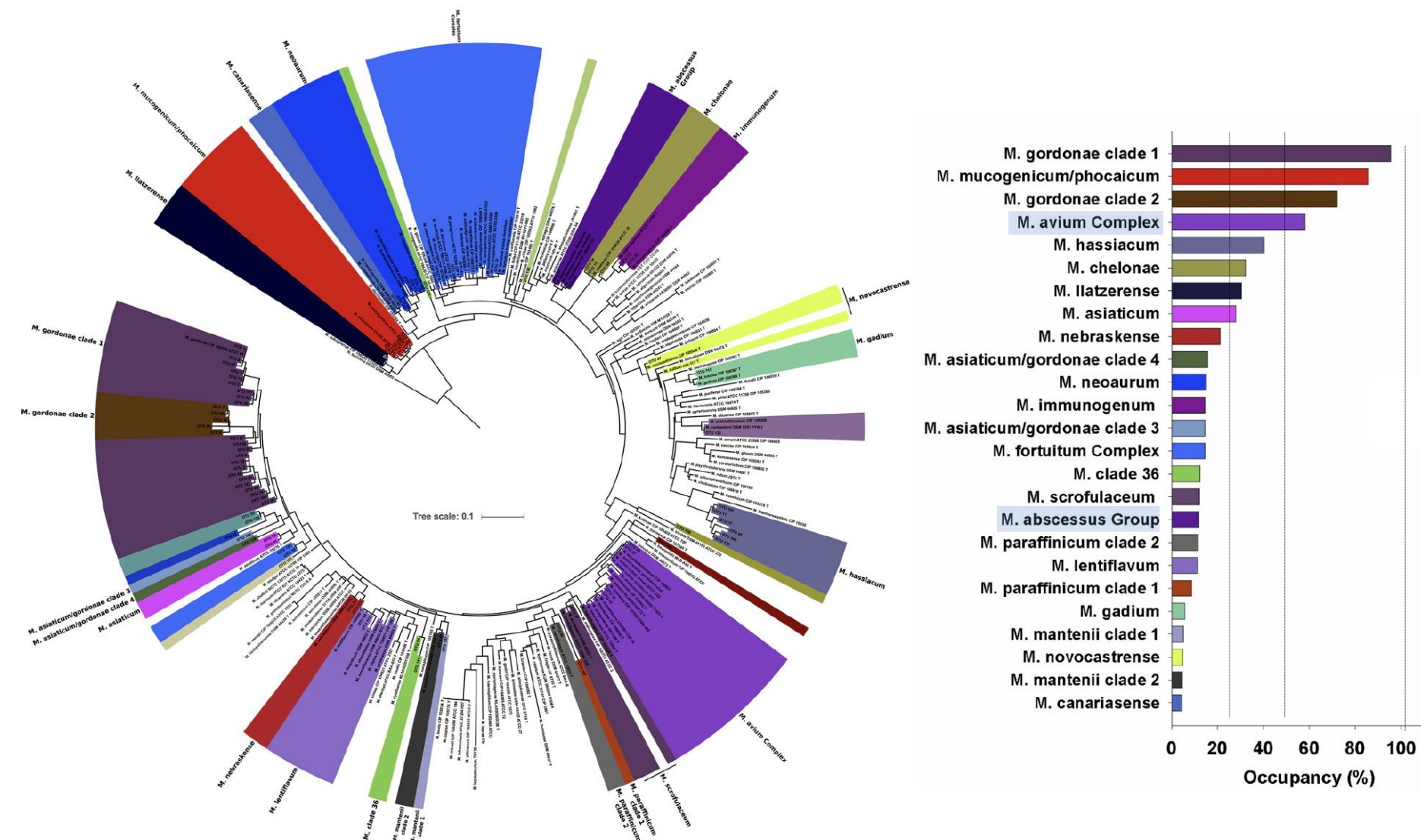


656 showerheads in the USA and Europe

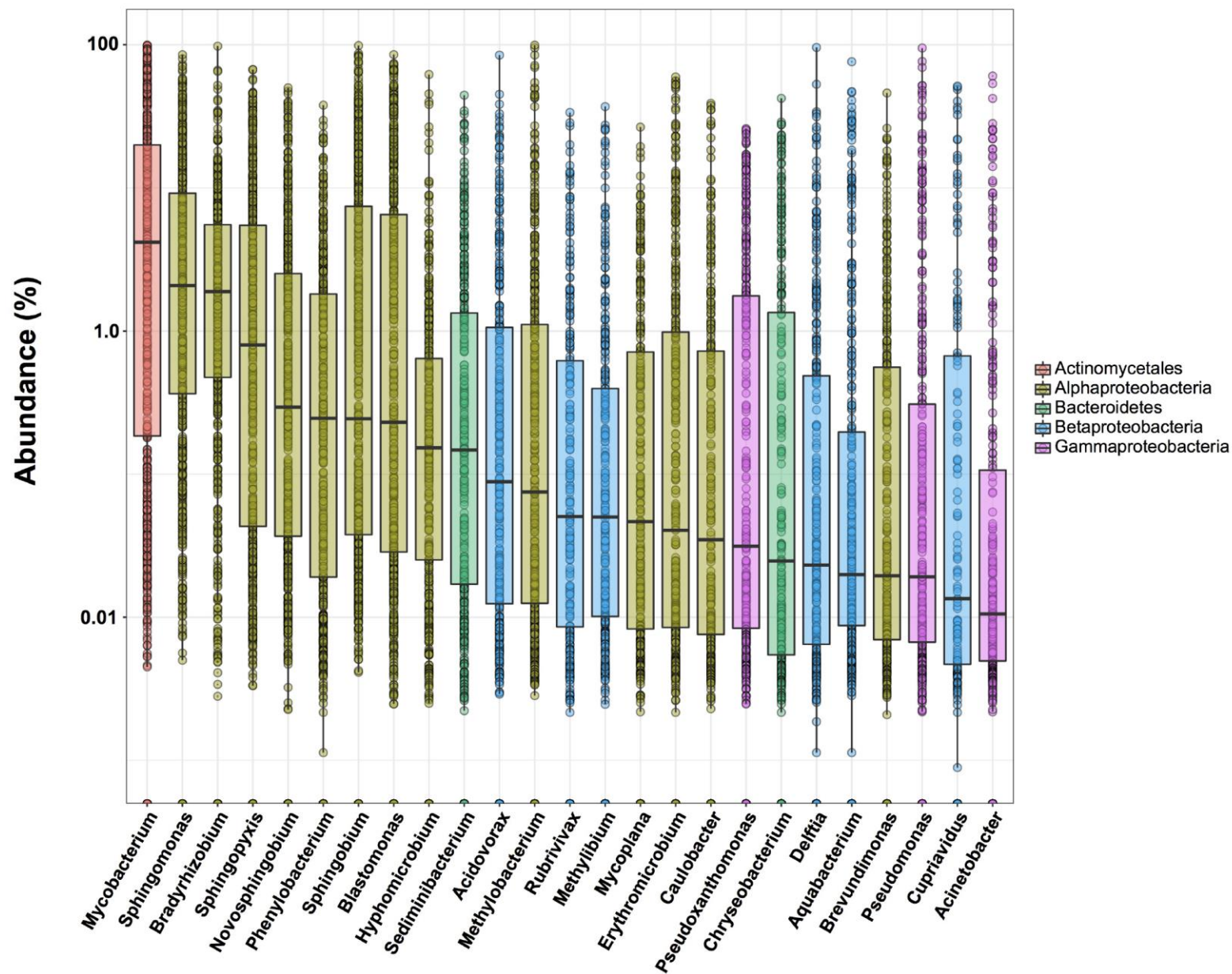


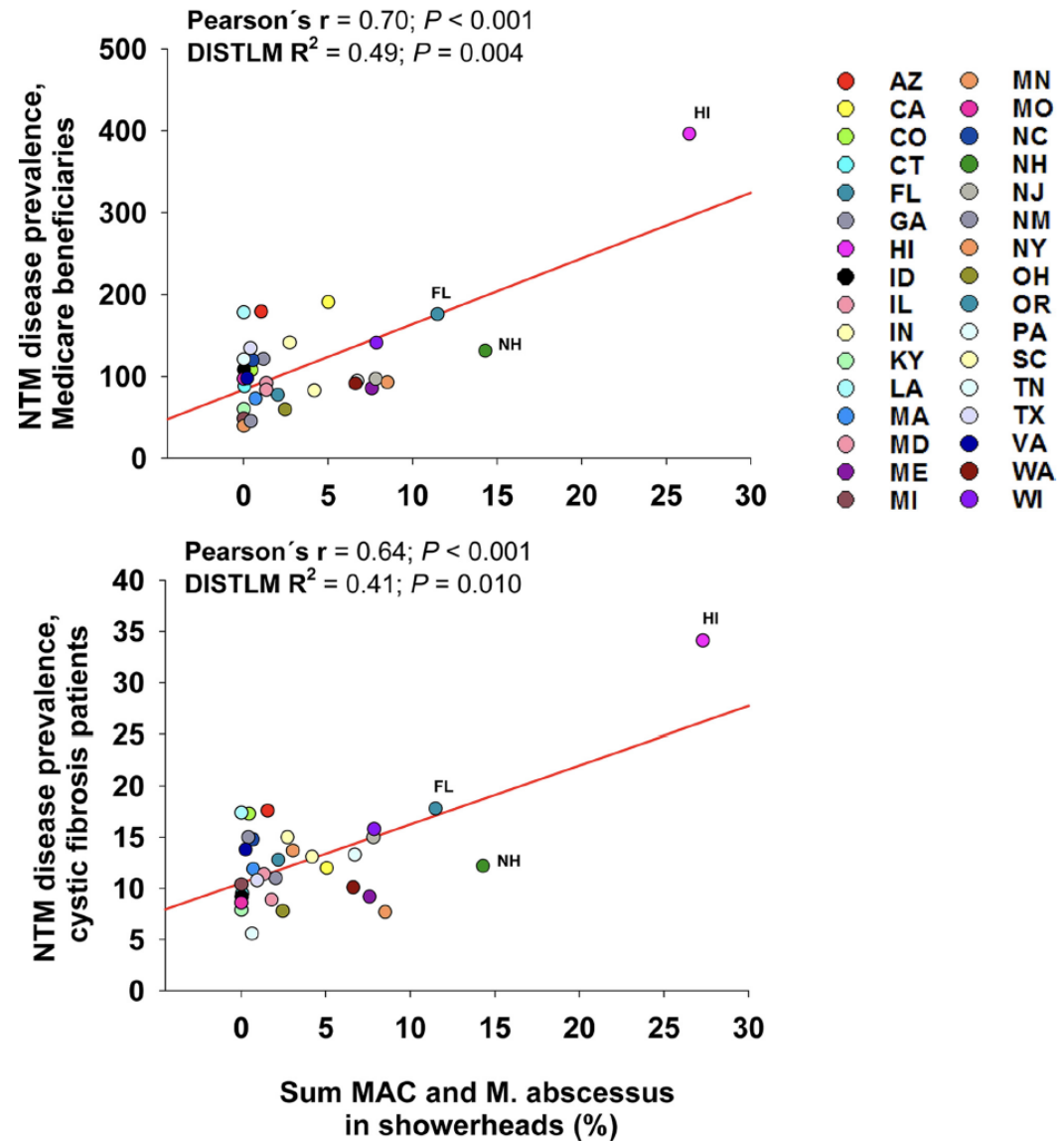
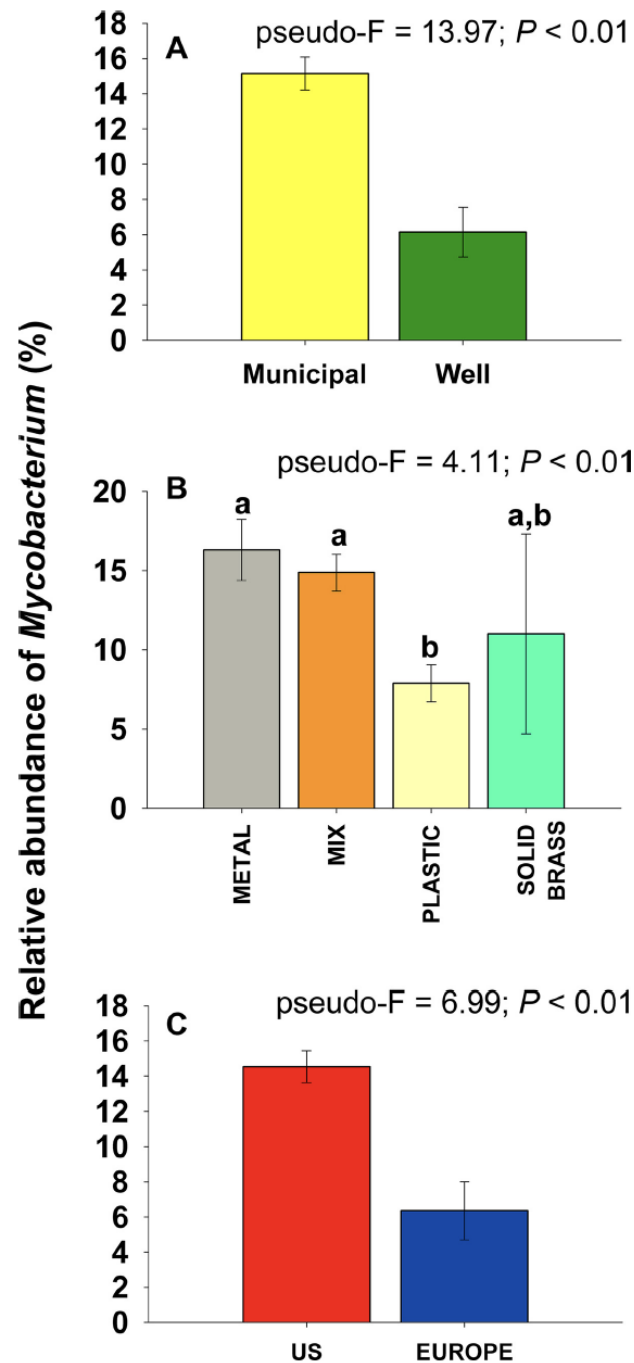
mbio.asm.org

September/October 2018 Volume 9 Issue 5 e01614-18



656 showerheads in the USA and Europe

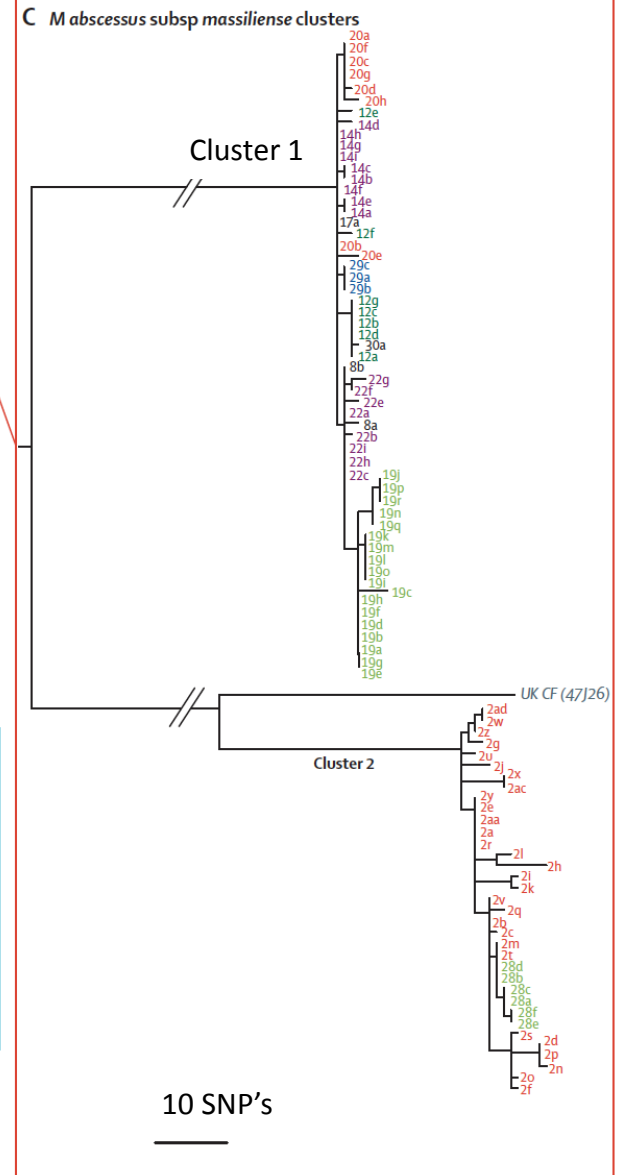
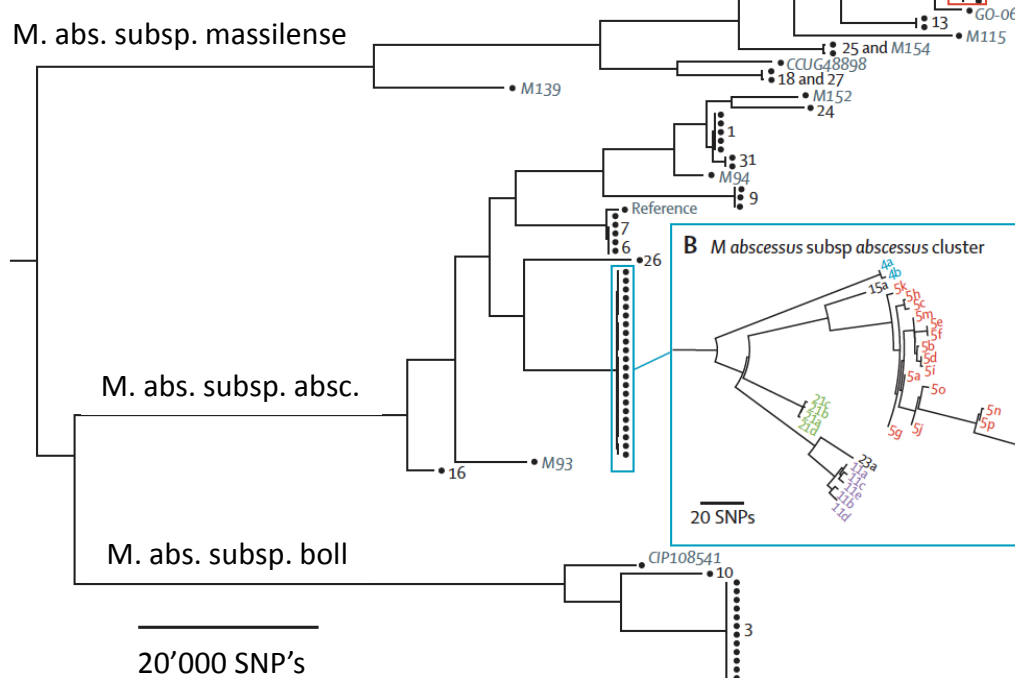




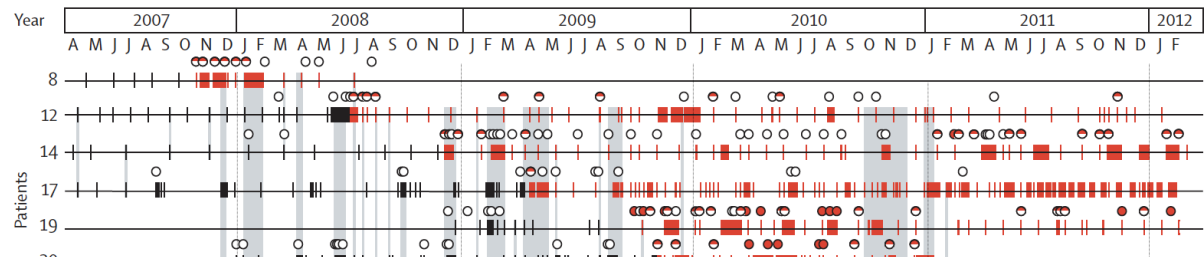
NTM transmission in CF patients

Mycobacterium abscessus isolates

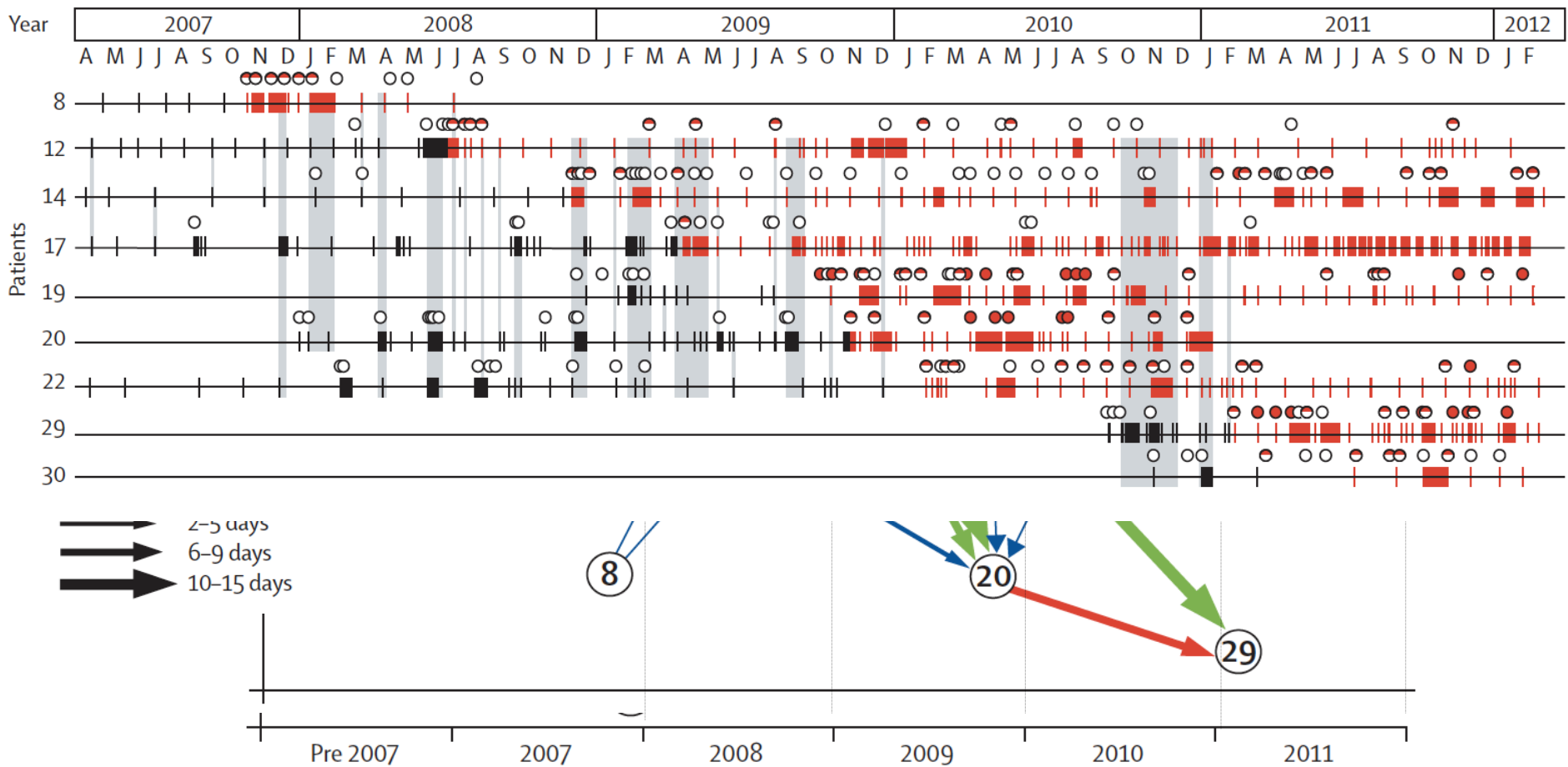
Whole genom sequencing from 168 *M. abscessus* isolates from 31 patients in UK from 2007 to 2011



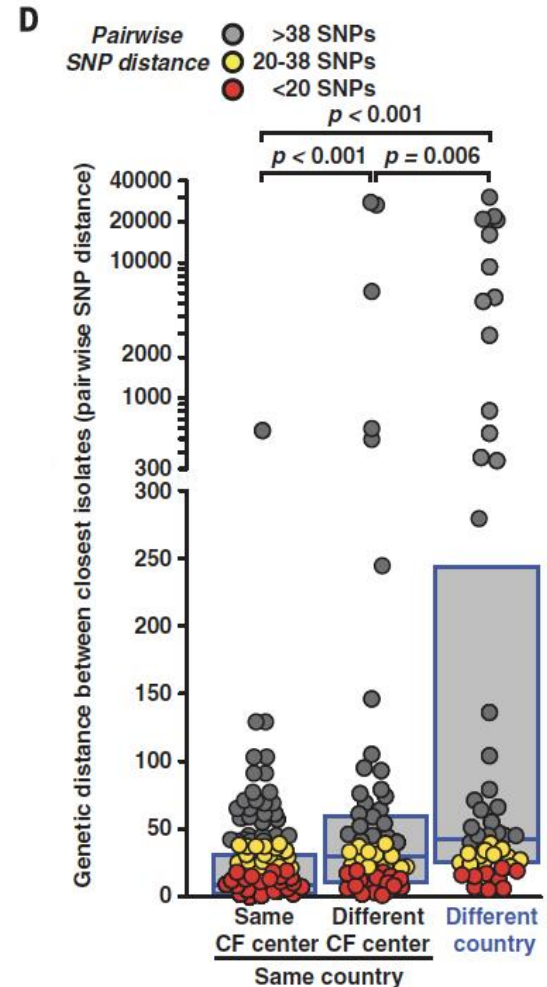
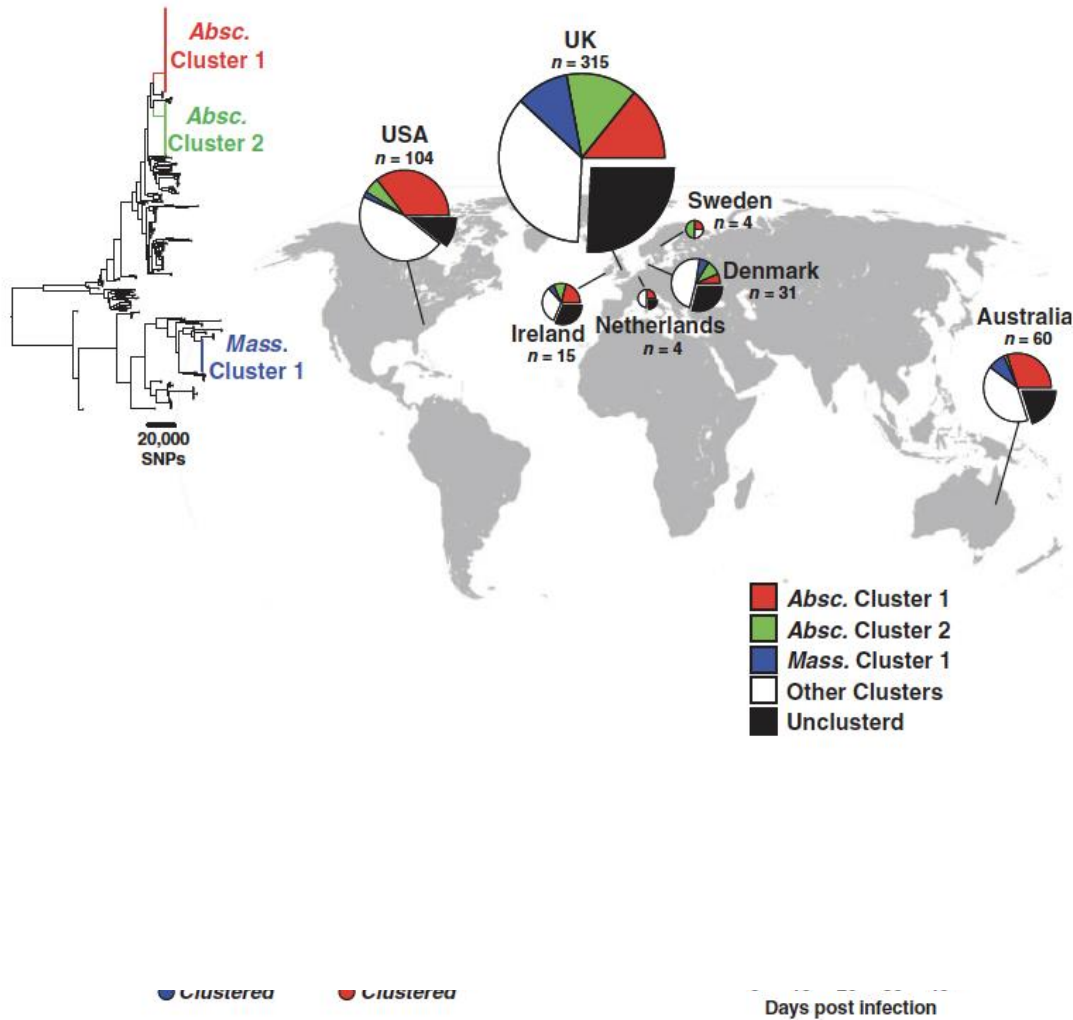
M. abscessus subsp *massiliense* cluster 1



M. abscessus subsp *massiliense* cluster 1



NTM transmission in CF patients



Risk of Bacterial Transmission in Bronchiectasis Outpatient Clinics

Philip Mitchelmore^{1,2} • Catherine Wilson¹ • David Hettle¹

Current Pulmonology Reports (2018) 7:72–78

Table 1 Summary of studies suggesting evidence of cross-infection with *P. aeruginosa* in bronchiectasis

Authors	Sample sizes	Outpatient setting	Genotyping techniques	Likelihood of cross-infection
De Soyza A et al. <i>Eur Respir J.</i> 2014 [53••]	40 patients 56 isolates	Single-centre CF managed on different site	- ArrayTube genotyping - Variable number tandem repeat (VNTR) analysis - Pulsed-field gel electrophoresis	“Only one probable case of cross-infection”
Hilliam Y et al. <i>Eur Respir J.</i> 2017 [49••]	91 patients 189 isolates	Multi-centre (16 “non-CF bronchiectasis” centres)	- Whole genome sequencing	Closely related isolates found between patients “implying the possible occurrence of cross-infection”
Mitchelmore PJ et al. <i>Thorax.</i> 2017 [54••]	46 patients 459 isolates	Single-centre CF managed on same site	- Random amplification of polymorphic DNA - Multi-locus sequence typing - Whole genome sequencing	A shared strain identified between three patients had little genetic difference. Believed to be “indicative of cross-infection”

M. Avium complex (MAC) taxonometry

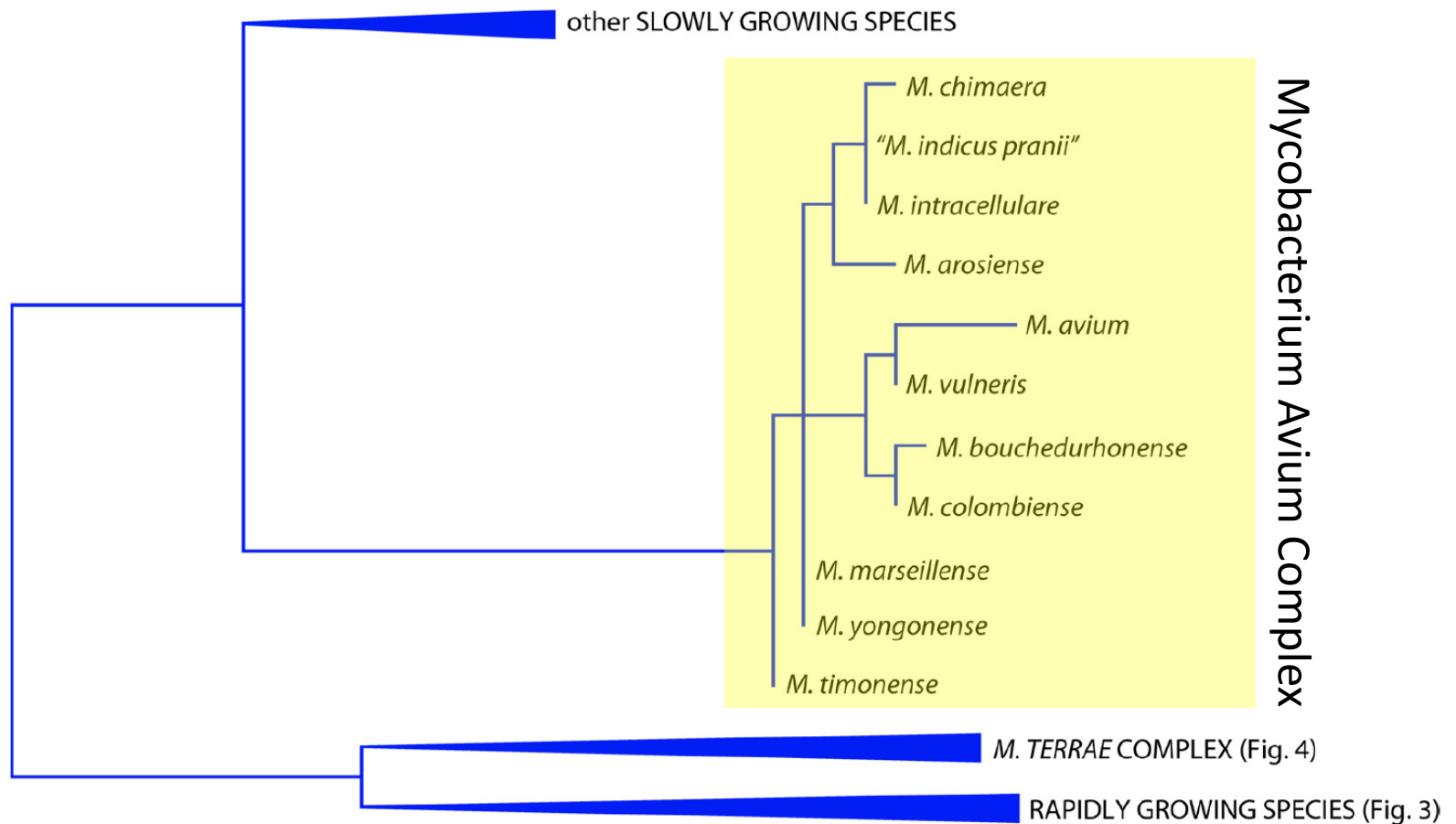


FIG 5 Phylogenetic tree, based on the 16S rRNA gene, for the species belonging to the *M. avium* complex.

Antibiotic therapy of MAC

Recommended antibiotics

Non-cavitary nodular bronchiectatic form:

Clarithromycin 1000 mg or azithromycin 500 mg TIW plus

Ethambutol 25 mg/kg TIW plus

Rifampicin 600 mg TIW

Fibrocavitary form or cavitary nodular bronchiectatic form:

Clarithromycin 1000 mg or azithromycin 250 mg daily plus

Ethambutol 15 mg/kg daily plus

Rifampicin 450–600 mg daily and/or streptomycin 10–15 mg/kg IM TIW or
amikacin 10–15 mg/kg IV TIW

Alternative antibiotics

Clofazimine

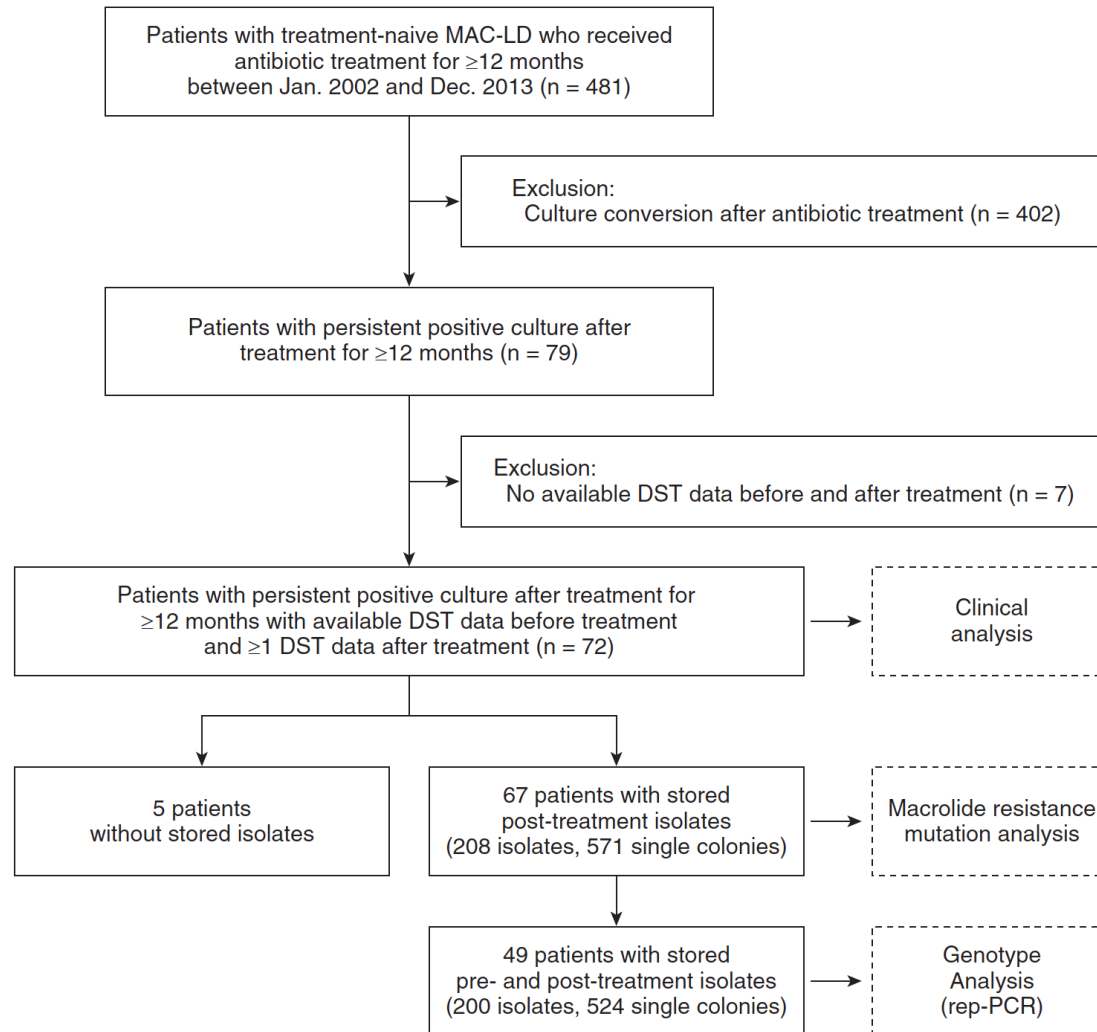
Moxifloxacin

Linezolid

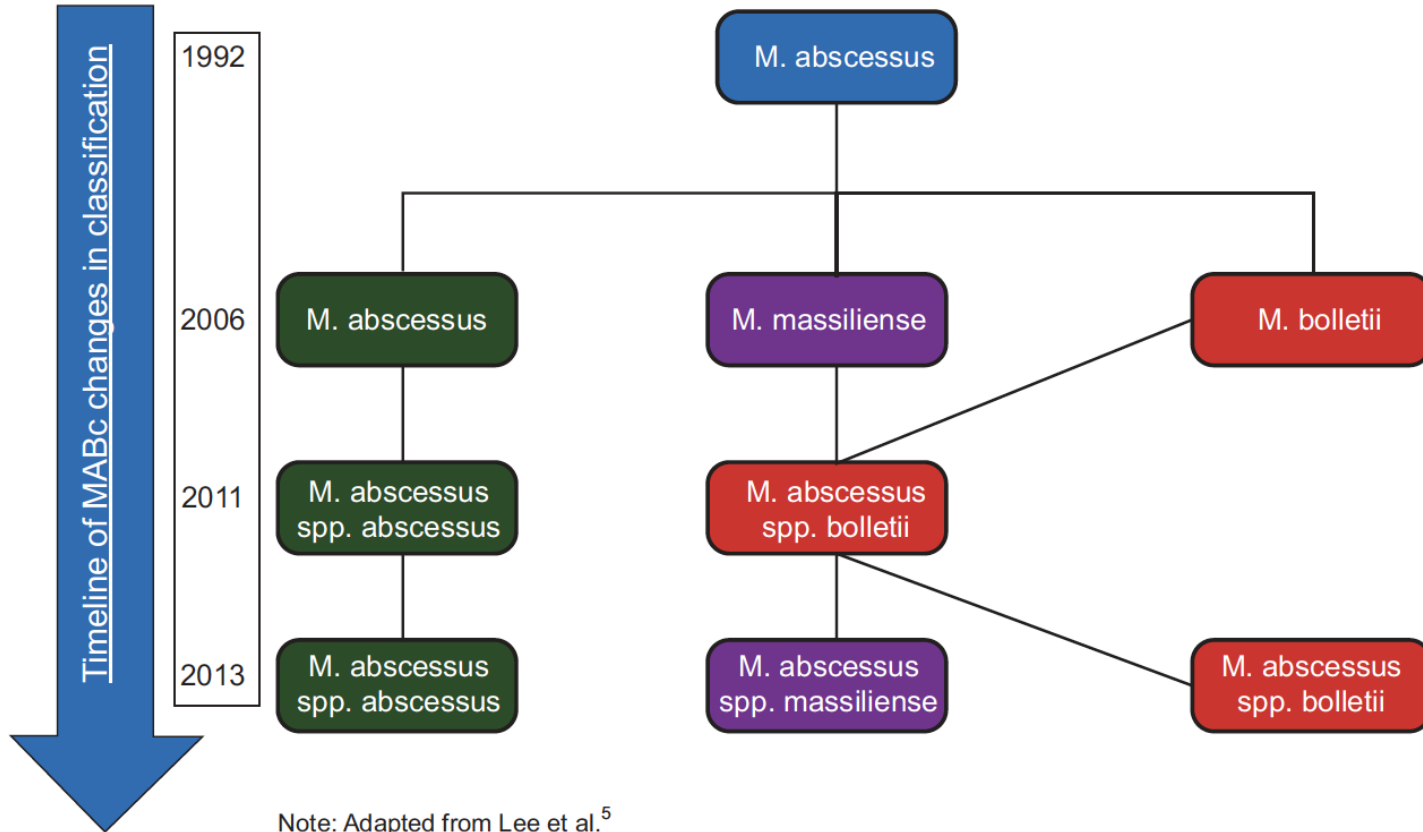
Inhaled amikacin

Reinfection vs relaps of MAC

Etiology
M. avium
M. intracellu
 Type
 Nodular bro
 Fibrocavitar
 Development i



P Value	
	0.171
	0.493
	0.269



Antibiotic therapy of M. abscessus

Recommended antibiotics

Amikacin 10–15 mg/kg IV daily plus
Cefoxitin up to 12 g IV or imipenem 1000–2000 mg IV daily plus
Clarithromycin 1000 mg or azithromycin 250 mg daily

Alternative antibiotics

Clofazimine
Linezolid
Bedaquiline
Tigecycline
Inhaled amikacin
Streptomycin

In vitro clarithromycin susceptibility against *Mycobacterium abscessus* complex

Identification [†]	Incubation time days	Susceptible <i>n</i> (%)	Intermediate <i>n</i> (%)	Resistant <i>n</i> (%)	Not culturable <i>n</i> (%)	MIC range mg/l
<i>M. abscessus</i> subsp. <i>abscessus</i> (<i>n</i> = 74)	3	57 (77.0)	9 (12.1)	7 (9.5)	1 (1.4)	0.06–64<
	14	12 (16.2)	3 (4.1)	58 (78.4)	1 (1.4)	0.12–64<
<i>M. abscessus</i> subsp. <i>bolletii</i> (<i>n</i> = 2)	3			2 (100)		64<
	14			2 (100)		64<
<i>M. abscessus</i> subsp. <i>massiliense</i> (<i>n</i> = 69)	3	67 (97.1)		2 (2.9)		0.03–64<
	14	67 (97.1)		2 (2.9)		0.03–64<

* Breakpoint values are referenced from Clinical and Laboratory Standards Institute recommendations (8 mg/l).¹⁶

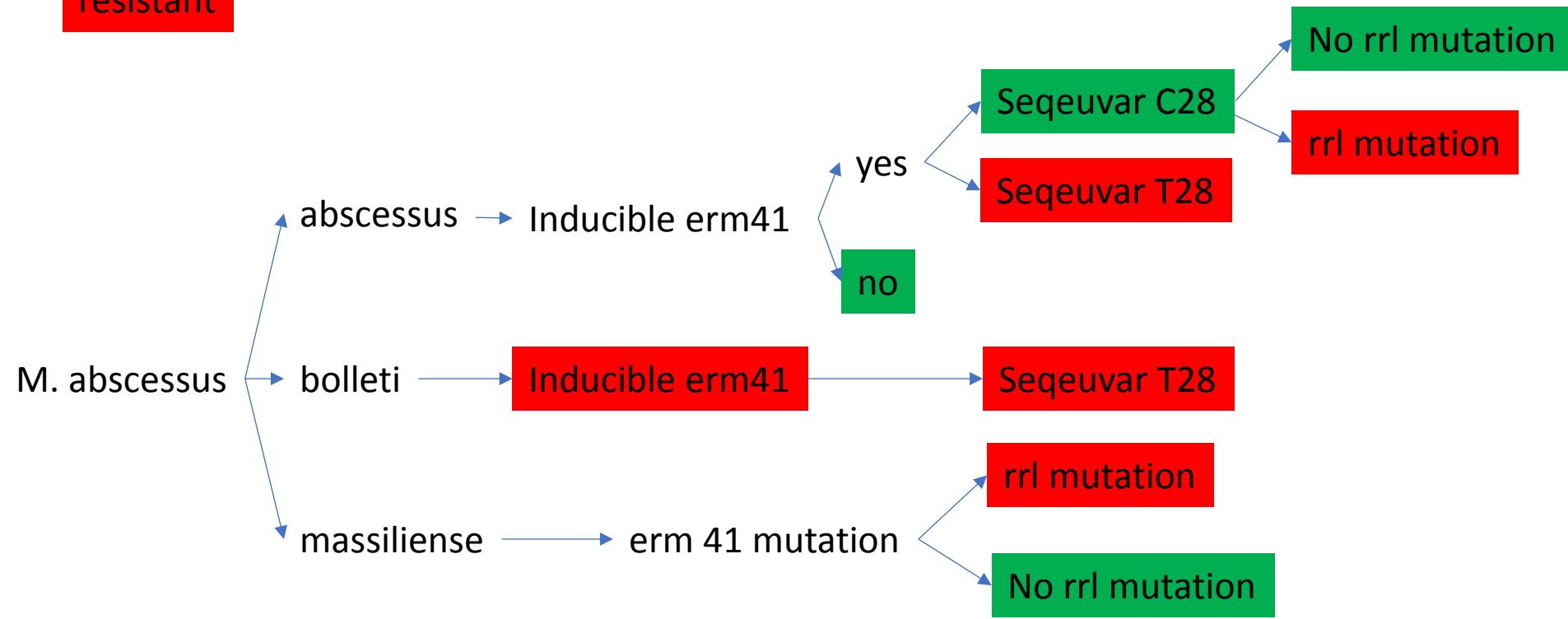
[†] Subspecies were determined by sequencing *rpoB* and *hsp65*.

MIC = minimum inhibitory concentration.

Inducible macrolide resistance in *M. abs*

Susceptible

resistant



Rx response M. abscessus vs M. massiliense

Am J Respir Crit Care Med Vol 183. pp 405–410, 2011

TABLE 3. TREATMENT RESPONSES FOR PATIENTS WITH MYCOBACTERIUM ABSCESSUS AND MYCOBACTERIUM MASSILIENSE LUNG DISEASE

	<i>M. abscessus</i> (<i>n</i> = 24)	<i>M. massiliense</i> (<i>n</i> = 33)	<i>P</i> Value
Symptomatic response			0.040
Improved	18 (75%)	32 (97%)	
Unchanged	4 (17%)	1 (3%)	
Worsened	2 (8%)	—	
Radiographic response on HRCT			0.003
Improved	10 (42%)	27 (82%)	
Unchanged	7 (29%)	5 (15%)	
Worsened	7 (29%)	1 (3%)	
Microbiologic response			<0.001
Initial sputum conversion and maintenance of conversion	6 (25%)	29 (88%)	
Initial sputum conversion, with sputum relapse	4 (17%)	3 (9%)	
Failure to sputum conversion	14 (58%)	1 (3%)	

Definition of abbreviation: HRCT = high-resolution computed tomography.

Recommendations for susceptibility testing

Recommendations

- ▶ Drug susceptibility testing and reporting should follow the CLSI guidelines. (Grade D)
- ▶ For MAC, clarithromycin and amikacin susceptibility testing should be performed on an isolate taken prior to initiation of treatment and on subsequent isolates if the patient fails to respond to treatment or recultures MAC after culture conversion (Grade C).
- ▶ Macrolide-resistant MAC isolates should be tested against a wider panel of antibiotics to guide, but not dictate, treatment regimens. (Grade D).
- ▶ For *M. kansasii*, rifampicin susceptibility testing should be performed on an isolate prior to initiation of treatment and on subsequent isolates if the patient fails to respond to treatment or recultures *M. kansasii* after culture conversion. (Grade D)
- ▶ Rifampicin-resistant *M. kansasii* isolates should be tested against a wider panel of antibiotics to guide, but not dictate, treatment regimens. (Grade D)
- ▶ Susceptibility testing for *M. abscessus* should include at least clarithromycin, cefoxitin and amikacin (and preferably also tigecycline, imipenem, minocycline, doxycycline, moxifloxacin, linezolid, co-trimoxazole and clofazimine if a validated method is available) to guide, but not dictate, treatment regimens. (Grade D)

Surgical therapy for NTM infections



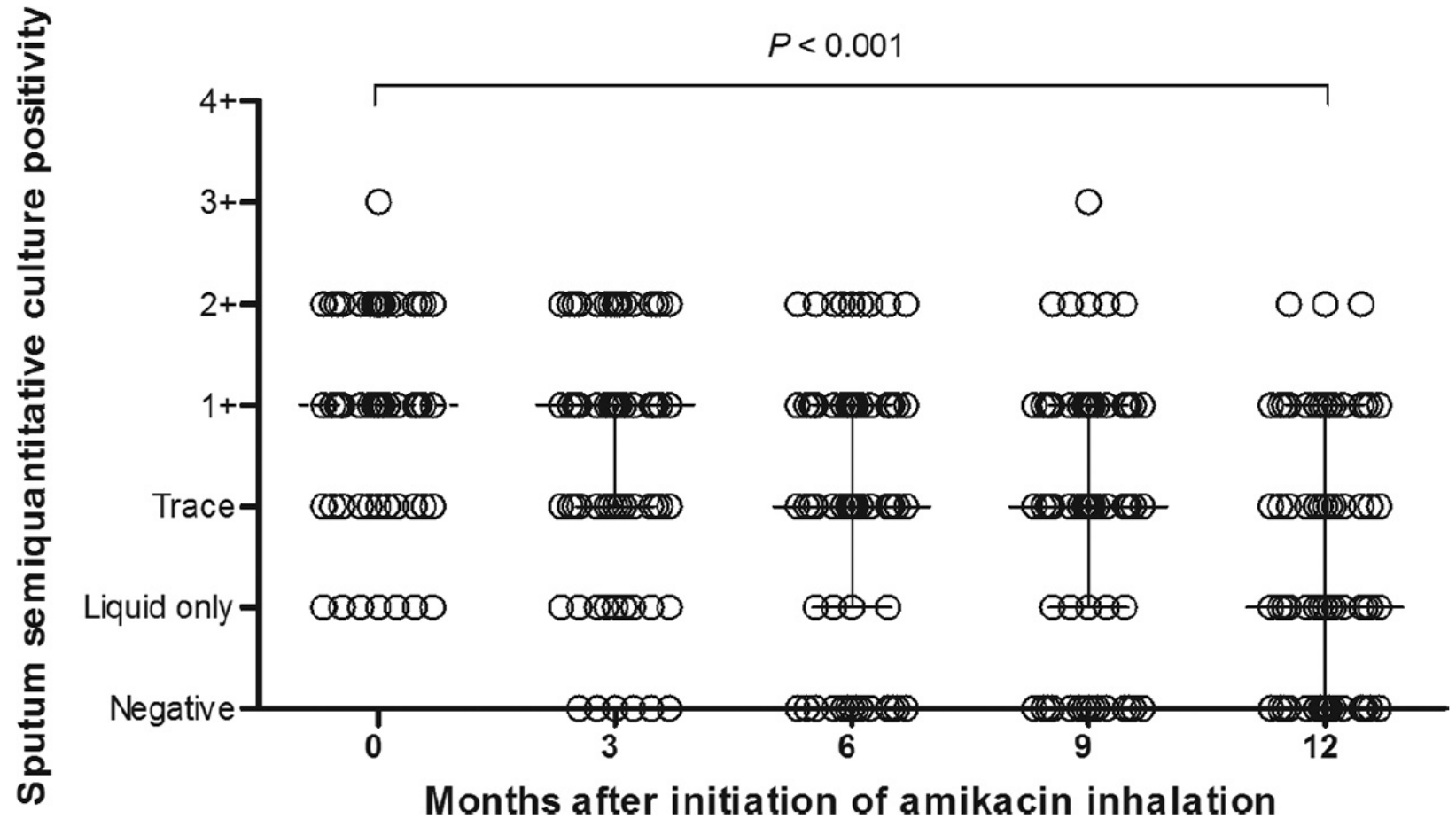
Table 1

Selected series of anatomic resection for pulmonary nontuberculous mycobacterial infection

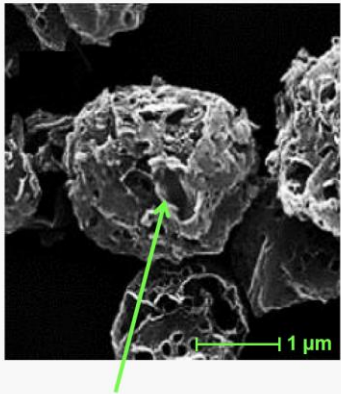
Author, Year	N	Mortality (%)	Morbidity (%)	BPF (%)	Sputum Conversion (%)
Corpe, ⁹ 1981	131	6.9	NR	5.3	93
Nelson et al, ¹² 1998	28	7.1	32	3.6	88
Watanabe et al, ¹⁴ 2006	22	0	NR	NR	95
Koh et al, ¹¹ 2008	23	4.3	35	8.7	100
Mitchell et al, ⁷ 2008	265	2.6	18.5	4.2	NR
Yu et al, ³ 2011	172	0	7	0	84
Shiraishi et al, ¹³ 2013	65	0	12	0	100
Kang et al, ¹⁰ 2015	70	1.4	21	6.8	81
Asakura et al, ⁸ 2017	125	3	22	6	91

Abbreviations: BPF, bronchopleural fistula; NR, not reported.

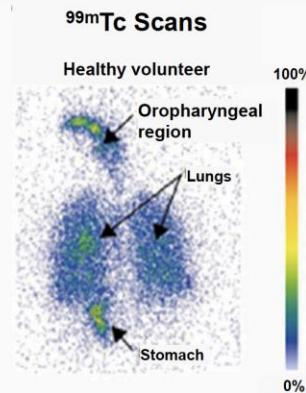
Inhaled regular amikacin for NTM



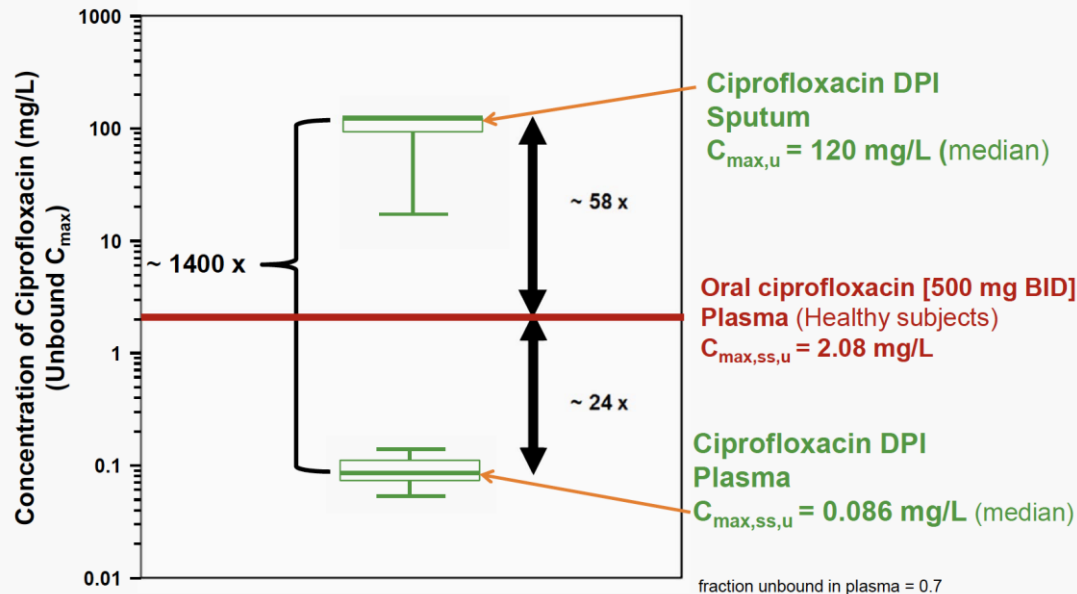
Liposomal preparation for inhaled abx



^{99m}Tc Scans



- PulmoSphere™: small size and dispersion characteristics produce deep penetration into lung
- Achieves high ciprofloxacin concentrations in lung (site of infection) and low systemic levels
- >50% of the dose is deposited in the lung



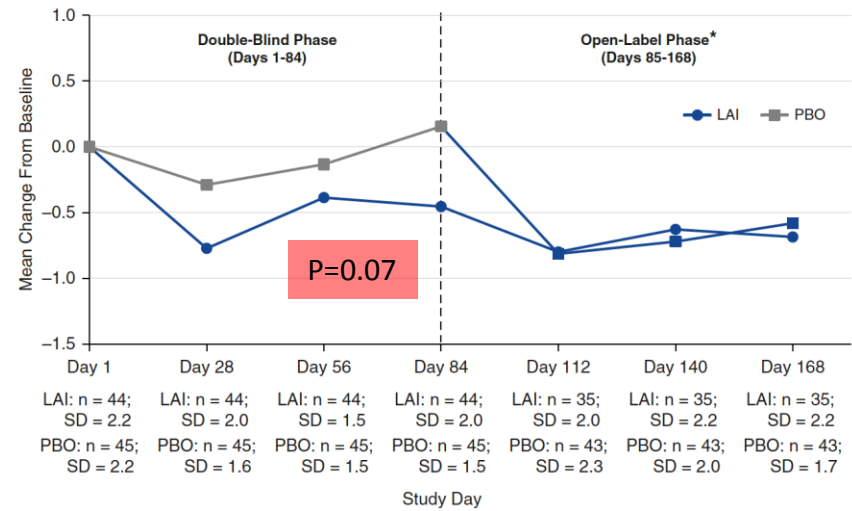
Ciprofloxacin DPI

For reduction of exacerbations in non-cystic fibrosis bronchiectasis (NCFB) adult patients (≥ 18 years of age) with respiratory bacterial pathogens

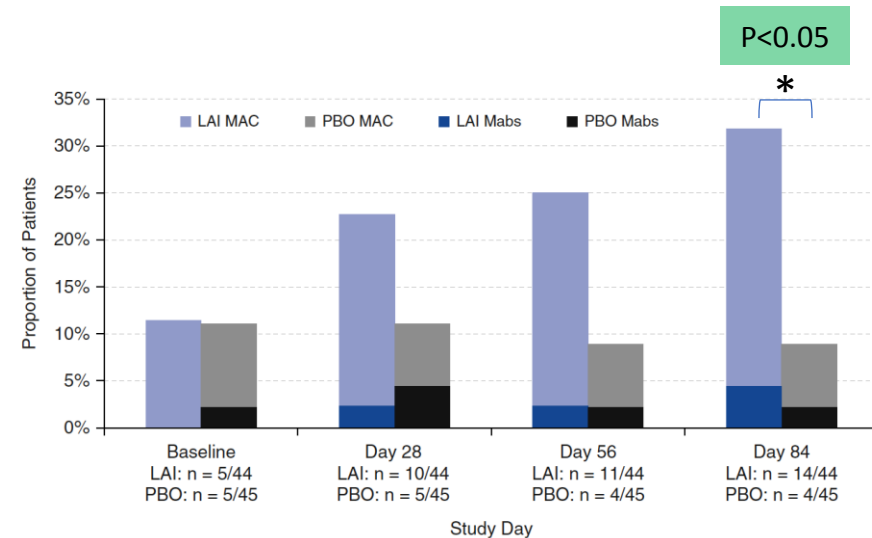
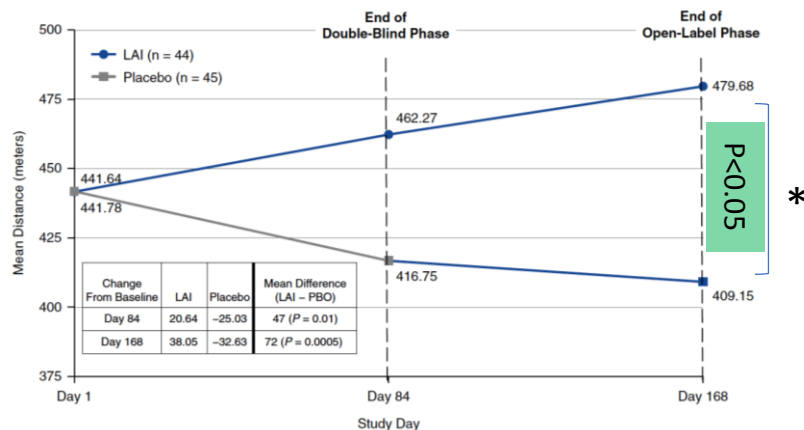
Inhaled liposomal amikacin for NTM

Inclusion criteria

Patients with MAC or M. abs.
Refractory disease with persistent
Positive sputum after 6 months Rx
as per guidelines
Cystic Fibrosis patients included



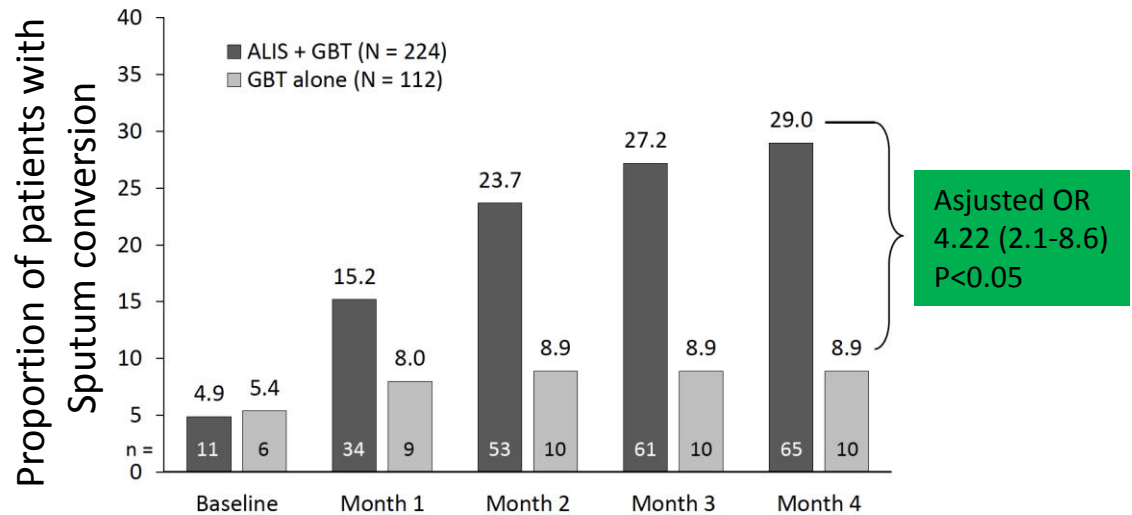
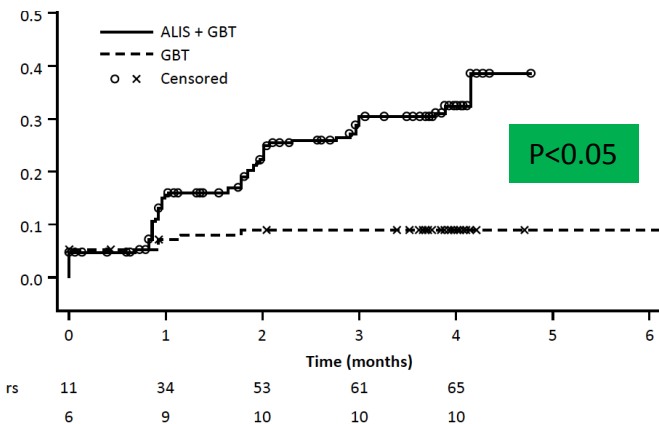
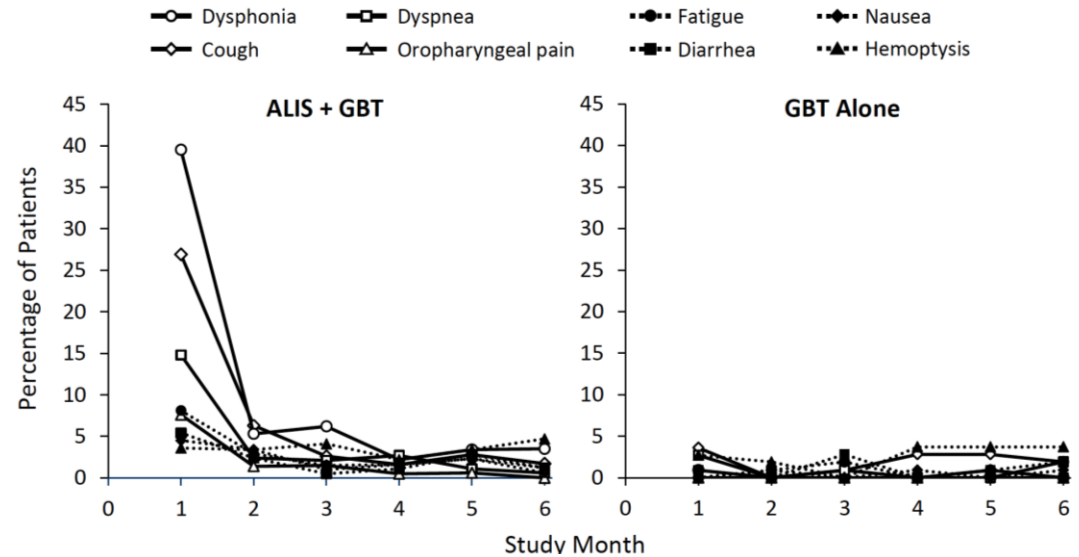
6 min walk



Inhaled liposomal amikacin for MAC

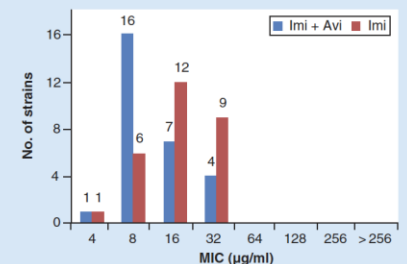
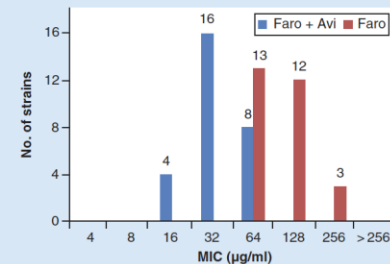
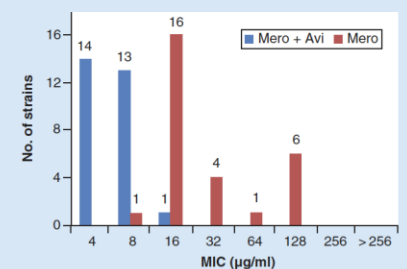
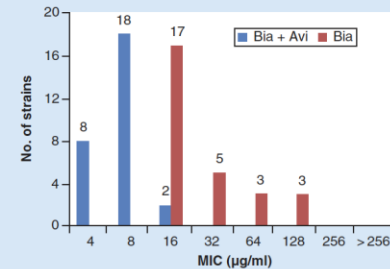
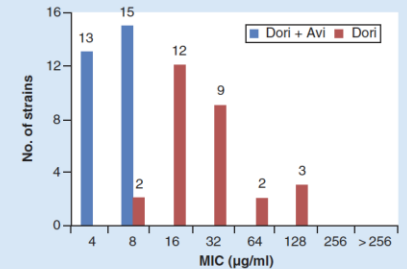
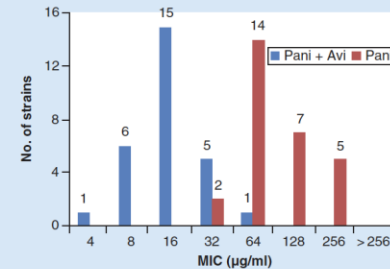
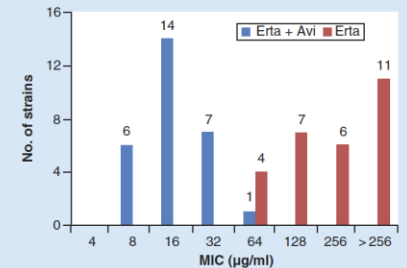
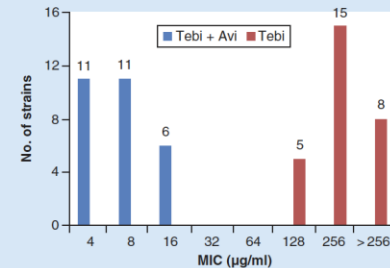
Inclusion criteria

Patients with MAC only
Refractory disease with persistent
Positive sputum after 6 months Rx
as per guidelines
Cystic Fibrosis patients excluded

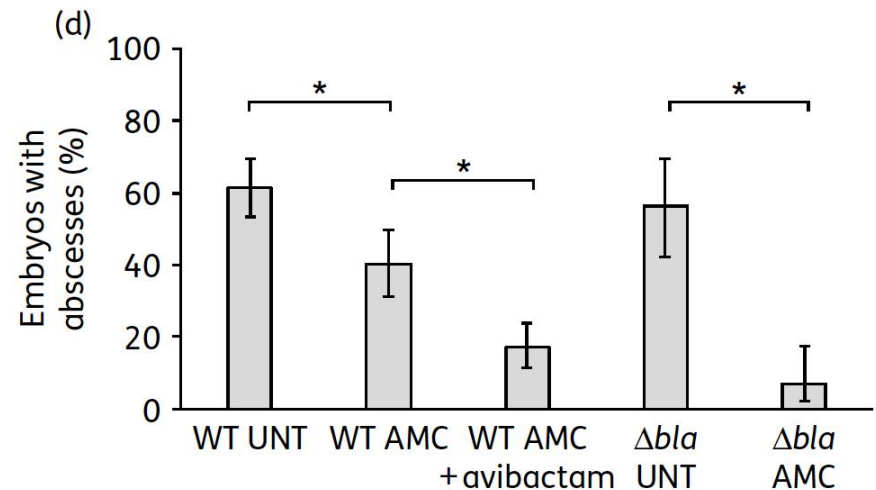
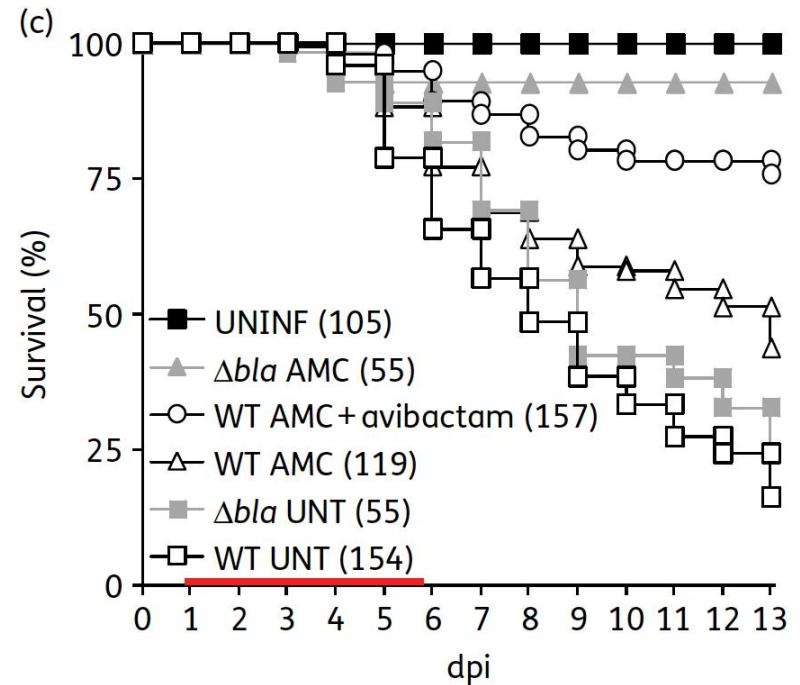
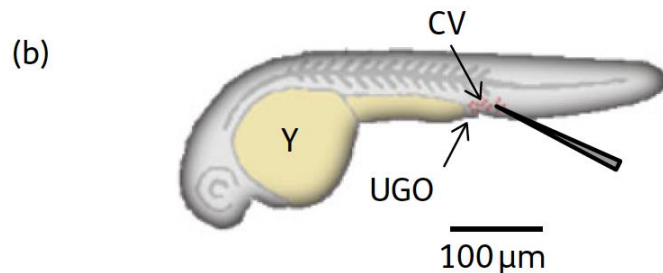
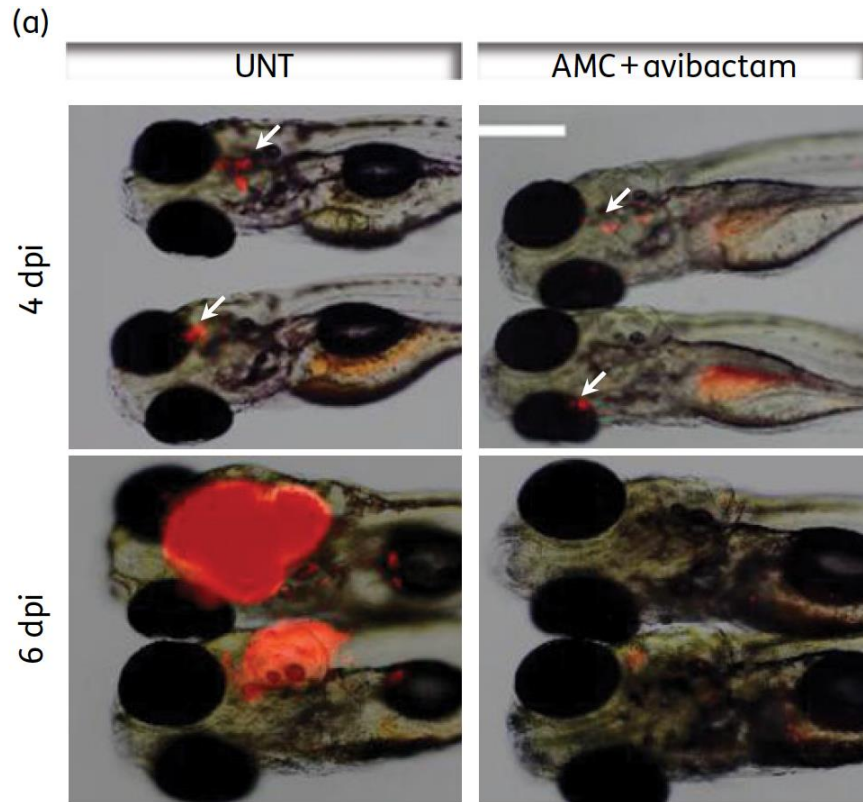


β -lactamase inhibitors and *M. abscessus*

Drug	7H9 broth	7H9 + avibactam
Ertapenem	64–128	4–8
Meropenem	8–16	2–4
Imipenem	4–8	2–4
Doripenem	8–16	2–4
Biapenem	8–16	2–4
Faropenem	32–64	8–16
Tebipenem	128–256	4–8
Panipenem	64–128	8–16
Sulbactam	>64	ND
Tazobactam	>64	ND
Avibactam	>256	ND



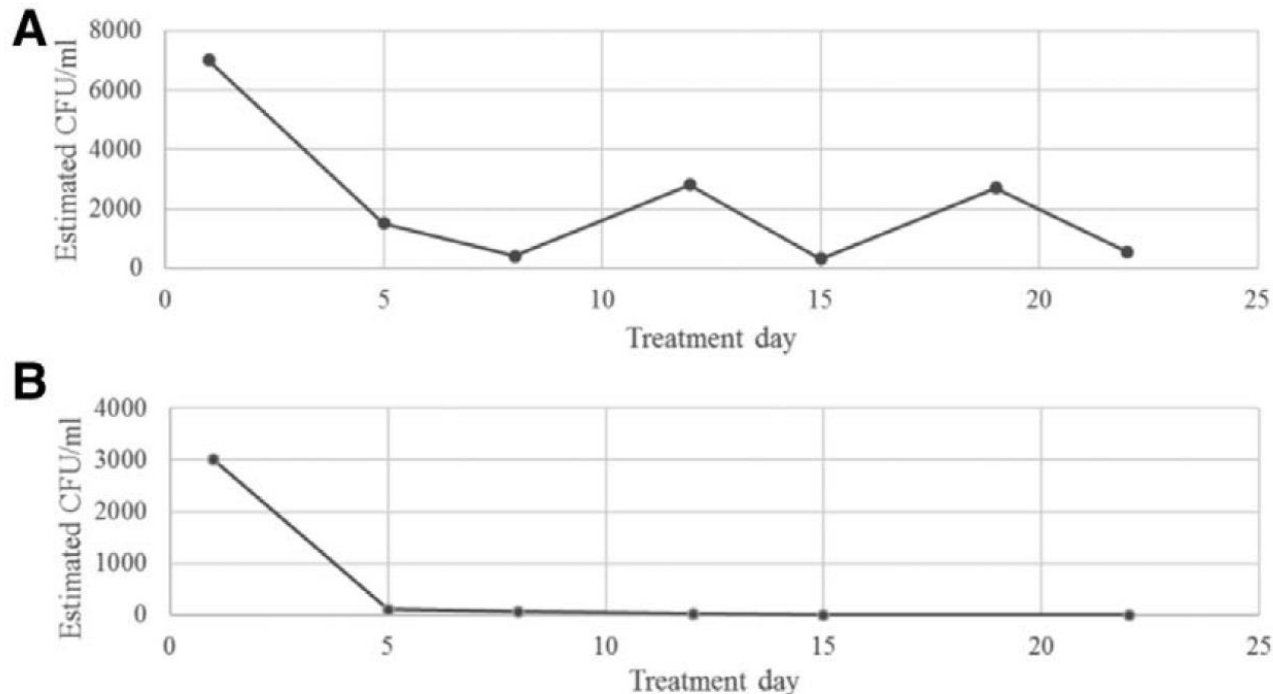
β -lactamase inhibitors and *M. abscessus*



Nitric oxide inhalation and M. abs in CFR

Treatment Protocol

The device for the treatment was supplied by AIT Ltd. It provides 800 ppm (0.08%) NO with 99.99% nitrogen purity balanced with N₂, delivered by inhalation mask at 160 ppm NO (with a blend of air and O₂ at a minimum concentration of 21% O₂). A minimal time interval of 3.5 hours between treatments was required.



Preliminary Results of Bedaquiline as Salvage Therapy for Patients With Nontuberculous Mycobacterial Lung Disease

CHEST 2015; 148(2):499-506

TABLE 1] Semiquantitative Monthly Sputum Cultures of 10 Patients on a Bedaquiline-Containing Regimen

Patient No.	Baseline (at the Start of Therapy)	1 mo	2 mo	3 mo	4 mo	5 mo	6 mo
1 Mab	4+	3+	1+	2+	3+	1+	2+
2 Mab	1+	3+	1+	35 colonies	37 colonies	16 colonies	3+
3 Mab	4+	28 colonies	Negative	8 colonies	Negative	Negative	32 colonies
4 Mab	4+	4+	4+	4+	4+	4+	4+
5 MAC	4+	3+	4+	4+	4+	4+	4+
6 MAC	4+	4+	Negative	Negative	2+	4+	3+
7 MAC	4+	4+	30 colonies	Negative	Negative	... ^a	... ^a
8 MAC	4+	1+	Negative	3+	4+	4+	4+
9 MAC	4+	2+	3+	1 colony	4 colonies	1+	4 colonies
10 MAC	30 colonies	8 colonies	Negative	1+	Negative	9 colonies	Negative

Solid media with countable colonies = 0-49 colonies; 1+ solid media growth = 50-99 colonies; 2+ solid media growth = 100-199 colonies; 3+ solid media growth = 200-299 colonies; 4+ solid media growth = ≥ 300 colonies. Negative indicates no bacterial growth. Mab = *Mycobacterium abscessus*; MAC = *Mycobacterium avium* complex. Negative = no bacterial growth.

^a Unable to produce sputum.

Drug blood level

INFECTIOUS DISEASE PHARMACOKINETICS LABORATORY

1600 SW Archer Rd., P4-30

Gainesville, FL 32610

Phone: 352-273-6710

Fax: 352-273-6804

E-mail: pelequinlab@cop.ufl.edu

Website: <http://idpl.pharmacy.ufl.edu>



Today's date: 9/1/2017

Sample tracking number: AZI08311701

Azithromycin (AZI) Concentration (in mcg / mL): Trace

If the time of the dose and blood draw were not accurately recorded, accurate interpretation of the concentration is not possible.

Oral doses of Azithromycin 250-500 mg produce peak serum concentrations of 0.20-0.70 mcg/ml approximately 2.0-3.0 hours post dose. Weekly doses of 1200 mg produce proportionately larger concentrations. Some accumulation may occur over the first week of treatment, so for patients on long-term treatment for mycobacterial infections, concentrations may be obtained 7 days or more into treatment.

ETHAMBUTOL (EMB) Concentration (in mcg / mL): 1.41

If the time of the dose and blood draw were not accurately recorded, accurate interpretation of the concentration is not possible.

The normal range for ETHAMBUTOL (EMB) serum or plasma concentrations is 2-6 mcg/ml approximately 2 to 3 hours after an oral dose of 15-25 mg per kg. Higher, twice weekly doses (50 mg/kg) appear to produce proportionally higher ethambutol concentrations (4-12 mcg/ml). Samples later than 3 hours after the dose may display concentrations below the normal range. Two to three plus six to seven hour post dose samples help to distinguish between malabsorption versus delayed absorption.

RIFAMPIN (RIF) Concentration (in mcg / mL): 15.54

If the time of the dose and blood draw were not accurately recorded, accurate interpretation of the concentration is not possible.

The normal range for RIFAMPIN (RIF) serum or plasma concentrations is 8-24 mcg/ml approximately 2 hours after an oral dose. Samples later than 2 hours after the dose may display concentrations below the normal range. Two plus six hour post dose samples help to distinguish between malabsorption versus delayed absorption.

